



Mi Universidad

WORKBOOK UNIT 3

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Segundo Cuatrimestre

WORKBOOK

1 Write the names of the foods.

Fruit

1. lemons
2. Orange
3. Apple
4. Banana

Vegetables

5. Lettuce
6. Broccoli
7. Potatoes
8. Carrot

Grains

9. Rice
10. Cereal
11. Bread
12. Crakets

Fats and oils

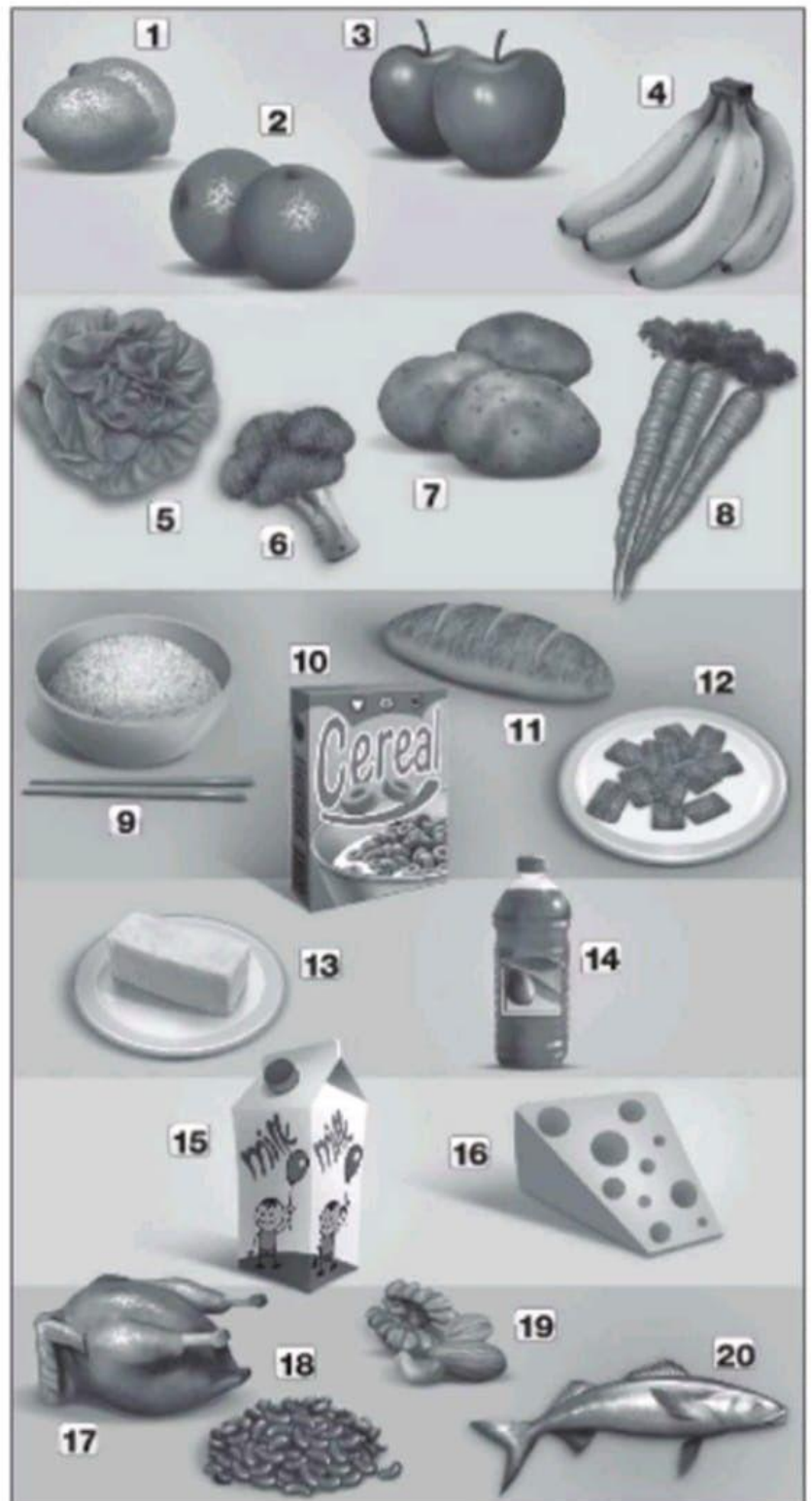
13. Butter
14. Oil

Dairy

15. Milk
16. Cheese

Meat and other proteins

17. Chicken
18. Beans
19. Nuts
20. Fish



2 Complete the sentences with the articles *a* or *an*. If you don't need an article, write \emptyset .



1. This is a banana.



2. This is \emptyset pasta.



3. This is an egg.



4. This is an apple.



5. This is \emptyset ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like watermelon, blueberry and banana. I don't like melon

