



Workbook unit 3  
Paulina Vázquez Cancino  
Lic. Rafael Iván Guillén Alcalá  
Inglés II  
Diseño Gráfico

WORKBOOK

**1** Write the names of the foods.

**Fruit**

- 1. lemons
- 2. Oranges
- 3. Apples
- 4. Bananas

**Vegetables**

- 5. Lettuce
- 6. Broccoli
- 7. Potatoes
- 8. Carrots

**Grains**

- 9. Rice
- 10. Cereal
- 11. Bread
- 12. Crackers

**Fats and oils**

- 13. Butter
- 14. Oil

**Dairy**

- 15. Milk
- 16. Cheese

**Meat and other proteins**

- 17. Chicken
- 18. Beans
- 19. Nuts
- 20. Fish



**2** Complete the sentences with the articles *a* or *an*. If you don't need an article, write  $\emptyset$ .



1. This is a banana.



2. This is \emptyset pasta.



3. This is an egg.



4. This is an apple.



5. This is \emptyset ice cream.



6. This is a kiwi.

**3** What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apples, bananas and kiwi. I don't like oranges.

3. vegetables

I like broccoli, potatoes and lettuce. I don't like onions.

4. meat and other proteins

I like chicken, eggs and beans. I don't like fish.

5. dairy

I like cheese, milk and yogurt. I don't like sour cream.

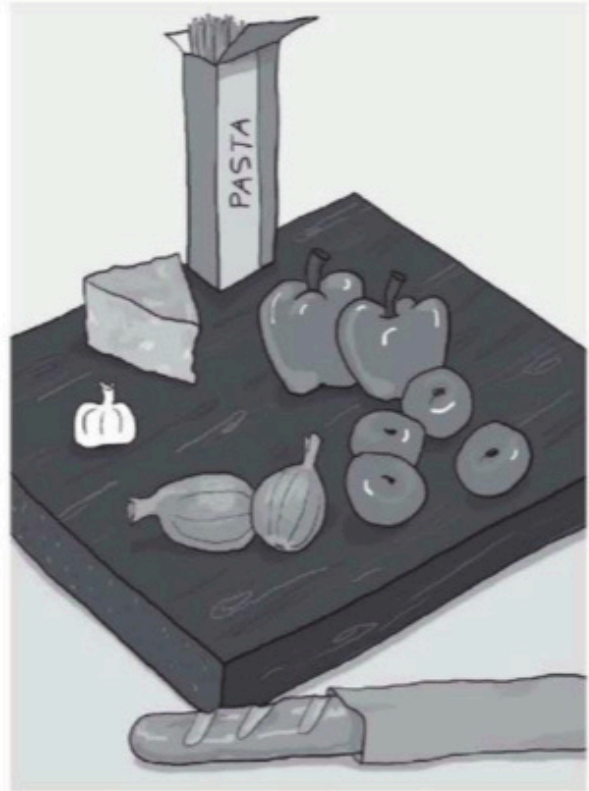
6. grains

I like rice, noodles and bread. I don't like oats.

4

Complete the conversations with some or any.

1. A: What do you want for dinner?  
 B: Let's make some pasta with tomato sauce.  
 A: Good idea. Do we have any meat?  
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.  
 A: OK. Do we need any green peppers for the sauce?  
 B: Yes, let's get some peppers. Oh, and some garlic, too.  
 A: Great. We have some spaghetti, so we don't need any pasta.  
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?  
 B: Well, first, I have fruit – some grapes or strawberries.  
 A: That sounds good. Do you have any eggs or meat?  
 B: No, I don't eat any eggs or meat in the morning.  
 A: Really? Do you have anything else?  
 B: Well, I usually have some bread, but I don't put any butter on it.  
 A: Do you drink anything in the morning?  
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs, \_\_\_\_\_  
and cheese. You don't need \_\_\_\_\_  
any lemons. \_\_\_\_\_



2. a chicken sandwich

You need 2 slices of bread, chicken, mayonnaise,  
lettuce and tomatoes. You don't need crackers.



3. chicken soup

You need chicken, pasta, onions, carrots, chicken  
broth and a bowl. You don't  
need fish \_\_\_\_\_



4. a vegetable salad

You need different vegetables such as tomatoes,  
bell peppers, broccoli and carrots. You don't need  
bread. \_\_\_\_\_



5. a fruit salad

You need fruits such as apples, oranges,  
bananas and grapes. You don't need  
pasta. \_\_\_\_\_



6. your favorite food

You need bread, chicken, mayonnaise, \_\_\_\_\_  
tomatoes and lettuce. You don't need  
yogurt. \_\_\_\_\_

**6** Food habits

**A** Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)  
Brazilians often make drinks with fruit.
2. Some people in Mexico eat pasta. (never)  
Some people in Mexico never eat pasta.
3. In China, people put sugar in their tea. (hardly ever)  
In China, people hardly ever put sugar in their tea.
4. In England, people put milk in their tea. (usually)  
In England, people usually put milk in their tea.
5. In Japan, people have fish for breakfast. (sometimes)  
In Japan, people sometimes have fish for breakfast.
6. Americans put cream in their coffee. (often)  
Americans often put cream in their coffee.
7. In Canada, people have salad for breakfast. (hardly ever)  
In Canada, people hardly ever have salad for breakfast.
8. Some people in South Korea eat pickled vegetables for breakfast. (always)  
Some people in South Korea always eat pickled vegetables for breakfast.



**B** Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.  
I hardly ever make drinks with fruit. /  
I sometimes make drinks with chocolate.
2. I usually eat pasta once a week.
3. I always put sugar in my tea.
4. I never put milk in my tea.
5. I always have eggs for breakfast.
6. I hardly ever put milk and sugar in my coffee.
7. I often have salad for lunch.
8. I never eat pickled vegetables in any of my meals.



**7** Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never    hardly ever    sometimes    often    usually    always

- 1. cheese      I hardly ever have cheese for dinner.
- 2. milk        I usually have milk in my coffee for dinner.
- 3. coffee      I always have coffee for dinner.
- 4. eggs        I never have eggs for dinner.
- 5. beef        I sometimes have beef for dinner.
- 6. rice        I hardly ever have rice for dinner.
- 7. beans      I hardly ever have beans for dinner, I usually have them for breakfast.
- 8. cereal      I often have cereal for dinner.

**8** Answer the questions with your own information.

- 1. What's your favorite kind of food?  
My favorite food is japanese food.
- 2. What's your favorite restaurant?  
My favorite restaurant is Rock n' Rolls.
- 3. What do you usually have at your favorite restaurant?  
I usually have makis or ramen.
- 4. Do you ever cook?  
I hardly ever cook, my grandma is the one that usually cooks.
- 5. What's your favorite snack?  
My favorite snacks are chips and milky way chocolates.

