

WORKBOOK

1 Write the names of the foods.

Fruit

- 1. Lemon
- 2. Orange
- 3. Apple
- 4. Banana

Vegetables

- 5. lettuce
- 6. broccoli
- 7. Potatoes
- 8. Carrot

Grains

- 9. rice
- 10. Cereal
- 11. bread
- 12. Crackers

Fats and oils

- 13. Butter
- 14. oil

Dairy

- 15. Milk
- 16. Cheese

Meat and other proteins

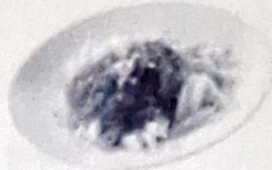
- 17. chicken
- 18. beans
- 19. Nuts
- 20. Fish



2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



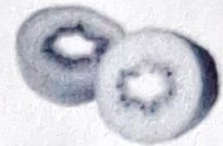
3. This is an egg.



4. This is an apple.



5. This is Ø ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like orange, Banana, apple. I don't like Pear

3. vegetables

I like potatoes, carrot, tomato. I don't like pumpkin

4. meat and other proteins

I like meat, getables, fish

5. dairy

I like milk, yogurt,

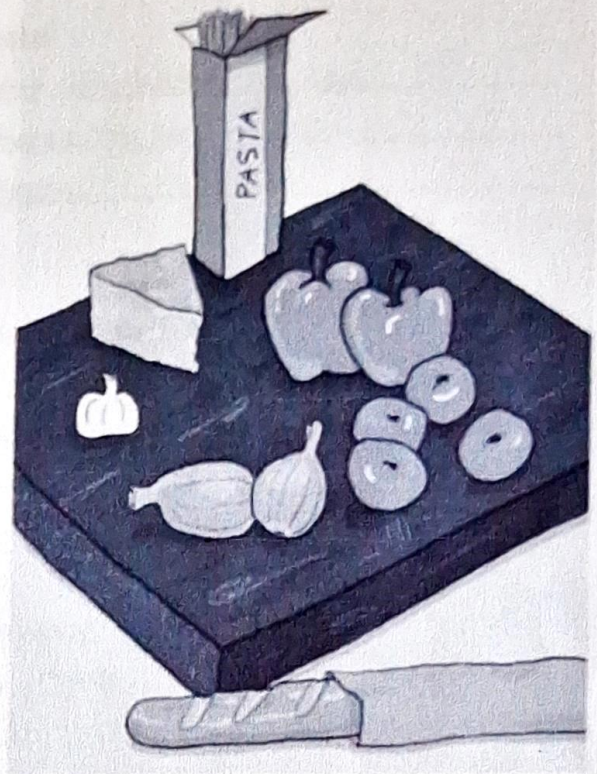
6. grains

I like peanuts, nuts. I don't beans

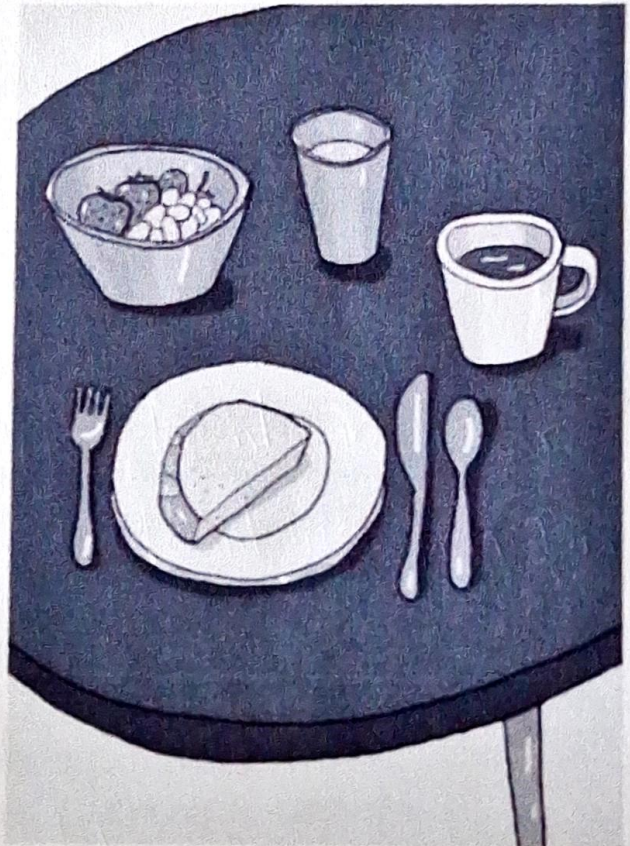
4

Complete the conversations with *some* or *any*.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.

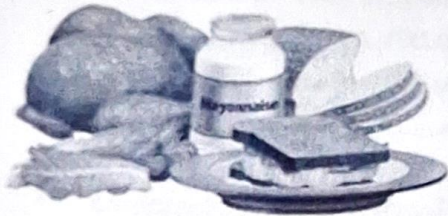


1. an omelet

You need some butter, milk, eggs,

and cheese. You don't need

any lemons.



2. a chicken sandwich

you need bread, mayo, lettuce,
ham, and you don't need
Butter



3. chicken soup

you need chicken, pasta,
Carrot, onion, and you don't
need bread



4. a vegetable salad

you need vegetable, tomato
broccoli, and you don't
need Cereal



5. a fruit salad

you need Fruit, apple, banana,
blueberry, orange, and you
don't need carrot



6. your favorite food chicken wings

you need chicken wings with
potatoes fried and you
don't need onion

6 Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people in Mexico never eat pasta

3. In China, people put sugar in their tea. (hardly ever)

In China, people hardly ever put sugar in their tea

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in their tea

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish for breakfast

6. Americans put cream in their coffee. (often)

Americans often put cream in their coffee

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have salad for breakfast

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some people in South Korea always eat pickled vegetables for breakfast



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I sometimes make drinks with tea

3. I usually make drinks with milk and chocolate

4. I never put sugar of coffee

5. I never put sugar of flavored water

6. I always put milkmaid with hot cake

7. I usually make drinks coffee with cookies

8. I usually eat something sweet and salty



7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

- 1. cheese I hardly ever have cheese for dinner.
- 2. milk I usually have milk for dinner.
- 3. coffee I often have coffee for dinner and breakfast
- 4. eggs I always have eggs for breakfast
- 5. beef I sometime have beef for food
- 6. rice I usually have rice for food
- 7. beans I usually have beans for food
- 8. cereal I sometimes have cereal for dinner

8 Answer the questions with your own information.

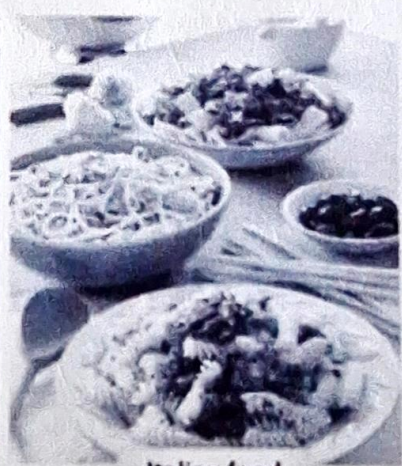
- 1. What's your favorite kind of food?
My favorite food is chicken wings
- 2. What's your favorite restaurant?
My favorite restaurant is la central
- 3. What do you usually have at your favorite restaurant?
Cut of meat
- 4. Do you ever cook?
Yes I cook
- 5. What's your favorite snack?
My favorite snack is french fries



Chinese food



Mexican food



Italian food