



Mi Universidad

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Nombre del tema: Workbook unit 3

Parcial: 3

Nombre de la Materia: Inglés 2

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Nombre de la Licenciatura: Medicina Veterinaria y Zootecnia

Cuatrimestre: 2

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WORKBOOK

1 Write the names of the foods.

Fruit

1. lemons
2. orange
3. apple
4. Banana

Vegetables

5. Lettuce
6. Brocoli
7. potatoes
8. Carrot

Grains

9. rice
10. cereal
11. bread
12. crackers

Fats and oils

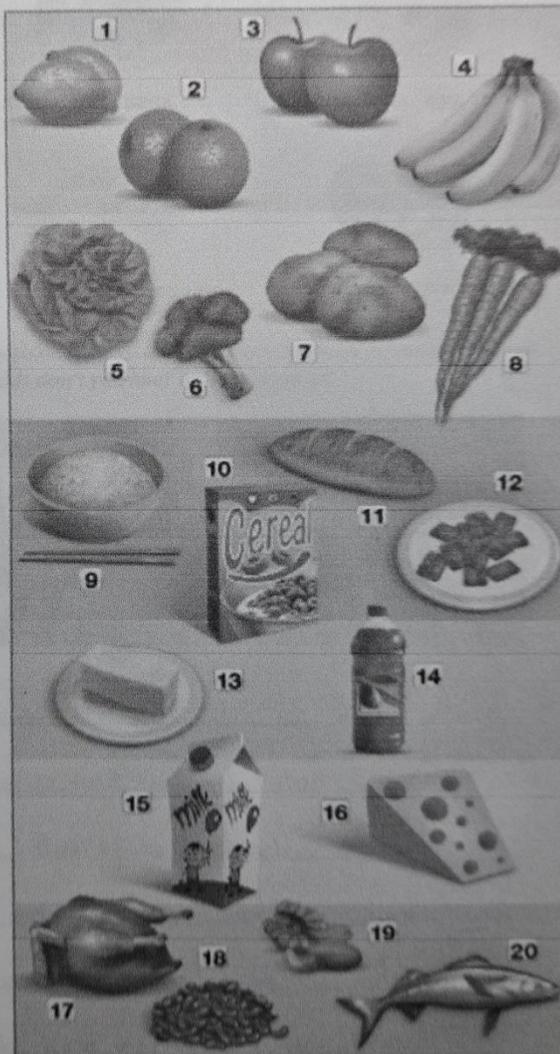
13. butter
14. oil

Dairy

15. milk
16. cheese

Meat and other proteins

17. chicken
18. beans
19. nuts
20. fish



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2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