3. vegetables

I like lettuce, carrots and potatoes. I don't like chayote

4. meat and other proteins

I like chicken. I don't like meat pork

5. dairy

I like milk and cheese. I don't like yogurt

6. grains

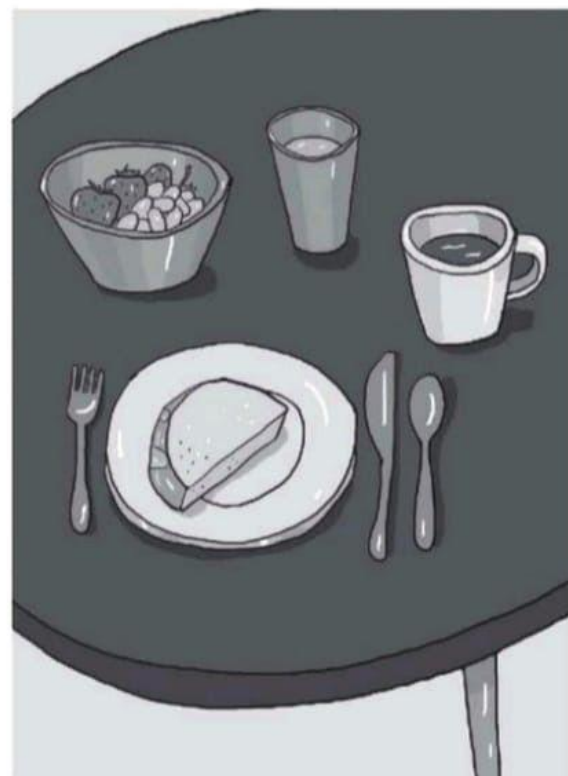
I like hazelnut and cereal. I don't like peanuts

4 Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have Some beef, but I don't want any meat in the sauce. Let's get Some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get Some peppers. Oh, and Some garlic, too.
 A: Great. We have Some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get Some bread. And Some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit – Some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have Some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have Some juice and coffee. I don't put any sugar in my coffee, but I like Some milk in it.



5 What do you need to make these foods? What don't you need? Write sentences.



1. an omelet
You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich
You need bread, mayo, lettuce,
ham and you don't need milk



3. chicken soup
You need pasta, carrots and chicken
you don't need apples and bananas
you don't need apples and bananas



4. a vegetable salad
You need broccoli, lettuce and tomatoes
you don't need butter and cheese



5. a fruit salad
You need apple, bananas and blueberry's
you don't need tortilla and mayo



6. your favorite food
My favorite food is hamburger, You
need meat, lettuce and cheese
you don't need chocolate and pasta

6 Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people in Mexico never eat pasta

3. In China, people put sugar in their tea. (hardly ever)

In china, people hardly ever put sugar in their tea

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in their tea

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish for breakfast

6. Americans put cream in their coffee. (often)

Americans often put cream in their coffe

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have salad for breakfast

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some people in South Korea always eat picked vegetables for breakfast



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I always cook pasta

I sometimes put sugar in my tea

4. I never put milk in my tea

5. I never have fish for breakfast

6. I usually put cream in my coffe

7. I never have salad for breakfast

8. I usually eat vegetables for breakfast



7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

- 1. cheese I hardly ever have cheese for dinner.
- 2. milk I always have milk
- 3. coffee I sometimes have coffee
- 4. eggs I never eat eggs
- 5. beef I sometimes eat beef
- 6. rice I usually cook rice
- 7. beans I often eat beans
- 8. cereal I hardly ever eat cereal

8 Answer the questions with your own information.

- 1. What's your favorite kind of food?
My favorite kind of food is Mexican food
- 2. What's your favorite restaurant?
My favorite restaurant is sushi Frida
- 3. What do you usually have at your favorite restaurant?
I usually eat sushi and ramen
- 4. Do you ever cook?
I sometimes cook
- 5. What's your favorite snack?
My favorite snack is French fries



Chinese food



Mexican food



Italian food