

UDS

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Nombre de la materia: ingles

Cuatrimestre: 5to cuatrimestre

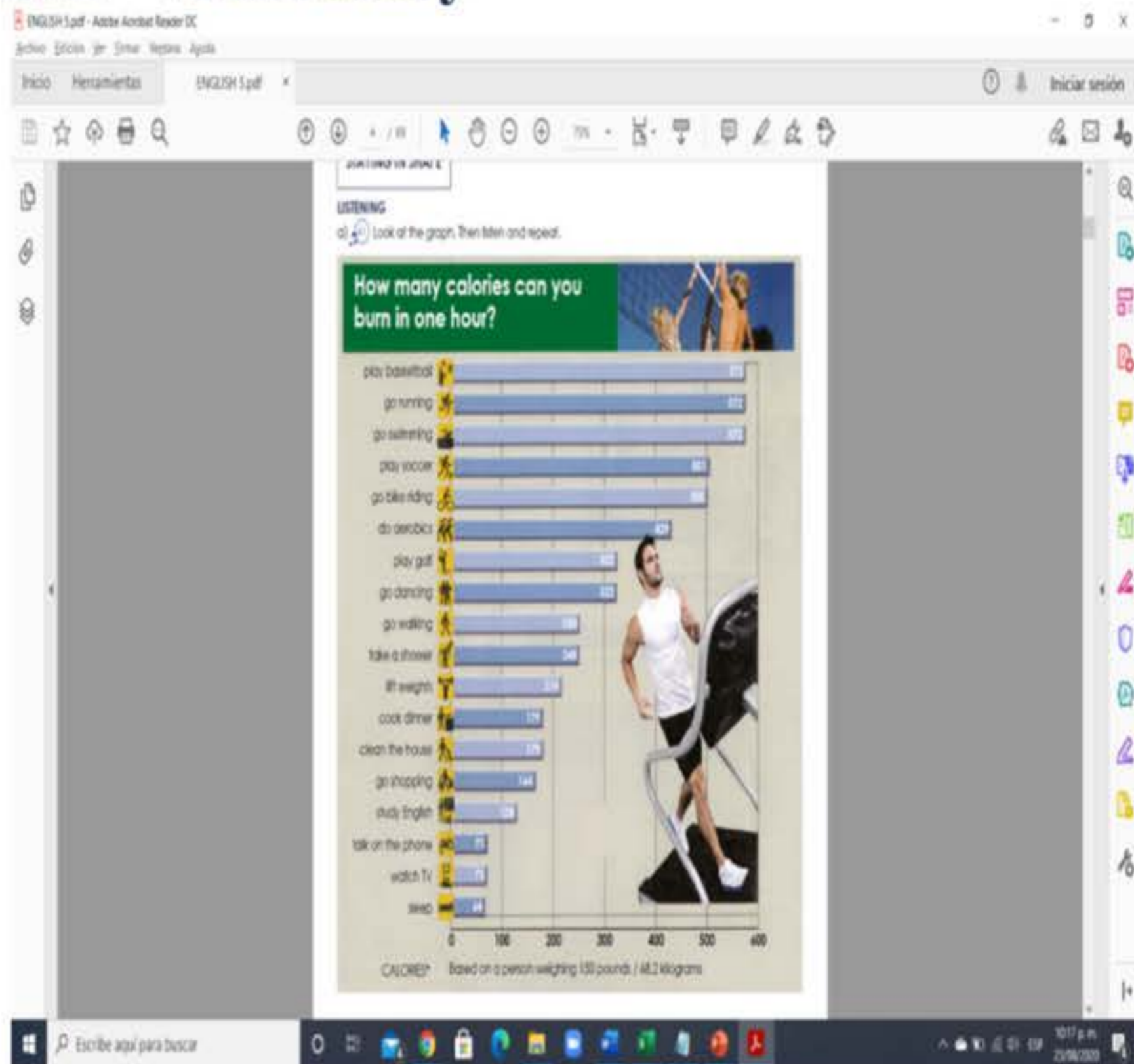
Parcial: 1er parcial

Nombre de la especialidad: Tecnico en
Administracion en Recursos Humanos

Unit Activity #1 – U1

Comitán de Domínguez Chiapas a 20 de enero de 2025.

