



**Mi Universidad**

## **Workbook**

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*Cuatrimestre: II*

WORKBOOK

1

Write the names of the foods.

Fruit

1. lemons
2. Orange
3. Apples
4. Bananas

Vegetables

5. Lettuce
6. Broccoli
7. Potato
8. Carrots

Grains

9. Rice
10. cereal
11. Bread
12. cookies

Fats and oils

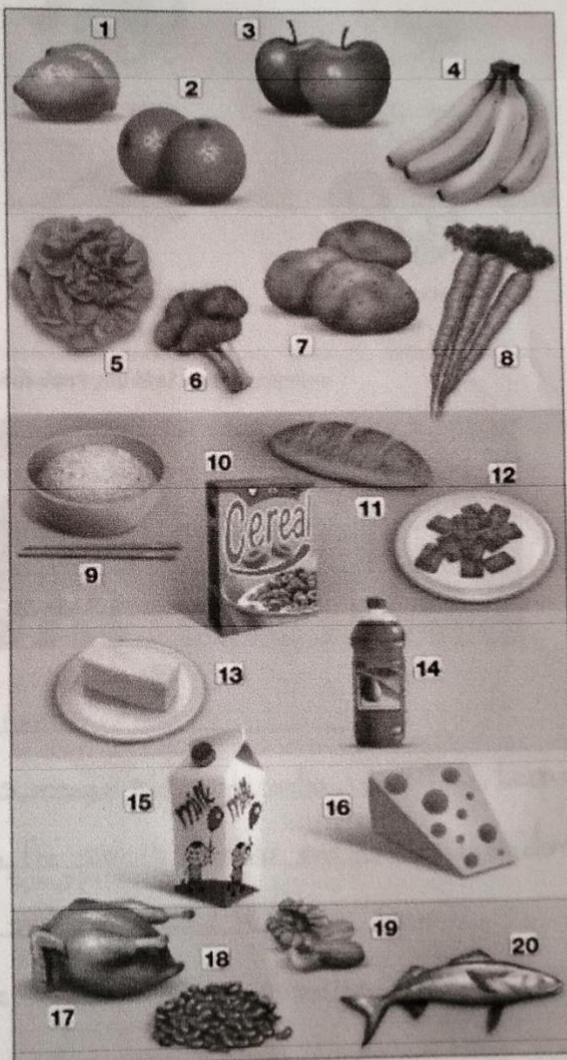
13. Butter
14. oil

Dairy

15. Milk
16. cheese

Meat and other proteins

17. Chicken
18. Beans
19. Avocado
20. Fish



UDS

2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



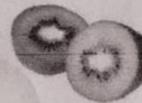
3. This is an egg.



4. This is an apple.



5. This is Ø ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like strawberries, mango and watermelon, I don't like berries.

3. vegetables

I like all the vegetables, the carrots, tomato and potatoes, but I don't like the pumpkins.

4. meat and other proteins

I love the chicken and the seafood it is my favorite.

5. dairy

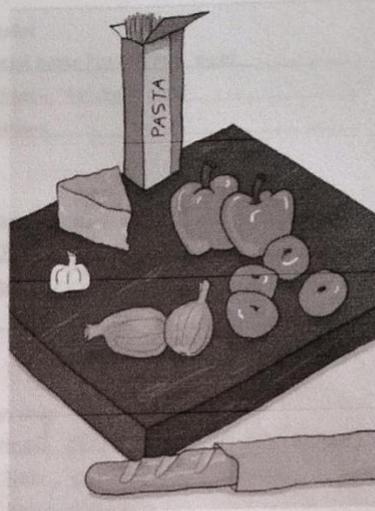
I love the yoghurt, the different flavors of milks and the cheese and cream product.

6. grains

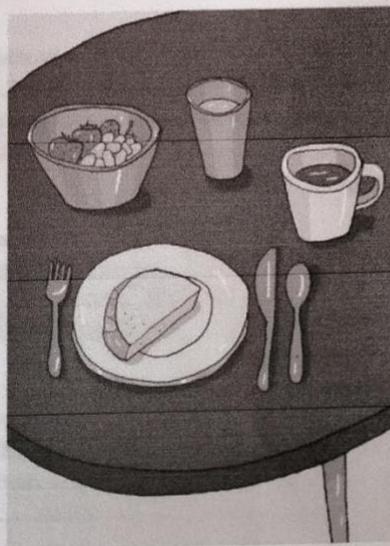
I like the rice, better when I eat sushi but I do not like the oatmeal.

