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Cuatrimestre: 2



## WORKBOOK

1

Write the names of the foods.

### Fruit

1. lemons
2. Orange
3. apple
4. Bananas

### Vegetables

5. Lettuce
6. Broccoli
7. potatoes
8. Carrot

### Grains

9. rice
10. cereal
11. Bread
12. crackers

### Fats and oils

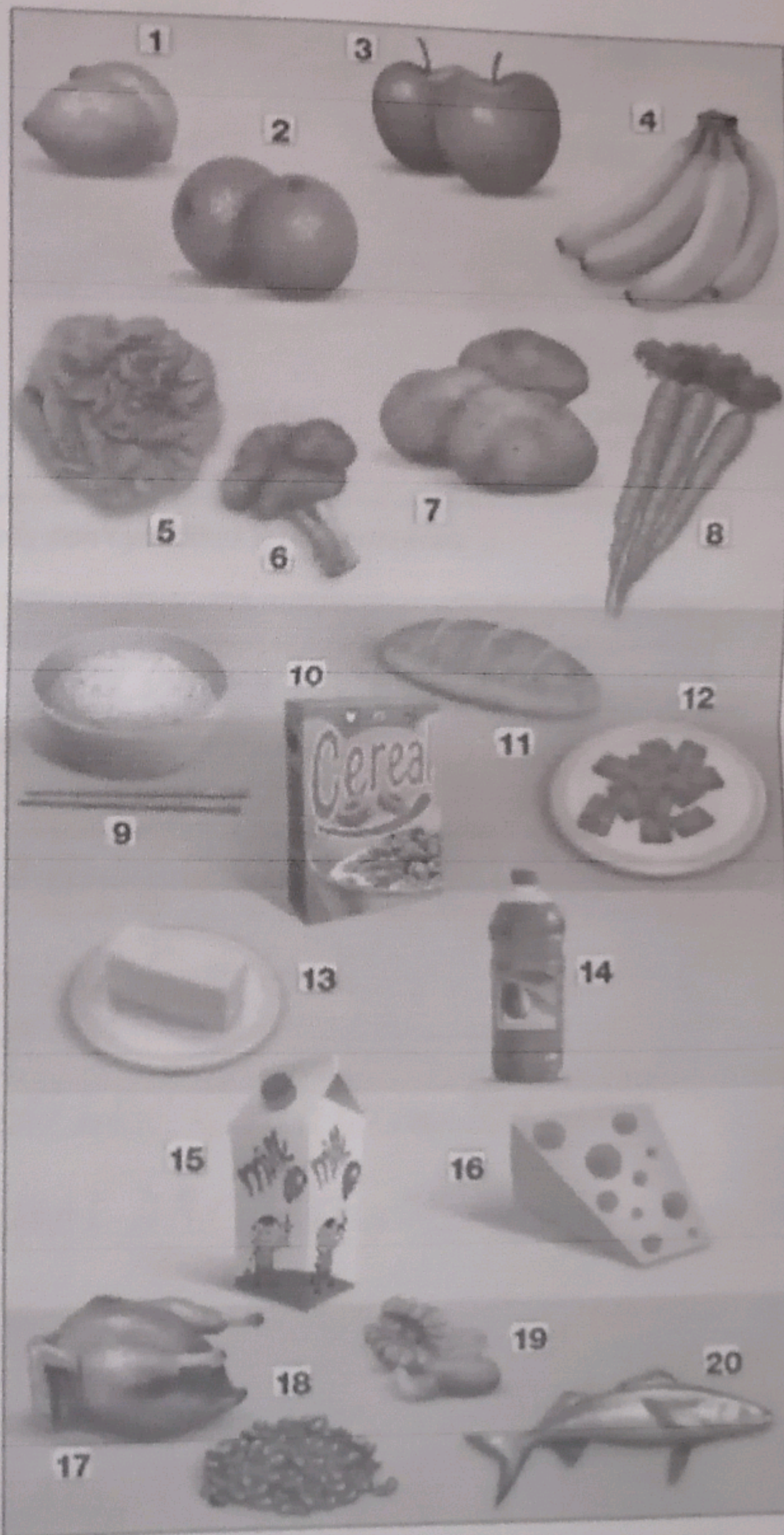
13. butter
14. oil

### Dairy

15. Milk
16. cheese

### Meat and other proteins

17. Chicken
18. Beans
19. Nuts
20. Fish





**2** Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is ~~a~~ pasta.



3. This is an egg.



4. This is an apple.



5. This is an ice cream.



6. This is a kiwi.

**3** What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apple. I don't like watermelon.

3. vegetables

I like Broccoli, I don't like carrot

4. meat and other proteins

I don't meat

5. dairy

I like cheese. I don't Milk

6. grains

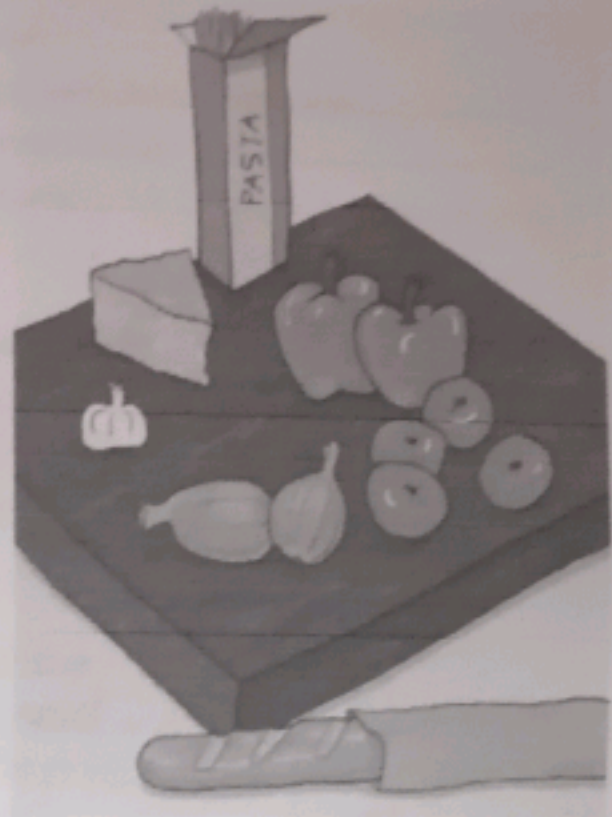
I like crackers. I don't like rice



4

Complete the conversations with some or any.

1. A: What do you want for dinner?  
 B: Let's make some pasta with tomato sauce.  
