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Nombre de la materia: ingles

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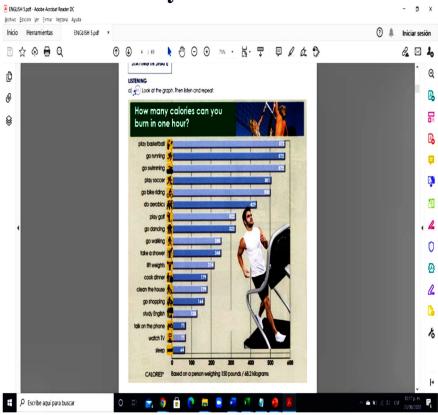
Nombre de la especialidad: Tecnico en

Administracion en Recursos Humanos

Unit Activity #1 – U1

Comitán de Domínguez Chiapas a 20 de enero de 2025.

STAYING IN SHAPE - Vocabulary



Exercise 1. Translate the next vocabulary – Traduce el siguiente vocabulario

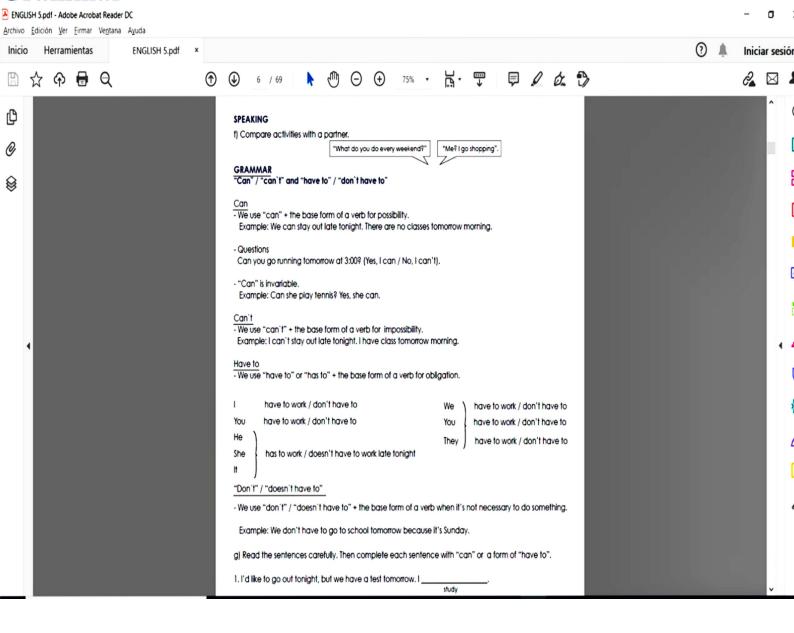
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play basketball - Jugar basketball
                                                                          go shopping - Ir de compras
go running - Ir a correr
                                                                                 study English - Estudiar ingles
go swimming - Ir a nadar
                                                                                     watch TV - Ver la tele
play soccer - Jugar futbol
                                                                                  sleep - dormir
go bike riding a montar bicicleta
do aerobics - Hacer aerobics
play golf - Jugar golf
go dancing - ir a bailar
go walking - ir a caminar
take a shower - Ducharse
lift weights - Levantar pesas
cook dinner - Cocinar la cena
clean the house Limpiar la casa
talk on the phone - Hablar por el telefono
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Exercise 2. Using the vocabulary above and list the activities you do...(usando el vocabulario de arriba enlista las actividades que realizas por día, por fin de semana, una vez a la semana, casi nunca, nunca)

Every day Every weekend Once a week Almost never Never

Ι.	Take a shower	1.	Go running	Ι.	Play soccer	Lift weights		Play basketball	
2.	cook dinner	2.	do aerobics	2.	go shopping	2.go swimmir	ng	2. play golf	
3.	study English	3.	go walking	3.	go dancing	3.go bike ridi	ng	3.	
4.	talk on the phone	4. c	lean the house	4.		4.		4.	
5	sleep	5	watch tv	5		5		5	

Grammar



Exercise 3. Read the sentences carefully. Then complete each sentence with "can" or a form of "have to".

