WORKBOOK

1 *Write the names of the foods.*

Fruit
1. lemons
2. oranges
3. apples
4. Bananas

Vegetables
5. Lettoce
6. Brocoli
7. Potato
8. Carrot

Grains
9. rice
10. Cereal
11. bread
12. crackers

Fats and oils
13. Butter
14. Juice

Dairy
15. Milk
16. Cheese

Meat and other proteins
17. Chicken
18. Beans
19. Nuts
20. fish

2 **Complete the sentences with the articles a or an. If you don't need an article, write Ø.**

1. This is __a__ banana.

2. This is __Ø__ pasta.

3. This is __an__ egg.

4. This is __an__ apple.

5. This is __Ø__ ice cream.

6. This is __a__ kiwi.

3 **What foods do you like? What foods don't you like? Write sentences.**

1. drinks

   I like coffee, green tea, and juice. I don't like milk.

2. fruit

   I Like Banana, orange

3. vegetables

   I like Potato

4. meat and other proteins

   I like eggs, tuna and beef

5. dairy

   I eat milk, chese

6. grains

   I like bread, rice and pasta

UDS

4 Complete the conversations with some or any.

1. A: What do you want for dinner?
   B: Let's make ___some___ pasta with
      tomato sauce.
   A: Good idea. Do we have __any__ meat?