STAYING IN SHAPE - Vocabulary



Exercise 1. Translate the next vocabulary – Traduce el siguiente vocabulario

play basketball - Jugar basketball

go shopping - Ir de compras

go running - Ir a correr

study English - Estudiar ingles

go swimming - Ir a nadar

watch TV - Ver la tele

play soccer - Jugar futbol

sleep - dormir

go bike riding - montar bicicleta

do aerobics - Hacer aerobics

play golf - Jugar golf

go dancing - ir a bailar

go walking - ir a caminar

take a shower - Ducharse

lift weights - Levantar pesas

cook dinner - Cocinar la cena

clean the house - Limpiar la casa

talk on the phone - Hablar por el telefono

Exercise 2. Using the vocabulary above and list the activities you do...(usando el vocabulario de arriba enlista las actividades que realizas por día, por fin de semana, una vez a la semana, casi nunca, nunca)

Every day Every weekend Once a week Almost never Never

- | | | | | |
|----------------------|--------------------|----------------|-------------------|--------------------|
| 1. Take a shower | 1. Go running | 1. Play soccer | 1. Lift weights | 1. Play basketball |
| 2. cook dinner | 2. do aerobics | 2. go shopping | 2. go swimming | 2. play golf |
| 3. study English | 3. go walking | 3. go dancing | 3. go bike riding | 3. |
| 4. talk on the phone | 4. clean the house | 4. | 4. | 4. |
| 5. sleep | 5. watch tv | 5. | 5. | 5. |

Grammar

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SPEAKING

f) Compare activities with a partner.

"What do you do every weekend?"

"Me? I go shopping".

GRAMMAR

"Can" / "can't" and "have to" / "don't have to"

Can

- We use "can" + the base form of a verb for possibility.

Example: We can stay out late tonight. There are no classes tomorrow morning.

- Questions

Can you go running tomorrow at 3:00? (Yes, I can / No, I can't).

- "Can" is invariable.

Example: Can she play tennis? Yes, she can.

Can't

- We use "can't" + the base form of a verb for impossibility.

Example: I can't stay out late tonight. I have class tomorrow morning.

Have to

- We use "have to" or "has to" + the base form of a verb for obligation.

I	have to work / don't have to	We	have to work / don't have to
You	have to work / don't have to	You	have to work / don't have to
He	has to work / doesn't have to work late tonight	They	have to work / don't have to
She			
It			

"Don't" / "doesn't have to"

- We use "don't" / "doesn't have to" + the base form of a verb when it's not necessary to do something.

Example: We don't have to go to school tomorrow because it's Sunday.

g) Read the sentences carefully. Then complete each sentence with "can" or a form of "have to".

1. I'd like to go out tonight, but we have a test tomorrow. I _____ study.

Exercise 3. Read the sentences carefully. Then complete each sentence with “can” or a form of “have to”.

1. I'd like to go out tonight, but we have a test tomorrow. I have to study.
study
2. Audrey can't meet us for lunch today. She Has to help her boss write a report.
not / meet help
3. Good news! I Don't have to work late tonight. We Can go running together at 6:00.
not / work go running
4. My sister Can't go shopping at the mall today. She Has to go to the doctor.
not / go shopping go
5. Henry Has to go to Toronto next week, so he Can't play golf with us.
go not / play
6. Sorry, I Can't go to aerobics class tonight. I Have to meet with my boss.
not / go meet

Exercise 4. Write four questions using “can” and four questions using a form of “have to”. (with answer)

Example: Can you have a Zoom meeting tomorrow at 3:00? (Yes, I can / No, I can't).

Do you have to work until 6:00pm? (Yes, I have to work / No, don't have to work).

Questions with can:

1. Can you go to the cinema today?
2. Can you play soccer?
3. Can she play vóleiball?
4. Can you study for the exam?

Questions with have to:

1. Don't we have to go to the school tomorrow?
2. Do we have to play soccer?
3. Does sophia have to shave on Sunday?
4. Do they have to play video games?