 A: Good idea. Do we have any meat?  
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.  
 A: OK. Do we need any green peppers for the sauce?  
 B: Yes, let's get some peppers. Oh, and some garlic, too.  
 A: Great. We have some spaghetti, so we don't need any pasta.  
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?  
 B: Well, first, I have fruit - some grapes or strawberries.  
 A: That sounds good. Do you have any eggs or meat?  
 B: No, I don't eat any eggs or meat in the morning.  
 A: Really? Do you have anything else?  
 B: Well, I usually have some bread, but I don't put any butter on it.  
 A: Do you drink anything in the morning?  
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.





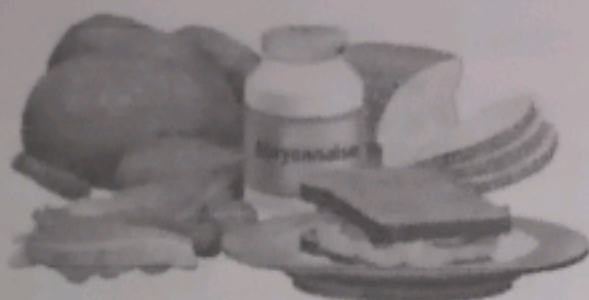
5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,  
and cheese. You don't need  
any lemons.



2. a chicken sandwich

you need bread, Mayo,  
lettuce, ham and you  
don't need milk and butter



3. chicken soup

you need, pasta, chicken,  
carrots, onion and you  
don't need cereal and beans.



