

UDS

Mi Universidad

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Chiapas

WORKBOOK

1 Write the names of the foods.

Fruit

1. lemons
2. oranges
3. tomatoes
4. bananas

Vegetables

5. lettuce
6. brocoli
7. potatoes
8. Carrots

Grains

9. rice
10. Cereal
11. bread
12. _____

Fats and oils

13. butter
14. oil

Dairy

15. milk
16. Cheese

Meat and other proteins

17. chicken
18. beans
19. nuts
20. Fish



2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



3. This is an egg.



4. This is an apple.



5. This is Ø ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like mango and peach. I don't like strawberries

3. vegetables

I like tomatoes, I don't like carrots

4. meat and other proteins

I like chicken but I don't like nuts

5. dairy

I like milk. I don't like cheese

6. grains

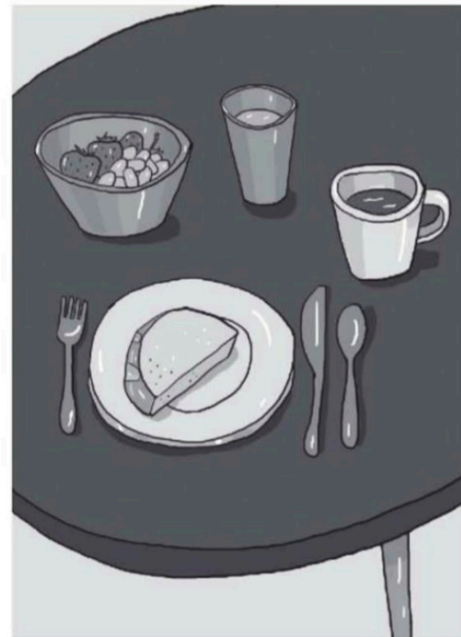
I like pasta, I don't like bread

4 Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have some meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need some green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have some eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put some butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5 What do you need to make these foods? What don't you need? Write sentences.



1. an omelet
 You need some butter, milk, eggs,
 and cheese. You don't need
 any lemons.



2. a chicken sandwich
 You need bread, tomatoes,
 lettuce and chicken, you
 don't need onions



3. chicken soup
 you need chicken, pasta
 and vegetables, you
 don't need milk



4. a vegetable salad
 You need lettuce and
 vegetables, you
 don't need water



5. a fruit salad
 You need fruits, you
 don't need vegetables



6. your favorite food
 My favorite food is pasta

6 Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)
Brazilians often make drinks with fruit.
2. Some people in Mexico eat pasta. (never)
Some people in Mexico never eat pasta
3. In China, people put sugar in their tea. (hardly ever)
In China people hardly ever put sugar
4. In England, people put milk in their tea. (usually)
In England people usually put milk
5. In Japan, people have fish for breakfast. (sometimes)
In Japan people sometimes have
6. Americans put cream in their coffee. (often)
Americans often put cream in their
7. In Canada, people have salad for breakfast. (hardly ever)
In Canada people hardly ever
8. Some people in South Korea eat pickled vegetables for breakfast. (always)
Some people in South Korea always



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.
I hardly ever make drinks with fruit. /
I sometimes make drinks with chocolate.
2. I always eat pasta
3. I sometimes put sugar in my tea
4. I never put milk in my tea
5. I never have fish for my breakfast
6. I usually put cream in my coffee
7. I sometimes have salad for breakfast
8. I never eat pickled vegetables



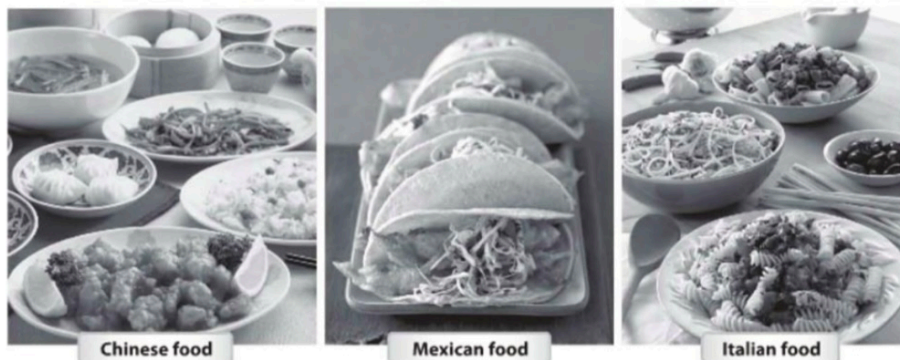
7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

~~never~~ ~~hardly ever~~ ~~sometimes~~ ~~often~~ ~~usually~~ always

- 1. cheese I hardly ever have cheese for dinner.
- 2. milk I sometimes have milk for dinner
- 3. coffee I never have coffee for dinner
- 4. eggs I often have eggs for dinner
- 5. beef I hardly ever have beef for dinner
- 6. rice I never have rice for dinner
- 7. beans I usually have beans for dinner
- 8. cereal I always have cereal for dinner

8 Answer the questions with your own information.

- 1. What's your favorite kind of food?
Italian food
- 2. What's your favorite restaurant?
My favorite restaurant is Due forri
- 3. What do you usually have at your favorite restaurant?
I usually eat pasta
- 4. Do you ever cook?
I sometimes cook mexican food
- 5. What's your favorite snack?
My favorite snack is mango



Chinese food

Mexican food

Italian food