

NOMBRE DEL ALUMNO: ANGELA ISABEL FLORES DOMÍNGUEZ

NOMBRE DEL MAESTRO: JUAN M. JAIME NOMBRE DE LA MATERIA: INGLES IV

CUATRIMESTRE: 5TO CUATRIMESTRE

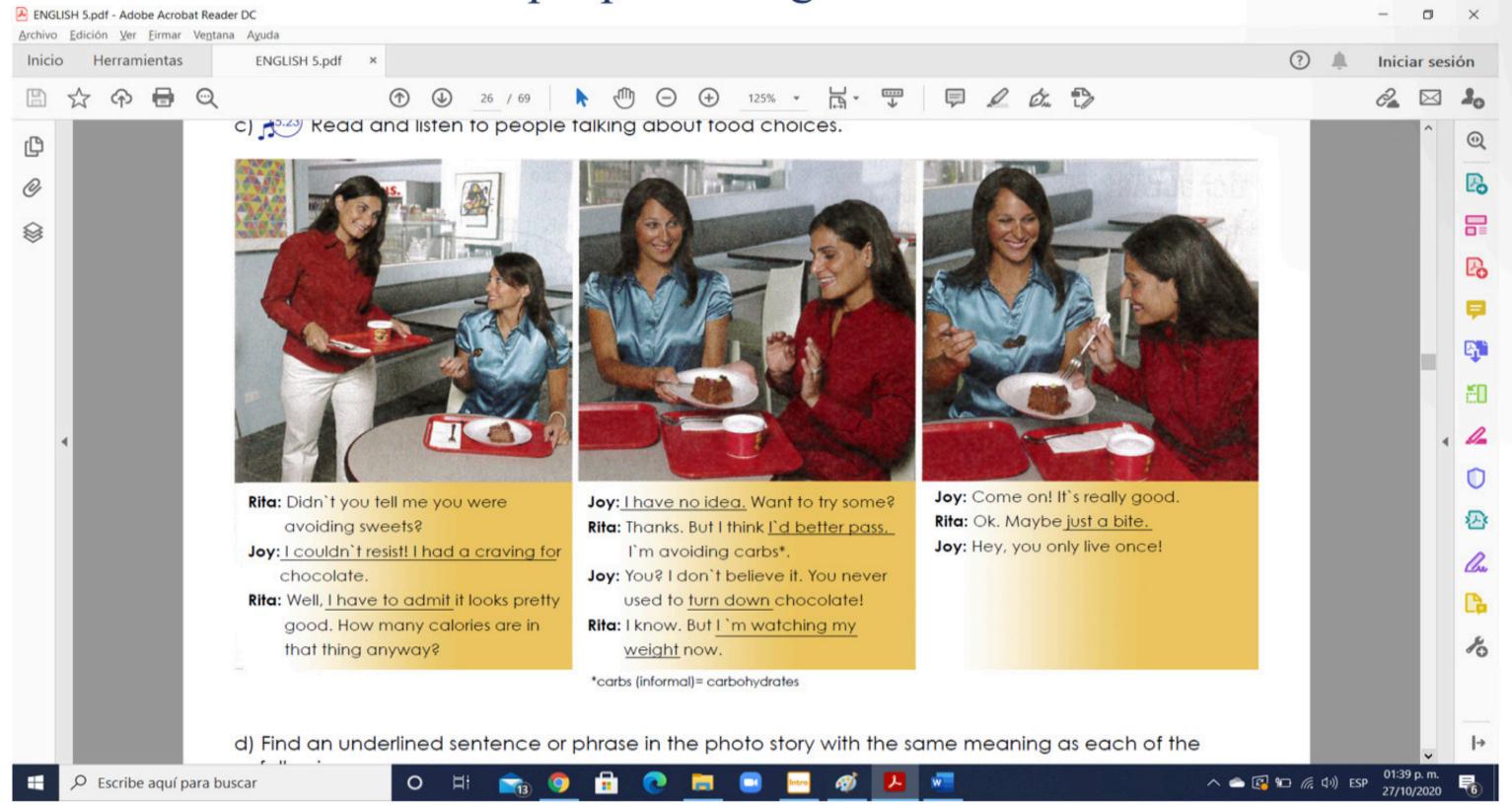
PARCIAL: 3ER PARCIAL

NOMBRE DE LA ESPECIALIDAD: TECNICO EN ADMINISTRACION EN

RECURSOS HUMANOS

EATING WELL

Read the conversation of people talking about food choices.



Exercise 1. Find an underlined sentence or phrase in the photo story with the same meaning as each of the following.