4. a vegetable salad

you need, lettuce, carrot,  
chili, tomato, and you  
don't need mayo and milk.



5. a fruit salad

you need, bananas, apple,  
orange, blue berries, and  
you don't need pasta and meat.



6. your favorite food

you need pasta, chili,  
butter, onion, cream  
cheese and you don't  
need carrots and milk



## 6 Food habits

**A** Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people in Mexico never eat pasta

3. In China, people put sugar in their tea. (hardly ever)

In China people hardly ever put sugar

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in their

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish for

6. Americans put cream in their coffee. (often)

Americans often put cream in their

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have

8. Some people in South Korea eat pickled vegetables

for breakfast. (always)

Some people in South Korea always  
eat pickled vegetables for breakfast



**B** Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I always eat pasta

3. I usually put sugar in their tea.

4. I never put milk in their tea

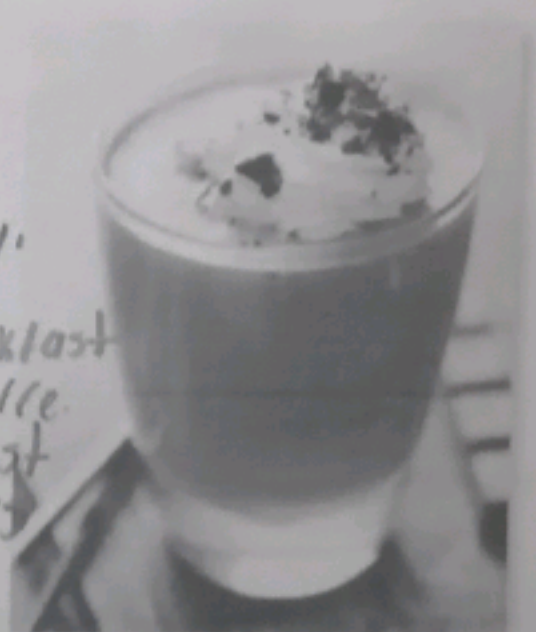
5. I sometimes have fish for breakfast

6. I usually put cream in their coffee.

7. I never have salad for breakfast

8. I never eat pickled vegetables

for breakfast.





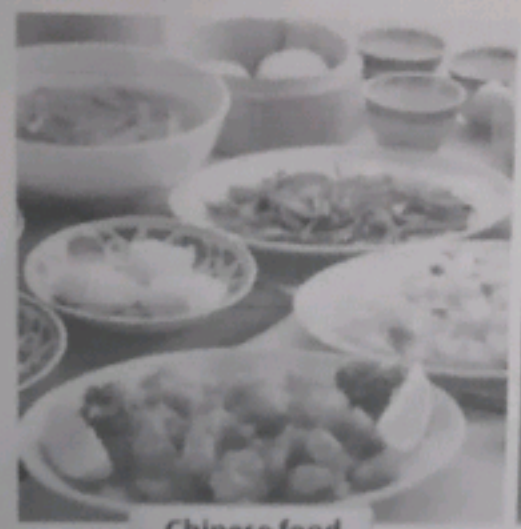
**7** Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

~~never~~ hardly ever ~~sometimes~~ ~~often~~ usually always

- 1. cheese I hardly ever have cheese for dinner.
- 2. milk I sometimes have milk
- 3. coffee I usually have, drink coffee
- 4. eggs I often have eat eggs
- 5. beef I never have eat beef
- 6. rice I hardly ever have eat rice
- 7. beans I always have eat beans
- 8. cereal I usually have eat cereal

**8** Answer the questions with your own information.

- 1. What's your favorite kind of food?  
My favorite kind of food is pasta
- 2. What's your favorite restaurant?  
My favorite restaurant is Portobello
- 3. What do you usually have at your favorite restaurant?  
I usually have eat sushi and pizza
- 4. Do you ever cook?  
I never cook
- 5. What's your favorite snack?  
My favorite snack is sushi and Tacos



Chinese food



Mexican food



Italian food