   B: Well, we have __some__ beef, but
      I don't want __any__ meat in the sauce.
      Let's get __some__ tomatoes and onions.
   A: OK. Do we need __any__ green peppers
      for the sauce?
   B: Yes, let's get __some__ peppers.
      Oh, and __some__ garlic, too.
   A: Great. We have __some__ spaghetti,
      so we don't need __any__ pasta.
   B: Yeah, but let's get __some__ bread.
      And __some__ cheese, too.
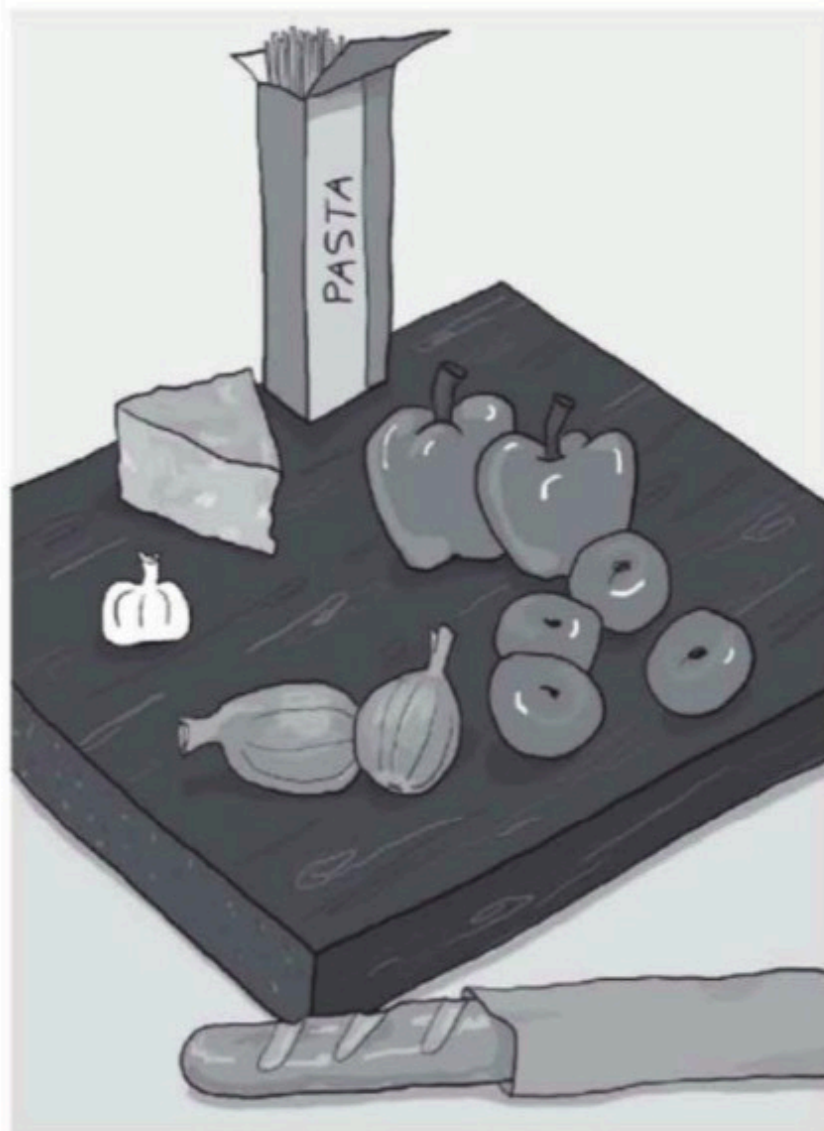
2. A: What do you eat for breakfast?
   B: Well, first, I have fruit – __some__ grapes
      or strawberries.
   A: That sounds good. Do you have __any__
      eggs or meat?
   B: No, I don't eat __any__ eggs or meat
      in the morning.
   A: Really? Do you have anything else?
   B: Well, I usually have __some__ bread,
      but I don't put __any__ butter on it.
   A: Do you drink anything in the morning?
   B: I always have __some__ juice and coffee.
      I don't put __any__ sugar in my coffee,
      but I like __some__ milk in it.
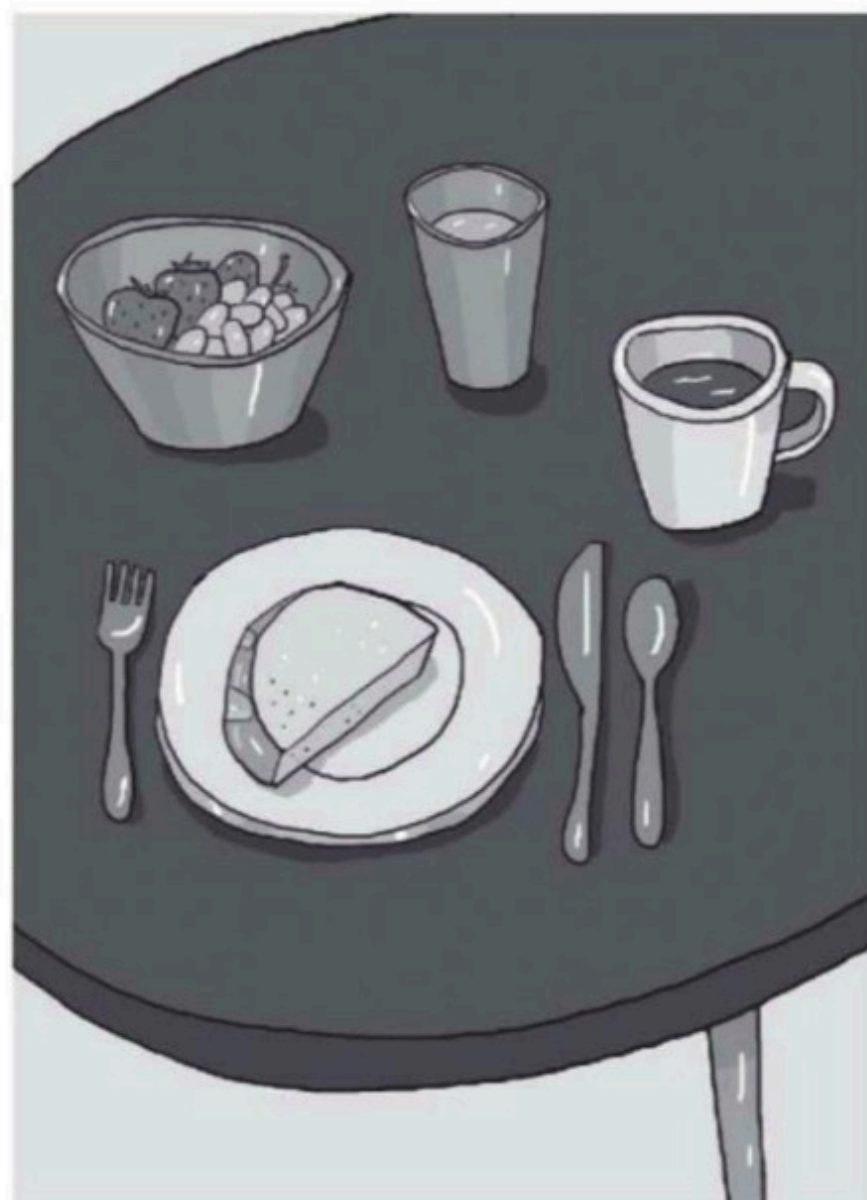
5 *What do you need to make these foods? What don't you need? Write sentences.*