1.	I do		n't		know.
	I HAVE NO IDEA				
2.	I	should		say	no.
	I'D BETTER PASS				
3.	I COULD RESIST	ouldn't	ste	op	myself.
4.	I'm trying I'm WATCHING MY WEIGH	not	to	get	havier.
5.	I really I HAVE A CRAVING	FOR		•	•
6.	I I HAVE TO AD	agree		•	•
7.	Say TURN DOU	no Jn		to	•
8.	I'11 Just a B	try		a	little.

Exercise 2. Translate the article about unficient kind of thet. ENGLISH 5.pdf - Adobe Acrobat Reader DC Archivo Edición Ver Firmar Ventana Ayuda ENGLISH 5.pdf Iniciar sesión Inicio Herramientas ☆ 命 🖶 🭳 **SPEAKING** @ 9 "I don't believe in the Atkins Diet. A lot of meat, eggs, and cheese B e) Read the descriptions of diets. Would you ever try any of them? 0 doesn't sound like the right balance of foods for good health." 8 The Juice Fats. The Vegan Diet. For better health and For better health and prevention of disease. prevention of disease. Instead of food, drink Avoid all animal products, four to six glasses of fresh including dairy and eggs. vegetable and fruit juices Eat lots of grains, beans, for anywhere from three vegetables, and fruits. days to three weeks. Get plenty of rest and avoid The Atkins Diet. exercise during the fast. For weight loss. Eat high-protein foods The Mushroom Diet. such as meat, eggs, and For weight loss. cheese. Avoid foods that Replace lunch or dinner are high in carbohydraevery day- for two weekstes, such as potatoes, with a mushroom dish. bread, grains, and sugar. **VOCABULARY** Food passions f) As Read and listen. Then listen again and repeat.

Traducción:

Escribe aquí para buscar

LA DIETA DE LOS CHAMPIÑONES

PARA BAJAR DE PESO

REEMPLACE EL ALMUERZO O LA CENA TODOS LOS DÍAS, DURANTE DOS SEMANAS, CON UN, CON UN PLATO DE CHAMPIÑONES

LA DIETA VEGANA

Por una mejor salud y prevención de enfermedades. Evite todos los productos de origen animal, incluidos los lácteos y los huevos. Come muchos granos, frijoles, verduras y frutas

LA DIETA ATKINS

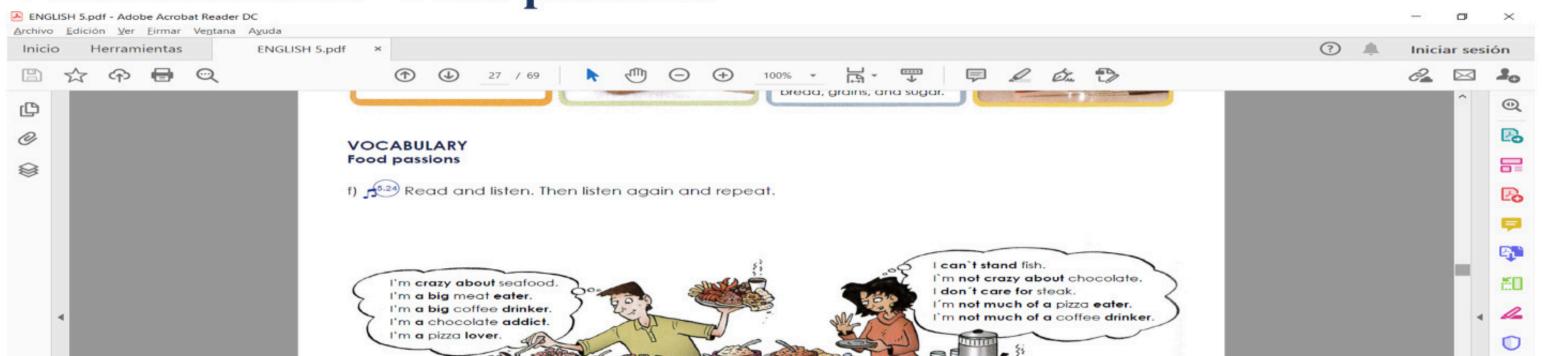
Para bajar de peso., Alimentos ricos en proteínas como carne, huevos y queso. Eviten los alimentos ricos en carbohidratos, como las patatas, el pan, los granos y el azúcar

LAS GRASAS DE JUGO

へ 📤 💽 🐿 🦟 切) ESP

Para una mejor salud y prevención de enfermedades. En lugar de comida, beba de cuatro o seis vasos de verduras frescas y jugos de frutas durante tres a tres semanas. Descansa mucho y evita el ejercicio durante el ayuno

VOCABULARY- Food passions.