**4** Complete the conversations with some or any.

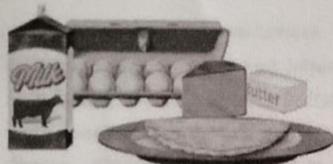
1. A: What do you want for dinner?  
 B: Let's make some pasta with tomato sauce.  
 A: Good idea. Do we have any meat?  
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.  
 A: OK. Do we need any green peppers for the sauce?  
 B: Yes, let's get some peppers. Oh, and some garlic, too.  
 A: Great. We have some spaghetti, so we don't need any pasta.  
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?  
 B: Well, first, I have fruit - some grapes or strawberries.  
 A: That sounds good. Do you have any eggs or meat?  
 B: No, I don't eat any eggs or meat in the morning.  
 A: Really? Do you have anything else?  
 B: Well, I usually have some bread, but I don't put any butter on it.  
 A: Do you drink anything in the morning?  
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



**5** What do you need to make these foods? What don't you need? Write sentences.



1. an omelet  
You need some butter, milk, eggs,  
and cheese. You don't need  
any lemons.



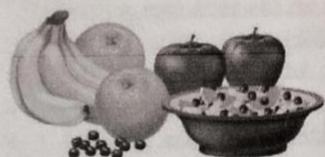
2. a chicken sandwich  
You need some chicken,  
bread, lettuce and mayonnaise,  
you don't need oatmeal.



3. chicken soup  
you need pasta, carrots, potato,  
chicken. you do not need  
strawberries.



4. a vegetable salad  
you need broccoli, carrots, tomato  
and peppers. You do not need  
strawberries.



5. a fruit salad  
you need oranges, berries, apples  
and bananas. You do not  
need butter.



6. your favorite food  
you need carrots, rice, pumpkin,  
chicken. you don't need pasta.

**6** Food habits

**A** Put the adverbs in the correct places.

- Brazilians make drinks with fruit. (often)  
Brazilians often make drinks with fruit.
- Some people in Mexico eat pasta. (never)  
Some people in Mexico never eat pasta.
- In China, people put sugar in their tea. (hardly ever)  
In China, people hardly ever put sugar in their tea.
- In England, people put milk in their tea. (usually)  
In England, people usually put milk in their tea.
- In Japan, people have fish for breakfast. (sometimes)  
In Japan, people sometimes have fish for breakfast.
- Americans put cream in their coffee. (often)  
Americans often put cream in their coffee.
- In Canada, people have salad for breakfast. (hardly ever)  
In Canada, people hardly ever have salad for breakfast.
- Some people in South Korea eat pickled vegetables for breakfast. (always)  
Some people in South Korea always eat pickled vegetables for breakfast.



**B** Rewrite the sentences in part A. Use your own information.

- Brazilians often make drinks with fruit.  
I hardly ever make drinks with fruit. /  
I sometimes make drinks with chocolate.
- I hardly ever eat pasta.
- I often put sugar in my tea.
- I never put milk in my tea.
- I hardly ever eat fish for the breakfast.
- I always put cream on my coffee.
- I sometimes eat salad.
- I usually eat vegetables in my food.



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**7** Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never    hardly ever    sometimes    often    usually    always

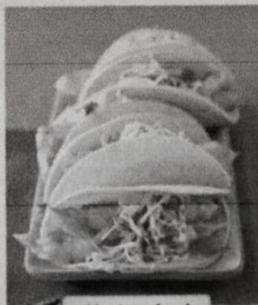
1. cheese    I hardly ever have cheese for dinner.
2. milk    I sometimes drink milk.
3. coffee    I usually drink coffee in the mornings.
4. eggs    I often eat eggs for the breakfast.
5. beef    I always eat beef in the weekends.
6. rice    I often eat rice when I eat sushi.
7. beans    I never eat beans because I do not like.
8. cereal    I hardly ever eat cereal, just when its late.

**8** Answer the questions with your own information.

1. What's your favorite kind of food?  
The mexican food.
2. What's your favorite restaurant?  
La puerta de Alcalá.
3. What do you usually have at your favorite restaurant?  
The sushi, I like the makis
4. Do you ever cook?  
Sometimes, prefer to order in a restaurant.
5. What's your favorite snack?  
I like the chocolate



Chinese food



Mexican food



Italian food