



Synoptic table

"What do you do"

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Subject :

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What do you do?

Nutrition

Key Concepts

- Diet: Everything we eat in 24 hours.
- Nutrient: Substance necessary for body function.
- Metabolism: Chemical processes that convert food into energy.
- Calories: Unit of energy obtained from food.
- Hydration: Liquid intake needed for body functions.
- Macronutrients: Proteins, carbohydrates, and essential fats.
- Micronutrients: Essential vitamins and minerals in small amounts.
- Glycemic Index: Speed at which a food raises blood sugar levels.

Areas of work

- Hospitals.
- Clinics.
- Food industry.
- Private consultancy.
- Research.
- Universities.
- Public health programs.
- Supplement companies.

Specialties

- Clinical nutrition.
- Sports nutrition.
- Community nutrition.
- Pediatric nutrition.
- Food technology.
- Geriatric nutrition.
- Nutrition for chronic diseases.
- Maternal and lactation nutrition.

Nursing

Key Concepts

- Patient care, medication administration, disease prevention, surgical assistance, health education, emergency care, palliative care, vital signs monitoring.

Areas of work

- Hospital management, occupational health, pediatrics, intensive care, home nursing, school nursing, military nursing, health centers.

Specialties

- Surgical nursing, pediatric nursing, geriatric nursing, oncology nursing, community nursing, nephrology nursing, mental health nursing, obstetric nursing.

Vet

Key Concepts

- Diagnosis and treatment of animals, disease prevention, food safety control, Veterinary surgeries, vaccination, care of domestic and wild animals, pest and zoonotic disease control, animal nutrition.

Areas of work

- Veterinary clinics, animal hospitals, zoos, livestock industry, zoonotic disease control, research laboratories, conservation organizations, pharmaceutical industry.

Specialties

- Small animal medicine, large animal medicine, veterinary surgery, forensic veterinary medicine, public health veterinary medicine, dermatology, Cardiology, Exotic animal medicine.

Linkography

- <https://www.gob.mx/salud/articulos/que-hace-un-profesional-de-la-nutricion-empleos?idiom=es>
- https://www.etac.edu.mx/blog-etac/index.php/cual-es-el-campo-laboral-de-enfermeria?hs_amp=true
- <https://mx.indeed.com/orientacion-profesional-como-encontrar-empleo/ramas-veterinaria>

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