Exercise 3. Use the context to help you complete each sentence with					
"used to" or "didn't use to".					
Then, write two sentences about yourself.					
1. Gary Used to go out to eat a lot, but now he					
eats at home more often.					
eats at home more often. 2. Nina <u>didn't use to</u> eat a lot of pasta, but now she					
does.					
3. Vinnie d'ant use to drink a lot of coffee, but now					
he's a coffee addict.					
4. Anton <u>used to</u> eat a lot of vegetables, but now					
he doesn't.					
5. Cate don't use to hate seafood, but now she's crazy					
about fish.					
6. Ted eat a lot of fatty foods, but now he					
avoids them.					
7. Burt didnt use to drink a lot of water, but now he					
has several glasses a day. 8. May John use to like salad, but now she has salads					
8. May Jen't use to like salad, but now she has salads					
several times a week.					
9. (used to) I <u>vsed to pant, but now i don't</u>					
10. (didn't use to) I didn't use black clothes, but now					
usert					
Exercise 4. Use the prompts to write logical sentences with negative					
or affirmative forms of "used to".					
1. Jason and Trish / get lots of exercise / but now they go swimming					
every day.					
JASON AND TRISH UUSED TO GET LOST OF EXERCISE, BUT, BUT NOW THEY GO SWIMMING EVERY DAY					
2. There / be a movie theater on Smith Street / but now there isn't.					
THERE USED TO BE A MOVIE THEATER ON SMITH STREET, BUT NOW, BUT, NOW THERE ISN'T					
3. No one / worry about fatty foods / but now most people do. NO ONE USED TO WORRY ABOUT FREDDY FOOT, BUT NOW MUST PEOPLE DO.					

4. English / be an international language / but now everyone uses English to communicate around the world.

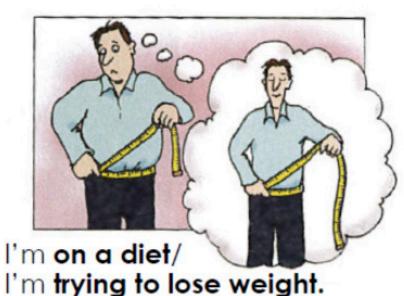
USED TO BE AN INTERNATIONAL LANGUAGE, BUT NOW EVERYONE USES ENGLISH DE MEDICAID AROUND THE WORLD

5. Women in North America / wear pants, but now it's very common for them to wear them.

WOMAN IN NORTH AMERICA USED TO WEAR PANTS, BUT NOW ISN'T VERY COMMAND FOR THEM TO WEAR THEM

VOCABULARY Excuses for not eating something







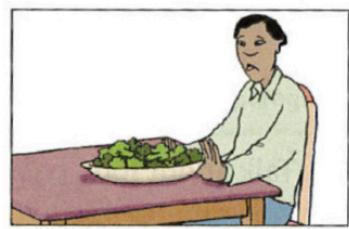
I don't eat beef. It's against my religion.







I'm avoiding sugar.



I don't care for broccoli.

Exercise 5. Escribe 7 oraciones usando las palabras en negritas.

1. (doesn't agree with me):

my brother doesn't agree with me on how to solve the problem

2. (on diet):

My Friend Is On a diet To Get Ready For Her Wedding

3. (trying to lose some weight):

I Have Been trading To Lose Some weight to feel healthier

- 4. (against my religion): I Don't, It, Meet, Because It Is Against, My Religion
- 5. (allergic to): My Sister Is allergic To Not, so we have to avoid them

6. I'm avoiding City, traffic Because It's Very stressful (avoiding):

7.	(don't	care	for):
I Don't Care For brócoli, I Just Don't Like It			
GRAMM	IAR		

Negative yes / no questions

- We use "negative yes / no questions" to confirm information you think is true.

Example: Isn't Jane a vegetarian? Yes, she is.

Example: Didn't he go on a diet last week? Yes, he's trying the Atkins Diet.

- We use "negative yes / no questions" when you want someone to agree with you.

Example: Don't you love Italian food? Yes, it's delicious.

