



Ensayo

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Cuatrimestre: 2 cuatrimestre.

UDS

WORKBOOK

M. Alejandro Samayoa Velasco

1 Write the names of the foods.

Fruit

- 1. Lemons
- 2. Oranges
- 3. apples
- 4. Bananas

Vegetables

- 5. lettuce
- 6. Broccoli
- 7. Potatoes
- 8. Carrots

Grains

- 9. Rice
- 10. Cereal
- 11. Bread
- 12. Cookies

Fats and oils

- 13. Butter
- 14. Oil

Dairy

- 15. Milk
- 16. Cheese

Meat and other proteins

- 17. Chicken
- 18. Beans
- 19. nuts
- 20. Fish



UDS

2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



3. This is an egg.



4. This is an apple.



5. This is Ø ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apples, I don't like bananas.

3. vegetables

I like carrots, I don't like broccoli.

4. meat and other proteins

I like fish.

5. dairy

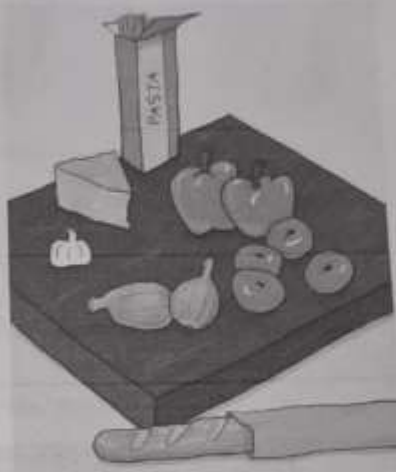
I like yogurth.

6. grains

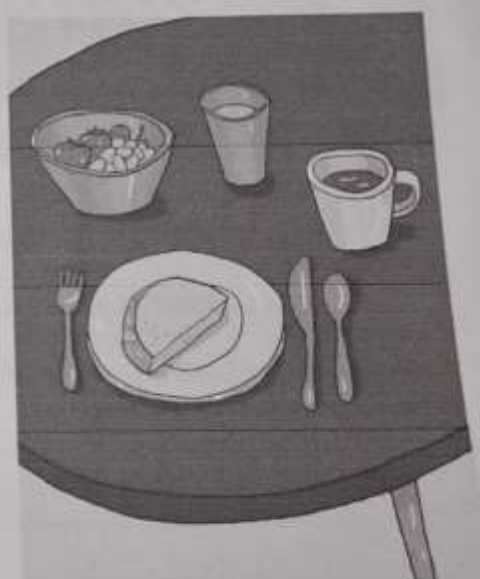
I like cereal.

4 Complete the conversations with *some* or *any*.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have any spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5 What do you need to make these foods? What don't you need? Write sentences.



1. an omelet
You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich
you need some lettuce,
chickens, mayonnaise,
bread, you don't need milk.



3. chicken soup
you need some pasta, chicken,
onion, you don't need oranges.



4. a vegetable salad
you need tomatoes, broccoli,
lettuce, pepper, you don't
need bread.



5. a fruit salad
you need bananas, apples,
oranges, you don't need
broccoli.



6. your favorite food
Pozole- you don't need lettuce,
corn, meat, radishes, pepper,
you don't need fish.

6 Food habits

A Put the adverbs in the correct places.

- Brazilians make drinks with fruit. (often)
Brazilians often make drinks with fruit.
- Some people in Mexico eat pasta. (never)
Some people in Mexico never eat pasta.
- In China, people put sugar in their tea. (hardly ever)
In China, people hardly ever put sugar in their tea.
- In England, people put milk in their tea. (usually)
In England people usually put milk in their tea.
- In Japan, people have fish for breakfast. (sometimes)
In Japan people sometimes have fish for breakfast.
- Americans put cream in their coffee. (often)
Americans often put cream in their coffee.
- In Canada, people have salad for breakfast. (hardly ever)
In Canada people hardly ever have salad for breakfast.
- Some people in South Korea eat pickled vegetables for breakfast. (always)
Some people in South Korea always eat pickled vegetables for breakfast.



B Rewrite the sentences in part A. Use your own information.

- Brazilians often make drinks with fruit.
I hardly ever make drinks with fruit. / I sometimes make drinks with chocolate.
- I sometimes eat pasta
- I sometimes drink tea
- I never drink milk in my tea
- I never have fish for breakfast
- I sometimes put cream in coffee
- I sometimes eat salad for breakfast
- I never eat pickled vegetables



7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

- 1. cheese I hardly ever have cheese for dinner.
- 2. milk I usually have milk for breakfast.
- 3. coffee I sometimes drink coffee.
- 4. eggs I hardly ever eat eggs for breakfast.
- 5. beef I sometimes eat beef.
- 6. rice I hardly ever eat rice.
- 7. beans I never eat beans.
- 8. cereal I sometimes eat cereal for breakfast.

8 Answer the questions with your own information.

- 1. What's your favorite kind of food?
My favorite food is pozole.
- 2. What's your favorite restaurant?
My favorite restaurant is pepper wings.
- 3. What do you usually have at your favorite restaurant?
I have spicy wings.
- 4. Do you ever cook?
I sometimes cook.
- 5. What's your favorite snack?
My favorite snack is chips.



Chinese food

Mexican food

Italian food