



Mi Universidad

“WORKBOOK UNIT 3”

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WORKBOOK

1 Write the names of the foods.

Fruit

1. Orange
2. Orange
3. Apple
4. Bananas

Vegetables

5. Lettuce
6. Broccoli
7. Potatoes
8. Carrot

Grains

9. Rice
10. Cereal
11. Bread
12. Crackers

Fats and oils

13. Butter
14. oil

Dairy

15. Milk
16. cheese

Meat and other proteins

17. chicken
18. beans
19. Nuts
20. Fish



2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



3. This is an egg.



4. This is an apple.



5. This is a ice cream.



6. This is a kiwi.

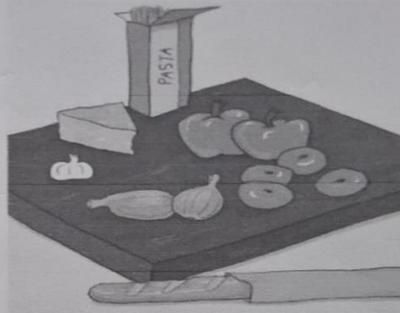
3 What foods do you like? What foods don't you like? Write sentences.



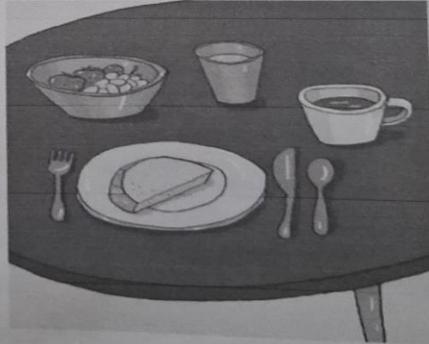
1. drinks
I like coffee, green tea, and juice. I don't like milk.
2. fruit
I like orange and Banana. I don't like apple.
3. vegetables
I like tomato and potatoes. I don't like broccoli.
4. meat and other proteins
I like chicken. I don't like fish.
5. dairy
I like milk and cheese.
6. grains
I like nuts. I don't like Beans.

4 Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



What do you need to make these foods? What don't you need? Write sentences.



1. an omelet
 You need some butter, milk, eggs,
 and cheese. You don't need
 any lemons.



2. a chicken sandwich
 you need bread, meat, lettuce,
ham and you don't need milk.



3. chicken soup
 you need pasta, chicken, carrot,
onion and you don't need
apple.



4. a vegetable salad
 you need tomato, carrot,
broccoli and you don't need
bread.



5. a fruit salad
 you need apple, banana,
amaranth, orange and you
 don't need chicken.



6. your favorite food
 you need meat, onion,
tomato, water and you
 don't need cheese.

6 Food habits

A Put the adverbs in the correct places.

- Brazilians make drinks with fruit. (often)
Brazilians often make drinks with fruit.
- Some people in Mexico eat pasta. (never)
Some people in Mexico never eat pasta.
- In China, people put sugar in their tea. (hardly ever)
In China, people hardly ever put sugar in their tea.
- In England, people put milk in their tea. (usually)
In England, people usually put milk in their tea.
- In Japan, people have fish for breakfast. (sometimes)
In Japan, people sometimes have fish for breakfast.
- Americans put cream in their coffee. (often)
Americans often put cream in their coffee.
- In Canada, people have salad for breakfast. (hardly ever)
In Canada, people hardly ever have salad for breakfast.
- Some people in South Korea eat pickled vegetables for breakfast. (always)
Some people in South Korea always eat pickled vegetables for breakfast.



B Rewrite the sentences in part A. Use your own information.

- Brazilians often make drinks with fruit.
I hardly ever make drinks with fruit. / I sometimes make drinks with chocolate.
- Some people in Mexico eat pasta.
I never eat pasta.
- In China, people put sugar in their tea.
I hardly never/don't drink tea.
- In England, people put milk in their tea.
I usually don't put milk in my tea.
- In Japan, people have fish for breakfast.
I sometimes have fish for breakfast.
- Americans often put cream in their coffee.
I often put cream in my tea.
- In Canada, people have salad for breakfast.
I hardly ever have salad for breakfast.
- Some people in South Korea eat pickled vegetables for breakfast.
I always eat pickled vegetables for breakfast.



7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

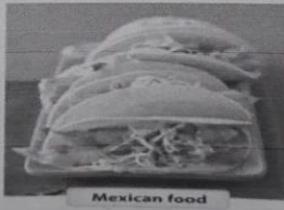
- cheese *I hardly ever have cheese for dinner.*
- milk *I hardly ever drink milk.*
- coffee *I usually drink coffee.*
- eggs *I always eat eggs.*
- beef *I often eat beef.*
- rice *I sometimes eat rice.*
- beans *I always eat beans.*
- cereal *I always eat cereal.*

8 Answer the questions with your own information.

- What's your favorite kind of food?
My favorite food is Italian food.
- What's your favorite restaurant?
My favorite restaurant is "El rincón del sabor" (bar)
- What do you usually have at your favorite restaurant?
I usually eat vegetable.
- Do you ever cook?
I almost always cook.
- What's your favorite snack?
The nuts.



Chinese food



Mexican food



Italian food