



GUDS

Mi Universidad.

Universidad del sureste

Licenciatura de enfermería

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Tema: Common remedies.

Tapachula, Chiapas 13 de junio del 2025

Common remedies

Diseases.

Chamomile
tea.

Chamomile tea is a natural infusion made from dried chamomile flowers known for its soothing, digestive, and anti-inflammatory properties.

the flu

Cough syrup

Cough syrup a liquid medicine used to relieve coughs and soothe a sore throat.

a cough

Chicken soup

is a warm broth made with chicken, vegetables, and seasonings, known for being comforting and nutritious.

a cold

Cold medicine.

It is a treatment that relieves symptoms such as congestion headache and fever but does not cure the virus.

a cold.

Common remedies y Diseases

eye drops.

They are a medicinal liquid that is applied to the eyes to relieve irritation, dryness or treat infections.

reduce eye pressure, lubricate the eyes.

Aspirin.

It is a medicine that relieves pain, reduces fever and reduces inflammation

a headache.

antacid.

It is a medicine that relieves heartburn by neutralizing excess acid

a stomachache.

Nasal Spray

It is a medicine in the form of a spray that is applied to the nose to relieve nasal congestion

runny nose, nasal congestion

Ice pack

It is a therapeutic method used to reduce inflammation, pain or fever by applying cold to an area of the body

a fever.

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