WORKBOOK

1 Write the names of the foods.

Fruit
1. lemons
2. _____
3. _____
4. _____

Vegetables
5. _____
6. _____
7. _____
8. _____

Grains
9. _____
10. _____
11. _____
12. _____

Fats and oils
13. _____
14. _____

Dairy
15. _____
16. _____

Meat and other proteins
17. _____
18. _____
19. _____
20. _____

Frutas*
1. Lemons
2. Apples
3. Bananas
4. Oranges

Vegetales
5. Carrots
6. Broccoli
7. Spinach
8. Tomatoes

Granos
9. Rice
10. Oats
11. Quinoa
12. Barley

Grasas y aceites
13. Olive oil
14. Butter

Lácteos
15. Milk
16. Cheese

Carnes y otras proteínas
17. Chicken
18. Beef
19. Tofu
20. Eggs

2 Complete the sentences with the articles *a* or *an*. If you don't need an article, write Ø.

1. This is __*a*__ banana.

2. This is __0__ pasta.

3. This is __an__ egg.

4. This is __An__ apple.

5. This is __an__ ice cream.

6. This is __a__ kiwi.

3 What foods do you like? What foods don't you like? Write sentences.

1. drinks

   I like coffee, green tea, and juice. I don't like milk.

2. fruit

   I like apples, bananas, and strawberries. I don't like lemons

3. vegetables

   I like carrots, broccoli, and spinach. I don't like Brussels sprouts

4. meat and other proteins

   like chicken, fish, and tofu. I don't like beef.

5. dairy

   I like cheese and yogurt. I don't like sour cream.

6. grains

   I like rice, quinoa, and oats. I don't like barley.

4 Complete the conversations with some or any.

1. A: What do you want for dinner?

   B: Let's make ___some___ pasta with tomato sauce.

   A: Good idea. Do we have ___Any___ meat?

   B: Well, we have ___some*___ beef, but I don't want ___any*___ meat in the sauce. Let's get ___some*___ tomatoes and onions.

   A: OK. Do we need ___ANY___ green peppers for the sauce?

   B: Yes, let's get ___SOME___ peppers. Oh, and ___SOME___ garlic, too.

   A: Great. We have ___SOME___ spaghetti, so we don't need ___ANY___ pasta.

   B: Yeah, but let's get ___SOME___ bread. And ___SOME___ cheese, too.
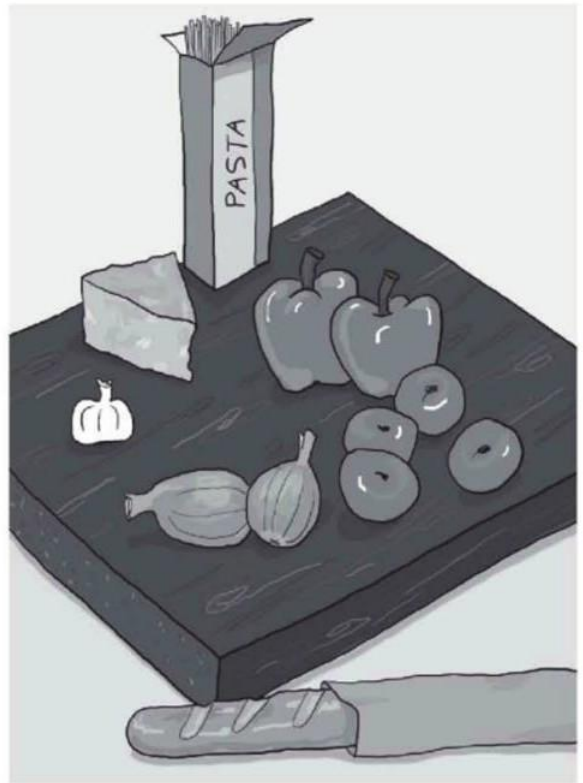
2. A: What do you eat for breakfast?

   B: Well, first, I have fruit – ___SOME___ grapes or strawberries.

   A: That sounds good. Do you have ___ANY___ eggs or meat?

   B: No, I don't eat ___ANY___ eggs or meat in the morning.

   A: Really? Do you have anything else?

   B: Well, I usually have ___SOME___ bread, but I don't put ___ANY___ butter on it.

   A: Do you drink anything in the morning?

