

# UDS

## Mi Universidad

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Alcala

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Cuatrimestre: 2

WORKBOOK

**1** Write the names of the foods.

**Fruit**

1. lemons
2. Oranges
3. Apples
4. Bananas

**Vegetables**

5. Lettuce
6. Broccoli
7. Potato
8. Carrots

**Grains**

9. Rice
10. Cereal
11. Bread
12. Crackers

**Fats and oils**

13. Butter
14. Oil

**Dairy**

15. Milk
16. Cheese

**Meat and other proteins**

17. Chicken
18. Beans
19. Nuts
20. Fish



2

Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is ~~Ø~~ pasta.



3. This is an egg.



4. This is an apple.



5. This is ~~Ø~~ ice cream.



6. This is a kiwi.

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What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like mango and strawberry. I don't like avocado.

3. vegetables

I like carrot and cucumber. I don't like chayote.

4. meat and other proteins

I like beef, salmon and shrimp. i don't like tuna.

5. dairy

I like milk and cheese. I don't like yogurt.

6. grains

I like lentils and beans. I don't like chickpeas.

**6** Food habits

**A** Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)  
Brazilians often make drinks with fruit.
2. Some people in Mexico eat pasta. (never)  
**Some people in Mexico never eat pasta**
3. In China, people put sugar in their tea. (hardly ever)  
**In China, people hardly ever put sugar in their tea.**
4. In England, people put milk in their tea. (usually)  
**In England, people usually put milk in their tea.**
5. In Japan, people have fish for breakfast. (sometimes)  
**In Japan, people sometimes have fish for breakfast.**
6. Americans put cream in their coffee. (often)  
**Americans often put cream in their coffee.**
7. In Canada, people have salad for breakfast. (hardly ever)  
**In Canada, people hardly ever have salad for breakfast.**
8. Some people in South Korea eat pickled vegetables for breakfast. (always)  
**Some people in south korea always eat pickled vegetables for breakfast.**



**B** Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.  
I hardly ever make drinks with fruit. /  
I sometimes make drinks with chocolate.
2. **I never drink soda in the morning.**
3. **I hardly ever eat fish for breakfast.**
4. **I sometimes have a sandwich for lunch.**
5. **I often drink orange juice in the morning.**
6. **I always drink water with my meals.**
7. **I hardly ever eat chocolate for breakfast.**
8. **I usually eat tacos for dinner.**



**5** What do you need to make these foods? What don't you need? Write sentences.



1. an omelet  
 You need some butter, milk, eggs,  
 and cheese. You don't need  
 any lemons.



2. a chicken sandwich  
 You need some bread, mayonnais, chicken, and  
 lettuce. You don't need any eggs.



3. chicken soup  
 You need some carrots, chicken, onion and pasta.  
 You don't need any tomatos



4. a vegetable salad  
 You need some tomatos, carrots, brocolo, and Bell  
 pepper. You don't need any rice.



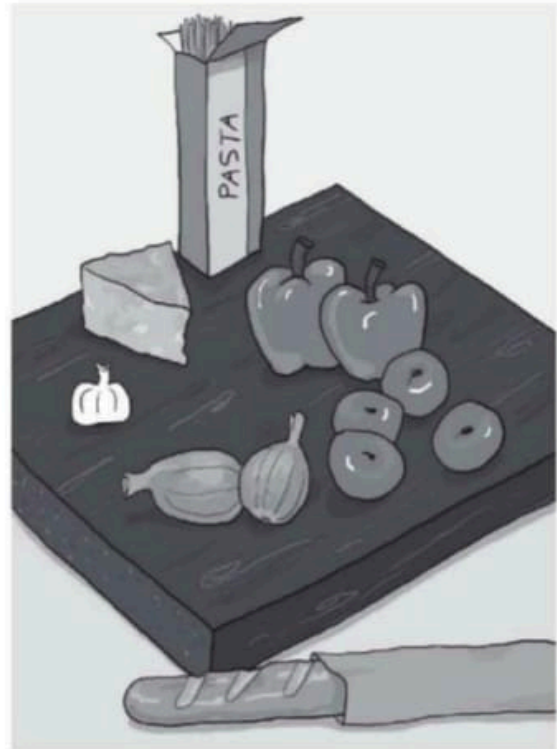
5. a fruit salad  
 You need some bananas, oranges, apples, and you  
 don't need any carrots.



6. your favorite food  
 you need some mole, lettuce, tortillas and cheese.  
 you don't need eggs.

#### 4 Complete the conversations with some or any.

1. A: What do you want for dinner?  
 B: Let's make some pasta with tomato sauce.  
 A: Good idea. Do we have any meat?  
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.  
 A: OK. Do we need any green peppers for the sauce?  
 B: Yes, let's get some peppers. Oh, and some garlic, too.  
 A: Great. We have some spaghetti, so we don't need any pasta.  
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?  
 B: Well, first, I have fruit – some grapes or strawberries.  
 A: That sounds good. Do you have any eggs or meat?  
 B: No, I don't eat any eggs or meat in the morning.  
 A: Really? Do you have anything else?  
 B: Well, I usually have some bread, but I don't put any butter on it.  
 A: Do you drink anything in the morning?  
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



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Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never    hardly ever    sometimes    often    usually    always

- 1. cheese    I hardly ever have cheese for dinner.
- 2. milk    I never drink milk with my dinner.
- 3. coffee    I always have coffee for dinner.
- 4. eggs    I sometimes have eggs for dinner.
- 5. beef    I hardly ever have beef at night.
- 6. rice    I often eat rice with my meal.
- 7. beans    I sometimes eat beans for dinner.
- 8. cereal    I usually eat cereal at night.

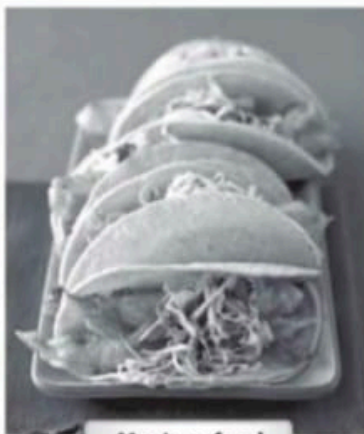
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Answer the questions with your own information.

- 1. What's your favorite kind of food?  
My favorite kind of food is mexican food.
- 2. What's your favorite restaurant?  
My favorite restaurant is Casa Calvario.
- 3. What do you usually have at your favorite restaurant?  
I usually have pizza, chili water and boneless.
- 4. Do you ever cook?  
Yes, I like to cook but I like making desserts more.
- 5. What's your favorite snack?  
My favorite snack is Dorilocos or Esquites.



Chinese food



Mexican food



Italian food