1. an omelet

   You need some butter, milk, eggs,

   and cheese. You don't need

   any lemons.

2. a chicken sandwich

   You need: bread, lettuice
   Mayonaise, chicken.

3. chicken soup

   You need carrots, chicken,
   onion and Pasta

4. a vegetable salad

   Well need tomatos, carrots
   brocoli and Bell pepper

5. a fruit salad

   We need bunnanas
   oranges, berries an apples
   We don't need tomatos

6. your favorite food

   Sushi: We need rice, beef
   avocato seafood

6 Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

   Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

   Some people in Mexico never eat Pasta

3. In China, people put sugar in their tea. (hardly ever)

   In china, people hardly ever put sugar in their tea

4. In England, people put milk in their tea. (usually)

   In England, people usually put milk in their tea

5. In Japan, people have fish for breakfast. (sometimes)

   In Japan, people sometimes have fish for breakfast.

6. Americans put cream in their coffee. (often)

   Americans often put cream in their coffee

7. In Canada, people have salad for breakfast. (hardly ever)

   In Canada, people hardly ever have salad for breakfast

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

   Son people in south Korea always eat pickled Vegetables for breakfast.

B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

   I hardly ever make drinks with fruit. /

   I sometimes make drinks with chocolate.

2. I rarely eat pasta

3. I always put sugar in Mytea

4. I usually put milk in My tea

5. I never have Fish For breakfast

6. I always put cream in My coffe

7. I rarely have salad for breakfast

8. I sometimes eat pickled vegetables for breakfast

7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never   hardly ever   sometimes   often   usually   always

1. cheese — I hardly ever have cheese for dinner.
2. milk — I always drink Milk for dinner
3. coffee — I usually drink coffe for breakfast
4. eggs — I often eat eggs for breakfast.
5. beef — I sometimes eat beef
6. rice — I hardly ever cook rice
7. beans — I never cook beans
8. cereal — I rarely have cereal for dinner

8 Answer the questions with your own information.

1. What's your favorite kind of food?
   My Favorite kind of food is italian food

2. What's your favorite restaurant?
   My Favorite restuvrant is Rock and Rolls

3. What do you usually have at your favorite restaurant?
   I usually have Makis

4. Do you ever cook?
   yes I always cook

5. What's your favorite snack?
   My Favorite snach are takis
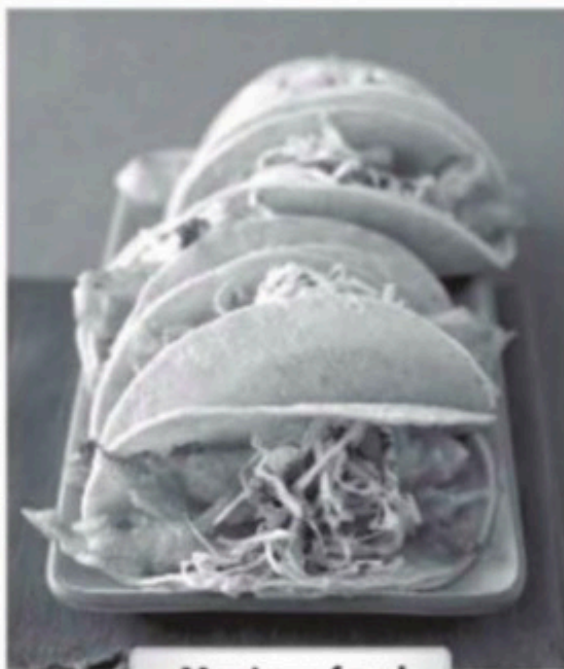
Chinese food   Mexican food   Italian food