



UDE

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# JOB

## \* Nutrition

**Key concept:** Nutrition is the process of consuming and using foods and nutrients to maintain health.

**Work areas**

- 1 Research: they carry out various types of studies, analyzes and clinical trials
- 2 Administration of industrial centers: they design menus, food and exercise recommend
- 3 Community feeding: they study vulnerable groups.
- 4 Clinical nutrition: they study nutrition in communities and their vulnerable groups
- 5 Sports nutrition: they prepare eating guides according to the requirements of athletes.

## \* Specialties

- 1 Sports nutrition: focuses on optimizing physical performance and recovery through proper nutrition
- 2 Oncology nutrition: focuses on addressing the unique nutritional challenges faced by cancer patients
- 3 Perinatal nutrition: focuses on the nutritional health of pregnant women and their babies.
- 4 Clinical nutrition: focuses on the management of diseases and medical conditions through
- 5 Geriatric nutrition: has become increasingly important older adults have unique nutritional needs due to changes
- 6 Pediatric child nutrition: focuses on the nutrition of children and adolescent
- 7 Kidney nutrition: focuses on the management of kidney disease diet
- 8 Vegetarian nutrition: plant-based diet, but it must be balanced to cover all nutritional needs
- 9 Nutrition in eating disorders: can have you learn more about the eating disorder

## \* Nursing

**Key concept:** It encompasses autonomous and collaborative care provided to people of all ages.

**Work Areas**

- 1 Assistance Area
- 2 Teaching Area
- 3 Research Area
- 4 Administrative Area
- 5 General Nursing

**Specialties**

- 1 Obstetric-gynecological nursing
- 2 Geriatric nursing
- 3 Pediatric nursing
- 4 Family and community nursing
- 5 Mental health nursing
- 6 Occupational nursing
- 7 Nursing in medical-surgical care

## \* Medicine

**Key concept:** It is responsible for preventing, detecting and alleviating diseases, as well as promoting health

**Work Areas**

- Anatomy
- Pharmacology
- Public health
- Circulatory, respiratory and gastrointestinal systems.
- Bases of surgery
- Pediatrics
- Family medicine
- Physiology

## \* Speciality

- 1 Cardiology
- 2 Dermatology
- 3 Endocrinology
- 4 Gastroenterology
- 5 Hematology
- 6 Immunology
- 7 Nephrology
- 8 Oncology
- 9 Orthopedic surgery

# Biografía

Áreas de especialidades  
<https://www.linguae.es>

