



# UDS

Mi Universidad

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# WORKBOOK

## 1 Write the names of the foods.

### Fruit

1. lemons
2. oranges
3. Apple
4. Bananas

### Vegetables

5. lettuce
6. Broccoli
7. Potato
8. Carrots

### Grains

9. Rice
10. Cereal
11. bread
12. Crackers.

### Fats and oils

13. Butter
14. Oil

### Dairy

15. Milk
16. cheese

### Meat and other proteins

17. Chicken
18. Beans
19. nuts
20. Fish



**2** Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



3. This is an egg.



4. This is an apple.



5. This is Ø ice cream.



6. This is a kiwi.

**3** What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apples, mangoes, and strawberries. I don't like papaya.

3. vegetables

I like carrots, spinach, and bell peppers. I don't like eggplant.

4. meat and other proteins

I like chicken, salmon, and tofu. I don't like liver.

5. dairy

I like cheese, yogurt, and butter. I don't like blue cheese.

6. grains

I like rice, pasta, and bread. I don't like quinoa.

**4** Complete the conversations with *some* or *any*.

1. A: What do you want for dinner?  
 B: Let's make some pasta with tomato sauce.  
 A: Good idea. Do we have any meat?  
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.  
 A: OK. Do we need any green peppers for the sauce?  
 B: Yes, let's get some peppers. Oh, and some garlic, too.  
 A: Great. We have some spaghetti, so we don't need any pasta.  
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?  
 B: Well, first, I have fruit – some grapes or strawberries.  
 A: That sounds good. Do you have any eggs or meat?  
 B: No, I don't eat any eggs or meat in the morning.  
 A: Really? Do you have anything else?  
 B: Well, I usually have some bread, but I don't put any butter on it.  
 A: Do you drink anything in the morning?  
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,

and cheese. You don't need

any lemons.



2. a chicken sandwich

You need some cheese, lettuce, meat,  
tomato and bread

You don't need onion



3. chicken soup

You need a little chicken,

pasta, carrot, onion,

You don't need meat.



4. a vegetable salad

You need some lettuce, tomato,

carrot and onion

You don't need any garlic



5. a fruit salad

You need a little apple, pear, banana,

some strawberries and pineapple

You don't need lemon



6. your favorite food

Chilaquiles rojos are tortilla chips in red  
sauce with cream, cheese, onion, and  
cilantro.

**6** Food habits

**A** Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)  
Brazilians often make drinks with fruit.
2. Some people in Mexico eat pasta. (never)  
Some people in Mexico never eat pasta.
3. In China, people put sugar in their tea. (hardly ever)  
In China, people hardly ever put sugar in their tea.
4. In England, people put milk in their tea. (usually)  
In England, people usually put milk in their tea.
5. In Japan, people have fish for breakfast. (sometimes)  
In Japan, people sometimes have fish for breakfast
6. Americans put cream in their coffee. (often)  
Americans often put cream in their coffee.
7. In Canada, people have salad for breakfast. (hardly ever)  
In Canada, people hardly ever have salad for breakfast.
8. Some people in South Korea eat pickled vegetables for breakfast. (always)  
Some people in South Korea always eat pickled vegetables for breakfast



**B** Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.  
I hardly ever make drinks with fruit. /  
I sometimes make drinks with chocolate.
2. I never eat pasta in Mexico, but I love tacos.
3. I hardly ever put sugar in my tea, I prefer honey.
4. I usually drink tea without milk, but I like it in chai.
5. I sometimes eat fish for breakfast when I travel.
6. I often drink coffee black, but I add cream occasionally.
7. I hardly ever eat salad for breakfast; I prefer eggs.
8. I always enjoy pickled vegetables, but not for breakfast



**7** Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never    hardly ever    sometimes    often    usually    always

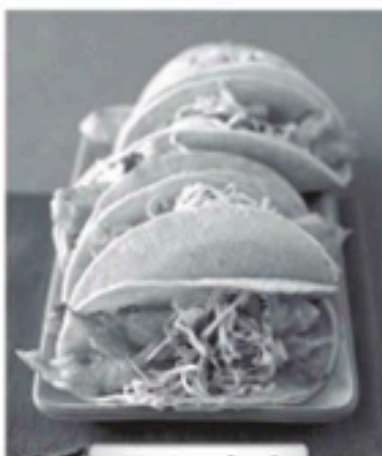
- 1. cheese    I hardly ever have cheese for dinner.
- 2. milk    I never have milk for dinner.
- 3. coffee    I hardly ever have coffee for dinner.
- 4. eggs    I sometimes have eggs for dinner.
- 5. beef    I often have beef for dinner.
- 6. rice    I usually have rice for dinner.
- 7. beans    I sometimes have beans for dinner.
- 8. cereal    I hardly ever have cereal for dinner.

**8** Answer the questions with your own information.

- 1. What's your favorite kind of food?  
My favorite kind of food is Mexican.
- 2. What's your favorite restaurant?  
My favorite restaurant is Casa Calvario.
- 3. What do you usually have at your favorite restaurant?  
I usually have a chicken burger and pink lemonade at my favorite restaurant
- 4. Do you ever cook?  
Yes, I sometimes cook
- 5. What's your favorite snack?  
My favorite snack is wedge fries.



Chinese food



Mexican food



Italian food