

WORKBOOK

1 Write the names of the foods.

Fruit

1. lemons _____
2. oranges _____
3. apples _____
4. bananas _____

Vegetables

5. Lettuce _____
6. Broccoli _____
7. potato _____
8. carrot _____

Grains

9. rice _____
10. cereal _____
11. bread _____
12. crackers _____

Fats and oils

13. Butter _____
14. Juice _____

Dairy

15. Milk _____
16. Cheese _____

Meat and other proteins

17. Chicken _____
18. Beans _____
19. Nuts _____
20. Fish _____



2 Complete the sentences with the articles *a* or *an*. If you don't need an article, write \emptyset .



1. This is a banana.



2. This is \emptyset pasta.



3. This is an egg.



4. This is an apple.



5. This is \emptyset ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like strawberry, banana, coconut and orange

3. vegetables

I like carrots and potatoes

4. meat and other proteins

I like eggs, tuna and beef.

5. dairy

I eat milk, cheese and yogurth.

6. grains

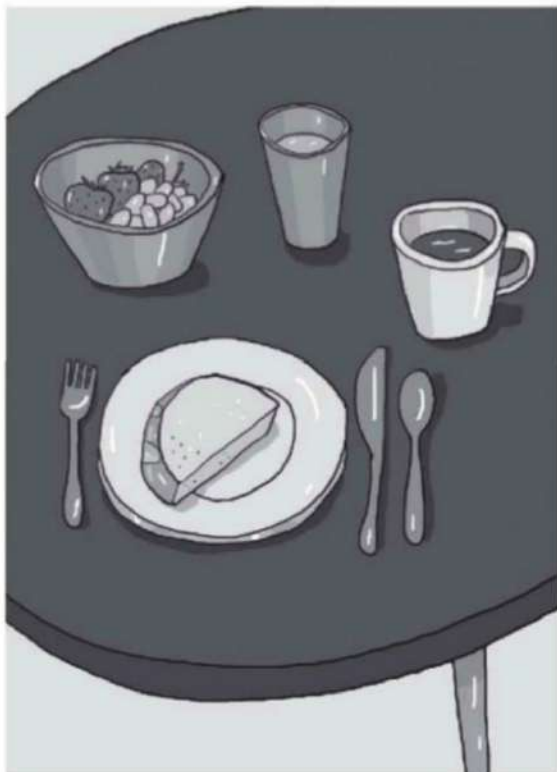
I like bread, rice and I don't like pasta

4 Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit – some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich

You need: bread, mayonnaise, chicken and
lettuce. You don't need any eggs.



3. chicken soup

You need some carrots, chicken, onion and
pasta. You don't need any tomatos



4. a vegetable salad

We'll need tomatos, carrots, broccoli and
Bell pepper. You don't need any rice



5. a fruit salad

We need bananas, oranges, berries,
an apples, we don't need tomatos.



6. your favorite food

Sushi: we need rice, beef, avocato
seafood.

6 Food habits

A Put the adverbs in the correct places.

- Brazilians make drinks with fruit. (often)
Brazilians often make drinks with fruit.
- Some people in Mexico eat pasta. (never)
Some people in Mexico never eat pasta
- In China, people put sugar in their tea. (hardly ever)
In China, people hardly ever put sugar in their tea
- In England, people put milk in their tea. (usually)
In England, people usually put milk in their tea.
- In Japan, people have fish for breakfast. (sometimes)
In Japan, people sometimes have fish for breakfast.
- Americans put cream in their coffee. (often)
Americans often put cream in their coffee
- In Canada, people have salad for breakfast. (hardly ever)
In Canada, people hardly ever have salad for breakfast.
- Some people in South Korea eat pickled vegetables for breakfast. (always)
Some people in South Korea always eat pickled vegetables for breakfast.



B Rewrite the sentences in part A. Use your own information.

- Brazilians often make drinks with fruit.
I hardly ever make drinks with fruit. /
I sometimes make drinks with chocolate.
- I rarely eat pasta
- I always put sugar in my tea
- I usually put milk in my tea
- I never have fish for breakfast
- I always put cream in my coffee
- I rarely have salad for breakfast
- I sometimes eat pickled vegetables for breakfast



7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

~~never~~ ~~hardly ever~~ ~~sometimes~~ ~~often~~ ~~usually~~ ~~always~~

- 1. cheese I hardly ever have cheese for dinner.
- 2. milk I always drink milk for dinner.
- 3. coffee I usually drink coffee for breakfast.
- 4. eggs I often eat eggs for breakfast.
- 5. beef I sometimes eat beef.
- 6. rice I hardly ever cook rice.
- 7. beans I never cook beans.
- 8. cereal I rarely have cereal for dinner.

8 Answer the questions with your own information.

- 1. What's your favorite kind of food?
My favorite kind of food is Italian food.
- 2. What's your favorite restaurant?
My favorite restaurant is Rock and Rolls
- 3. What do you usually have at your favorite restaurant?
I usually have makis.
- 4. Do you ever cook?
Yes I always cook
- 5. What's your favorite snack?
My favorite snack are chips.



Chinese food



Mexican food



Italian food