3. This is an egg.



4. This is an apple.

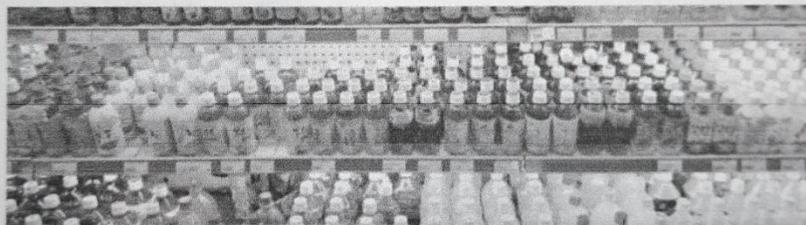


5. This is Ø ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apples, strawberries and bananas. I don't like kiwi

3. vegetables

I like carrots, dad. I don't like broccoli

4. meat and other proteins

I like beef, chicken and venison. I don't like pork

5. dairy

I like yogurt, I don't like ice cream. I don't like milk sweets

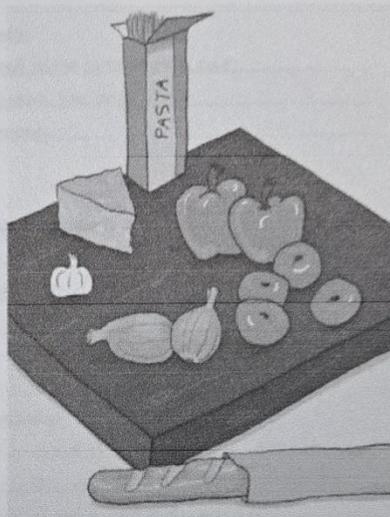
6. grains

I like nuts, peanuts and rice. I don't like quinoa

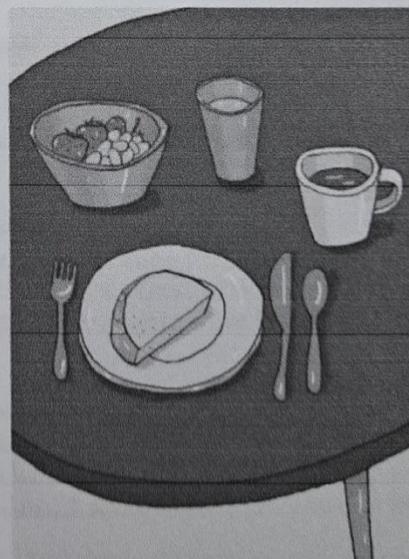
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4 Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



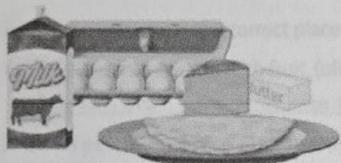
2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



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5

What do you need to make these foods? What don't you need? Write sentences.



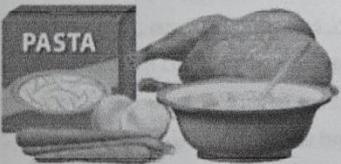
1. an omelet

You need some butter, milk, eggs
and cheese. You don't need
any lemons.



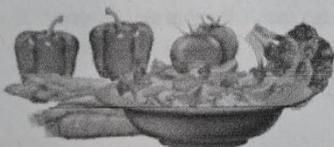
2. a chicken sandwich

You need bread, mayo, lettuce
ham and you don't need
milk and butter



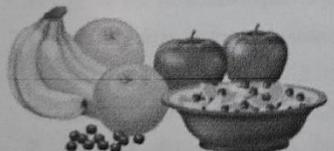
3. chicken soup

You need chicken, pasta,
onions and chicken powder
You don't need milk



4. a vegetable salad

You need carrot, broccoli,
lettuce, tomato and chili
You don't need pasta



5. a fruit salad

You need banana, apple,
melon, cherries and grapes
You don't need lettuce



6. your favorite food Mole

You need chicken, 7 white ancho
chiles, 6 mulata chiles, 6 pasilla
chiles, 1 onion, two bay leaves and more.

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6 Food habits

A Put the adverbs in the correct places.

- Brazilians make drinks with fruit. (often)
Brazilians often make drinks with fruit.
- Some people in Mexico eat pasta. (never)
Some people in Mexico never eat pasta.
- In China, people put sugar in their tea. (hardly ever)
In China, people hardly ever put sugar in their tea.
- In England, people put milk in their tea. (usually)
In England, people usually put milk in their tea.
- In Japan, people have fish for breakfast. (sometimes)
In Japan, people sometimes have fish for breakfast.
- Americans put cream in their coffee. (often)
Americans often put cream in their coffee.
- In Canada, people have salad for breakfast. (hardly ever)
In Canada, people hardly ever have salad for breakfast.
- Some people in South Korea eat pickled vegetables for breakfast. (always)
Some people in South Korea always eat pickled vegetables for breakfast.



B Rewrite the sentences in part A. Use your own information.

- Brazilians often make drinks with fruit.
I hardly ever make drinks with fruit. /
I sometimes make drinks with chocolate.
- I like pasta with meat
- I like tea without sugar
- I don't like tea with milk
- I like fried fish
- I like coffee with cream
- I like vegetable salad
- I like cooked vegetables



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7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

1. cheese I hardly ever have cheese for dinner.
2. milk I often drink milk
3. coffee I always drink coffee
4. eggs Sometimes I eat egg
5. beef I almost never eat beef
6. rice I usually have rice for dinner
7. beans I always have beans for dinner
8. cereal I never have cereal for dinner

8 Answer the questions with your own information.

1. What's your favorite kind of food?
My favorite kind of food is Italian food
2. What's your favorite restaurant?
My favorite restaurant is "Olive garden"
3. What do you usually have at your favorite restaurant?
I usually have pasta with ^{David} Alfredo sauce and garlic bread
4. Do you ever cook?
Yes, I cook sometimes, especially on weekends
5. What's your favorite snack?
My favorite snack is potato chips



Chinese food

Mexican food

Italian food