1. I'd like to g	go out tonight, but w	re have a test tomorrow. I <u>h</u> a	ave to study .	
			study	
2. Audrey	can't meet	_us for lunch today. She	Has to help	her boss write a report.
	not / meet		help	
3. Good news	! I Don't have to w	ork late tonight. We	Can go running	together at 6:00.
	not / work		go running	
4. My sister _	Can't go shopping	at the mall today. She	Has to go	_ to the doctor.
	not / go shopping		go	
5. Henry	Has to go	to Toronto next week, so he	Can't play	golf with us.
	go		not / p	lay
6. Sorry, I	Can't go	to aerobics class tonight. I	Have to meet	with my boss.
	not / go			meet

Exercise 4. Write four questions using "can" and four questions using a form of "have to". (with answer)

Example: Can you have a Zoom meeting tomorrow at 3:00? (Yes, I can / No, I can't).

Do you have to work until 6:00pm? (Yes, I have to work / No, don't have to work).

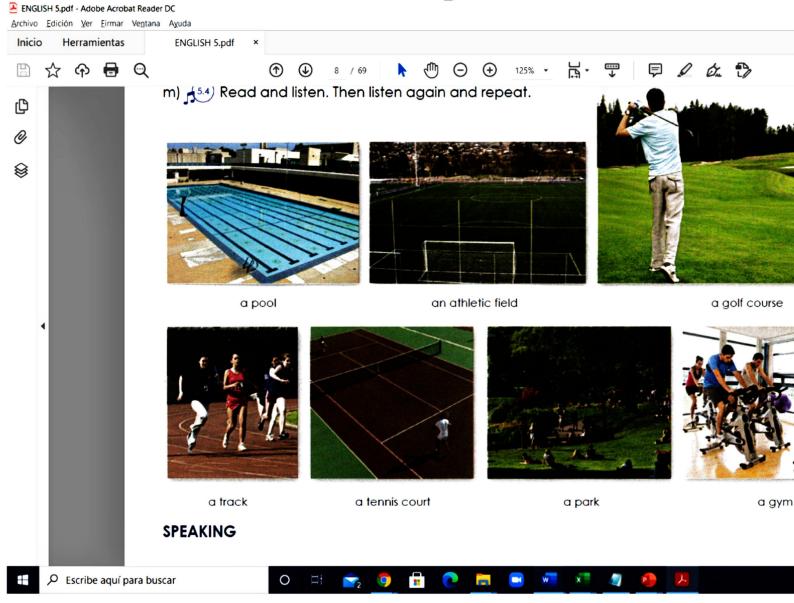
Questions with can:

- 1. Can you go to the cinema today?
- 2. Can you play soccer?
- 3. Can she play vóleiball?
- 4. Can you study for the exam?

Questions with have to:

- 1. Don't we have to go to the school tomorrow?
- 2. Do we have to play soccer?
- 3. Does sophia have to shave on Sunday?
- 4. Do they have to play video games?

VOCABULARY - Places for sport and exercise



Exercise 1. Translate the next vocabulary – Traduce vocabulario al español

a pool - una piscina

an athletic field - campo de atletismo

a golf course - campo de golf

- a track Pista
- a tennis court Cancha de tennis
- a park El parque
- a gym El gimnasio

Exercise 3. Write 12 sentences using simple continuous (Escribe 12 oraciones en presente continuo) 3 Affirmative sentences (tres oraciones afirmativas) 1. He is taking a shower after the school 2. she is cooking pizza at home 3. Juan is playing soccer at Uds stadium 4. I'm drinking coffee all days 3 Negative sentences 5. He isn't understanding the English topic 6. I am not eating candies because I'm in a diet 7. He isn't swimming very good 8. They aren't playing videogames 3 Interrogative sentences 9. Are you reading an interesting book? 10. Are you reading an interesting book? 11. Is she eating in the class? 12. Is he eating sushi? Exercise 4. Complete the sentences. Use the Present Simple or the Present Continuous tense. (Completa las oraciones usando presente simple o presente continuo con las palabras en el paréntesis) 1. right the phone Brian can't answer now. (he/study). He studying 2. How often _____ Does she go (she / go) walking? 3. ____ Are we playing (we / play) tennis this weekend? (he / lift) weights three times a 4. He lifts week. 5. They are making (they / make) lunch. Can they call you back? 6. How often ____ Do you clean (you/ clean) the house?

