

Ingles II

**Alumno: Luis Angel
Ocaña Moreno**

Objective

A highly motivated psychology graduate with a strong academic background and practical experience in clinical settings. Seeking an opportunity to contribute to mental health care as a psychologist, offering skills in psychological assessment, therapy, and research. Dedicated to helping individuals achieve emotional well-being and personal growth.

Education

Bachelor of Psychology
University of XYZ, City, Country
Graduation Date: June 2025
• Relevant coursework: Abnormal Psychology, Clinical Psychology, Behavioral Therapy, Research Methods, Cognitive Psychology

Professional Experience

Psychology Intern
Mental Health Clinic ABC, City, Country
May 2024 - August 2024
• Conducted psychological assessments under supervision, providing valuable insights for treatment plans.
• Assisted licensed psychologists in conducting individual and group therapy sessions.
• Maintained confidential patient records and ensured all documentation met ethical and legal standards.
• Supported the clinic's outreach programs by providing psychoeducation on mental health topics.

Research Assistant

Department of Psychology, University of XYZ, City, Country
September 2023 - May 2024
• Assisted in designing and conducting research studies on cognitive behavioral therapy (CBT) techniques.
• Analyzed and organized data using statistical software (SPSS).
• Co-authored a paper on the efficacy of CBT for anxiety disorders, submitted for publication in a peer-reviewed journal.

Skills

• Psychological assessment and diagnostic techniques
• Cognitive Behavioral Therapy (CBT)
• Excellent communication and interpersonal skills
• Research and data analysis (SPSS, Excel)
• Time management and organization
• Empathy and active listening

Certifications & Training

• Certification in Psychological First Aid (PFA), 2024
• Training in Mindfulness-Based Stress Reduction (MBSR), 2023

Languages

• English: Native
• Spanish: Intermediate

Volunteer Work

Mental Health Awareness Volunteer
Mental Health Organization XYZ, City, Country
September 2022 - Present
• Organized workshops and events to raise awareness about mental health issues.
• Supported peer counseling initiatives for students experiencing stress and anxiety.

References

Available upon request.

This CV is tailored for a future psychologist and highlights relevant education, experience, skills, and certifications. It can be adjusted based on the individual's background and goals.

