



**Actividad: WORKBOOK UNIT 3**

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# WORKBOOK

1

Write the names of the foods.

## Fruit

1. lemons
2. orange
3. apples
4. banana

## Vegetables

5. lettuce
6. broccoli
7. potato
8. carrot

## Grains

9. rice
10. cereal
11. bread
12. crackers

## Fats and oils

13. butter
14. Juice

## Dairy

15. milk
16. chese

## Meat and other proteins

17. chiken
18. beans
19. nuts
20. fish



**2**

Complete the sentences with the articles *a* or *an*. If you don't need an article, write  $\emptyset$ .



1. This is a banana.



2. This is  $\emptyset$  pasta.



3. This is a egg.



4. This is an apple.



5. This is  $\emptyset$  ice cream.



6. This is an kiwi.

**3**

What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apple, Orange, and strawberry

3. vegetables

I like potatoes radish and lettuce

4. meat and other proteins

I like chicken , fish and meat

5. dairy

I like milk and chesse

6. grains

I like rice, corn, almond and peanut

## 4

## Complete the conversations with some or any.

1. A: What do you want for dinner?  
 B: Let's make some pasta with tomato sauce.  
 A: Good idea. Do we have any meat?  
 B: Well, we have Some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.  
 A: OK. Do we need any green peppers for the sauce?  
 B: Yes, let's get some peppers. Oh, and some garlic, too.  
 A: Great. We have some spaghetti, so we don't need any pasta.  
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?  
 B: Well, first, I have fruit – some grapes or strawberries.  
 A: That sounds good. Do you have any eggs or meat?  
 B: No, I don't eat any eggs or meat in the morning.  
 A: Really? Do you have anything else?  
 B: Well, I usually have some bread, but I don't put any butter on it.  
 A: Do you drink anything in the morning?  
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



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What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,  
and cheese. You don't need  
any lemons.



2. a chicken sandwich

You need, bread, chicken, mayonnaise,  
lettuce. You dont need any milk.



3. chicken soup

You need chicken, carrots, onion, pasta.  
You dont need mayonnaise.



4. a vegetable salad

You need tomatoes, carrots, brocoli  
and bell paper. You dont need meat



5. a fruit salad

You need apple, banana,  
orange,berries. I dont need chicken



6. your favorite food

My favorite food is tacos, i need meat  
and ingredients. I dont need pasta



## 6

## Food habits

**A** Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people in Mexico never eat pasta

3. In China, people put sugar in their tea. (hardly ever)

In China, people hardly ever put sugar in their tea.

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in their tea

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish for

6. Americans put cream in their coffee. (often)

Americans often put cream in their coffee

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have salad for

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some people in South Korea always eat pickled vegetables for breakfast



**B** Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I really eat pasta

3. I never put sugar in my tea

4. I never put milk in my tea

5. I never have fish for breakfast

6. I never put cream in my coffee

7. I sometimes have salad for breakfast

8. I really eat pickled vegetables for breakfast



7

Do you often have these things for dinner? Write sentences. Use the adverbs in the box.



hardly ever

always

1. cheese I hardly ever have cheese for dinner.
2. milk I usually drink milk
3. coffee I never drink coffee
4. eggs I often eat eggs
5. beef I sometimes eat beef
6. rice I hardly ever cook rice
7. beans I never cook beans
8. cereal I always eat cereal

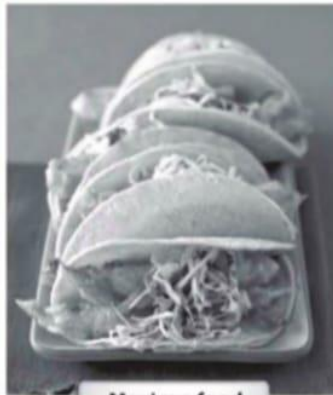
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Answer the questions with your own information.

1. What's your favorite kind of food?
2. What's your favorite restaurant?
3. What do you usually have at your favorite restaurant?
4. Do you ever cook?
5. What's your favorite snack?



Chinese food



Mexican food



Italian food