

We use the Past Simple tense to talk about

- Actions that happened and were completed in the past
- Action that occurred a specific time in the past
- Actions in a sequence of events in the past

Example.

- Completed action I visited Barcelona last year
- specific time she met her friend at 8: PM yesterday
- Sequence of events. He wake up, got dressed, and went out

When to use?

Positive structure

- Subject He ate lunch an hour ago
- pronoun my mom went to Istanbul last night

Negative structure

- Subject + didn't
- * He didn't study math yesterday
- * I didn't go school last week

Interrogative

- Did + Subject
- * Did you read a book yesterday?
- Did he go to bed late last night?

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