(I / do) aerobics every day.

(she/go) shopping tonight.

I do

She is going

7. _____

Exercise 5. Complete the table with the missing sentences use the Present Simple. (Completa la siguiente table con las oraciones faltantes usando presente simple)

A 00°	NT C	0 4
Affirmative	Negative	Questions
I work everyday	I don't work every day	Do I work everyday?
I go swimming with my brother	I don't swimming with my brother	Do I swim with my brother?
You have to study	You don't have to study	Do you have to study?
He study English	He doesn't study English	Does he study English?
She does her homework	She doesn't do her homework	Does she do her homework?
It does need to be done	It doesn't need to be don	Does she need to be done ?
We run in the park	We don't run in the park	Do we run in the park?
They do eat their lunch	They doesn't eat their lunch	Do they eat their lunch?
You want a chocolate cake	You don't want a chocolate cake	Do you want a chocolate cake ?

Exercise 6. Complete the table with the missing sentences use the Present Continuous. (Completa la siguiente table con las oraciones faltantes usando el presente continuo)

Affirmative	Negative	Questions
I am working at UDS	I am not working at UDS	Am I working at UDS?
I am running in the park	l am not running in the park	Am I running in the park?
You are studying now	You are not studying now	Are you studying now?
He is studying English	He isn't studying English	Is he studying English?
She is doing her homework	She isn't doing her homework	Is she doing her homework?
It is working well	It is not working well	is it working well?
We are playing soccer in the par	k We aren't playing soccer in the park	Are we playing soccer in the park?
They are eating their lunch	They aren't eating their lunch	Are they eating their lunch?
You are cooking a chocolate cal	you aren't cooking a chocolate cake	Are you cooking a chocolate cake ?

Exercise 7. Read the text above and answer the next exercises. (Lee
el texto de arriba y contesta el siguiente ejercicio).
Complete the paragraph about Marc Zupan. Use "can", "can't"
or "has to".
Zupan Has to spend most of his time in a wheelchair, but he
Can't stand up
and take a few steps for a short time. He go walking or
running, but he
Has to play quad rugby. He Can be careful about his diet so
he doesn't get out of shape. He doesn't have complete use of his
hands, but he <u>Can't</u> lift weights.
He Has to drive a car using his feet, but he Can't use his
hands. A lot of people
think quadriplegics Can do anything, but Zupan proves that
they Has to
they rids to .
they <u>rids to</u> .
Complete the paragraph about Bethany Hamilton using the
Complete the paragraph about Bethany Hamilton using the
Complete the paragraph about Bethany Hamilton using the Present Simple or the Present Continuous.
Complete the paragraph about Bethany Hamilton using the Present Simple or the Present Continuous. When she surfs, Hamilton Use (use) her legs to help her go in the right direction.
Complete the paragraph about Bethany Hamilton using the Present Simple or the Present Continuous. When she surfs, Hamilton (use) her legs to help her go in the right direction. She (have) a prosthetic arm, but she hardly ever wearing (wear) it.
Complete the paragraph about Bethany Hamilton using the Present Simple or the Present Continuous. When she surfs, Hamilton (use) her legs to help her go in the right direction. She (have) a prosthetic arm, but she hardly ever wearing (wear) it.
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Complete the paragraph about Bethany Hamilton using the Present Simple or the Present Continuous. When she surfs, Hamilton (use) her legs to help her go in the right direction. She (have) a prosthetic arm, but she hardly ever wearing (wear) it. She (complete) regularly with the world's top professional women surfers.
Complete the paragraph about Bethany Hamilton using the Present Simple or the Present Continuous. When she surfs, Hamilton (use) her legs to help her go in the right direction. She (have) a prosthetic arm, but she hardly ever wearing (wear) it. She (wear) it. She (complete) regularly with the world's top professional women surfers. In the photo, she is competing against other surfers with two arms.
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