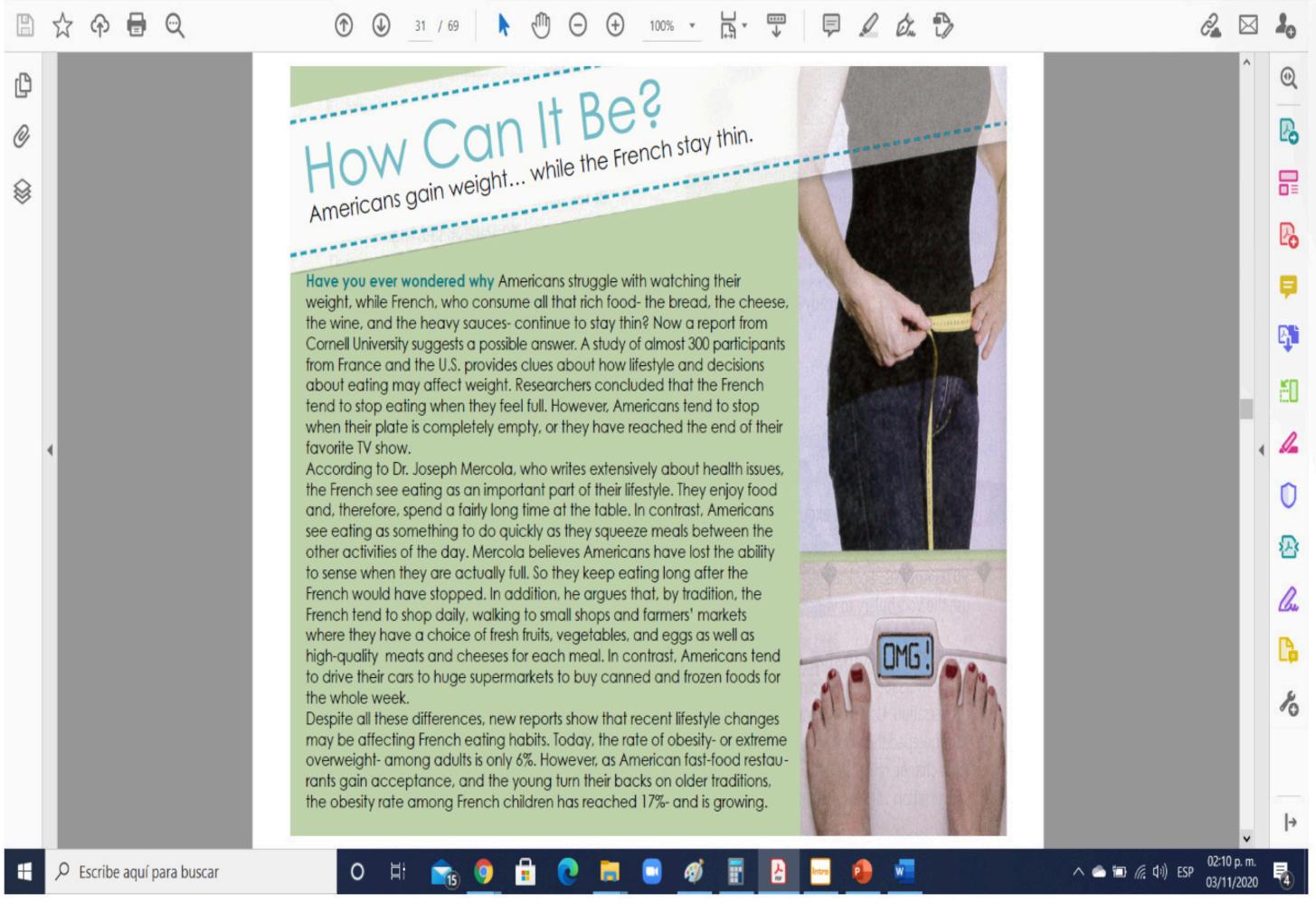
Example: Wasn't that a terrible dinner? Actually, no. I thought it was good.

- We use "negative yes / no questions" to express surprise.

Example: Aren't you going to have cake? I'm sorry but I'm on a diet.

Example: Hasn't he tried the chicken? No, he's a vegetarian.

Exercise 6. Comp	lete each negative yes / no question.				
1. A: AREN'T	you allergic to tomatoes?				
B: Me? No. You're	e thinking of my brother.				
2. A: WASN'T	that lunch delicious yesterday?				
B: It was fantastic!					
3. A: DIDN'T	we already have steak this week?				
B: Yes, we did.					
4. A: HASN'T	your husband been on a diet?				
B: Yes. But it's driving him crazy.					
5. A:	asparagus disgusting?				
B: Actually, I like it.					
6. A: WASN'T	you like your pasta?				
B: Actually, it was	a little too spicy for me.				



Exercise 7. Use the context of the article to help you choose the same meaning as each underlined word or phrase.

1. Have you ever wondered why Americans struggle with watching their weight...

a. have an easy time

b. have a difficult time care about

c. don't

- 2. ... while the French, who consume all that rich food, ...
- a. fatty, high- calorie food b. low-fat, low-calorie food

expensive food

- 3. ... continue to stay thin?
 - a. worry about their weight b. not become overweight

C.

C.

- gain weight
- 4. Researchers concluded that the French tend to stop eating when they feel <u>full</u>.
- a. like they can't eat any more
- b. worried about their weight
- c. hungry
- 5. ... the French see eating as an important part of their <u>lifestyle</u>.
- a. personal care and appearance

b. culture or daily routine