   B: I always have ___SOME___ juice and coffee. I don't put ___ANY___ sugar in my coffee, but I like ___SOME___ milk in it.
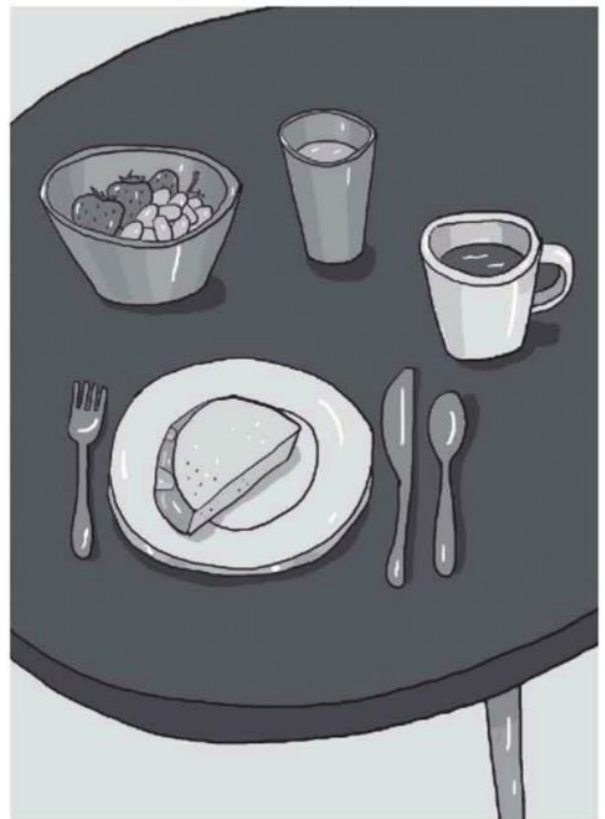
5 What do you need to make these foods? What don't you need? Write sentences.

1. an omelet

You need some butter, milk, eggs, and cheese. You don't need any lemons.

2. a chicken sandwich

You need some bread, chicken, lettuce, and mayonnaise. You don't need any ketchup.

3. chicken soup

You need some chicken, carrots, celery, and broth. You don't need any pasta.

4. a vegetable salad

You need some pasta, tomato sauce, garlic, and Parmesa cheese. You don't need any soy sauce.

5. a fruit salad

You need some lettuce, tomatoes, cucumbers, and olive oil. You don't need any meat.

6. your favorite food

You need some apples, bananas, strawberries, and yogurt. You don't need any cheese.

6 Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)
   Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

3. In China, people put sugar in their tea. (hardly ever)

4. In England, people put milk in their tea. (usually)

5. In Japan, people have fish for breakfast. (sometimes)

6. Americans put cream in their coffee. (often)

7. In Canada, people have salad for breakfast. (hardly ever)

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

1. Brazilians *often* make drinks with fruit.

2. Some people in Mexico *never* eat pasta.

3. In China, people *hardly ever* put sugar in their tea.

4. In England, people *usually* put milk in their tea.

5. In Japan, people *sometimes* have fish for breakfast.

6. Americans *often* put cream in their coffee.

7. In Canada, people *hardly ever* have salad for breakfast.

8. Some people in South Korea *always* eat pickled vegetables for breakfast.

B Rewrite the sentences in part A. Use your own information.
1. Brazilians often make drinks with fruit.
   I hardly ever make drinks with fruit. /
   I sometimes make drinks with chocolate.
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

1. Brazilians often make drinks with fruit.*
   I hardly ever make drinks with fruit. / I sometimes make drinks with chocolate.

2. *Some people in Mexico never eat pasta.*
   I often eat pasta. / I rarely eat pasta.

3. *In China, people hardly ever put sugar in their tea.*
   I always put sugar in my tea. / I sometimes put honey in my tea.

4. *In England, people usually put milk in their tea.*
   I never put milk in my tea. / I sometimes add lemon to my tea.

5. *In Japan, people sometimes have fish for breakfast.*
   I hardly ever have fish for breakfast. / I usually have cereal for breakfast.

6. *Americans often put cream in their coffee.*
   I never put cream in my coffee. / I always drink my coffee black.

7. *In Canada, people hardly ever have salad for breakfast.*
   I sometimes have salad for breakfast. / I never have salad for breakfast.

8. *Some people in South Korea always eat pickled vegetables for breakfast.*

7 *Do you often have these things for dinner? Write sentences. Use the adverbs in the box.*

| never | hardly ever | sometimes | often | usually | always |

1. cheese — I hardly ever have cheese for dinner.
2. milk
3. coffee
4. eggs
5. beef
6. rice
7. beans
8. cereal

1. *Cheese*
   I hardly ever have cheese for dinner.

2. *Milk*
   I never have milk for dinner.

3. *Coffee*
   I sometimes have coffee for dinner.

4. *Eggs*
   I often have eggs for dinner.

5. *Beef*
   I usually have beef for dinner.

6. *Rice*
   I always have rice for dinner.

7. *Beans*
   I sometimes have beans for dinner.

8. *Cereal*
   I hardly ever have cereal for dinner.

8 *Answer the questions with your own information.*

1. What's your favorite kind of food?
2. What's your favorite restaurant?
3. What do you usually have at your favorite restaurant?
4. Do you ever cook?
5. What's your favorite snack?

Chinese food   Mexican food   Italian food

1. *What's your favorite kind of food?*
   My favorite kind of food is Chinese food.

2. *What's your favorite restaurant?*
   My favorite restaurant is a Mexican food restaurant.

3. *What do you usually have at your favorite restaurant?*
   I usually have Italian food at my favorite restaurant.

4. *Do you ever cook?*
   Yes, I do cook sometimes.

5. *What's your favorite snack?*
   My favorite snack it´s a banana smoothie

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