VOCABULARY - Places for sport and exercise

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m) 5.4 Read and listen. Then listen again and repeat.



a pool



an athletic field



a golf course


VOCABULARY - Places for sport and exercise

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m)  5.4 Read and listen. Then listen again and repeat.



a pool



an athletic field



a golf course



a track



a tennis court



a park



a gym

SPEAKING

Exercise 1. Translate the next vocabulary – Traduce el vocabulario al español

a pool - una piscina

an athletic field - campo de atletismo

a golf course - campo de golf

a track - Pista

a tennis court – Cancha de tennis

a park – El parque

a gym - El gimnasio

Exercise 3. Write 12 sentences using simple continuous (Escribe 12 oraciones en presente continuo)

3 Affirmative sentences (tres oraciones afirmativas)

1. He is taking a shower after the school
2. she is cooking pizza at home
3. Juan is playing soccer at Uds stadium
4. I'm drinking coffee all days

3 Negative sentences

5. He isn't understanding the English topic
6. I am not eating candies because I'm in a diet
7. He isn't swimming very good
8. They aren't playing videogames

3 Interrogative sentences

9. Are you reading an interesting book ?
10. Are you reading an interesting book ?
11. Is she eating in the class ?
12. Is he eating sushi ?

Exercise 4. Complete the sentences. Use the Present Simple or the Present Continuous tense. (Completa las oraciones usando presente simple o presente continuo con las palabras en el paréntesis)

1. Brian can't answer the phone right now.
He studying (*he / study*).
2. How often Does she go (*she / go*) walking?
3. Are we playing (*we / play*) tennis this weekend?
4. He lifts (*he / lift*) weights three times a week.
5. They are making (*they / make*) lunch. Can they call you back?
6. How often Do you clean (*you / clean*) the house?
7. I do (*I / do*) aerobics every day.
8. She is going (*she / go*) shopping tonight.

Exercise 5. Complete the table with the missing sentences use the Present Simple. (Completa la siguiente table con las oraciones faltantes usando presente simple)

Affirmative	Negative	Questions
I work everyday	I don't work every day	Do I work everyday?
I go swimming with my brother	I don't swimming with my brother	Do I swim with my brother ?
You have to study	You don't have to study	Do you have to study ?
He study English	He doesn't study English	Does he study English?
She does her homework	She doesn't do her homework	Does she do her homework?
It does need to be done	It doesn't need to be done	Does she need to be done ?
We run in the park	We don't run in the park	Do we run in the park ?
They do eat their lunch	They doesn't eat their lunch	Do they eat their lunch?
You want a chocolate cake	You don't want a chocolate cake	Do you want a chocolate cake ?

Exercise 6. Complete the table with the missing sentences use the Present Continuous. (Completa la siguiente table con las oraciones faltantes usando el presente continuo)

Affirmative	Negative	Questions
I am working at UDS	I am not working at UDS	Am I working at UDS?
I am running in the park	I am not running in the park	Am I running in the park ?
You are studying now	You are not studying now	Are you studying now ?
He is studying English	He isn't studying English	Is he studying English?
She is doing her homework	She isn't doing her homework	Is she doing her homework ?
It is working well	It is not working well	is it working well ?
We are playing soccer in the park	We aren't playing soccer in the park	Are we playing soccer in the park ?
They are eating their lunch	They aren't eating their lunch	Are they eating their lunch?
You are cooking a chocolate cake	you aren't cooking a chocolate cake	Are you cooking a chocolate cake ?

Exercise 7. Read the text above and answer the next exercises. (Lee el texto de arriba y contesta el siguiente ejercicio).

Complete the paragraph about Marc Zupan. Use “can”, “can’t” or “has to”.

Zupan Has to spend most of his time in a wheelchair, but he Can't stand up and take a few steps for a short time. He Can go walking or running, but he Has to play quad rugby. He Can be careful about his diet so he doesn't get out of shape. He doesn't have complete use of his hands, but he Can't lift weights. He Has to drive a car using his feet, but he Can't use his hands. A lot of people think quadriplegics Can do anything, but Zupan proves that they Has to.

Complete the paragraph about Bethany Hamilton using the Present Simple or the Present Continuous.

When she surfs, Hamilton Use (*use*) her legs to help her go in the right direction.

She Have (*have*) a prosthetic arm, but she hardly ever wearing (*wear*) it.

She Complete (*complete*) regularly with the world's top professional women surfers.

In the photo, she is competing against other surfers with two arms.

She wearing (*wear*) a t-shirt and Standing (*stand*) on her surfboard. Hamilton

Want (*want*) to help other people with difficult experiences follow their dreams.