

ROUTINES

Monday

- I always get up at 5:00 a.m.
- I always train soccer at 6:00 a.m.
- I always arrive at school at 8:50 a.m.
- I always attend classes from 9:00 a.m. to 2:00 p.m.
- I always have lunch at 1:00 p.m.
- I always go home at 4:00 p.m.
- I always study at 5:00 p.m.
- I always take a shower at 9:00 p.m.
- I never watch movies on Monday.
- I seldom play video games on Monday.

Tuesday

- I always get up at 5:30 a.m.
- I always train soccer at 6:00 a.m.
- I always arrive at school at 8:50 a.m.

- I always attend classes from 9:00 a.m. to 2:00 p.m.
- I always have lunch at 1:00 p.m.
- I always go home at 4:00 p.m.
- I always study at 5:00 p.m.
- I always take a shower at 9:00 p.m.
- I never read books in the afternoon.
- I seldom watch TV on Tuesday.

Wednesday

- I always get up at 5:00 a.m.
- I always train soccer at 6:00 a.m.
- I always arrive at school at 8:50 a.m.
- I always attend classes from 9:00 a.m. to 2:00 p.m.
- I always have lunch at 1:00 p.m.
- I always go home at 4:00 p.m.

- I always study at 5:00 p.m.
- I always take a shower at 9:00 p.m.
- I never go shopping on Wednesday.
- I seldom play board games on Wednesday.

Thursday

- I always get up at 5:30 a.m.
- I always train soccer at 6:00 a.m.
- I always arrive at school at 8:50 a.m.
- I always attend classes from 9:00 a.m. to 2:00 p.m.
- I always have lunch at 1:00 p.m.
- I always go home at 4:00 p.m.
- I always study at 5:00 p.m.
- I always take a shower at 9:00 p.m.
- I never go to the cinema on Thursday.
- I seldom visit friends on Thursday.

Friday

- I always get up at 7:30 a.m.
- I always relax in the morning.
- I never go to school on Friday.
- I always meet friends for lunch at 12:00 p.m.
- I always go to soccer practice at 4:00 p.m.
- I always take a shower at 7:00 p.m.
- I never study on Friday.
- I seldom do homework on Friday.

Saturday

- I always get up at 7:00 a.m.

- I always have breakfast at 8:00 a.m.
- I always have a soccer match at 10:00 a.m.
- I always have lunch at 1:00 p.m.
- I always rest in the afternoon after the match.
- I always go out with friends at 5:00 p.m.
- I always take a shower at 8:00 p.m.
- I never work on Saturday.
- I seldom clean the house on Saturday.

Sunday

- I always get up at 9:00 a.m.
- I always have breakfast at 9:30 a.m.
- I always go for a jog at 10:00 a.m.
- I always read books at 12:00 p.m.
- I always have lunch at 1:00 p.m.
- I always relax at home in the afternoon.

- I always take a shower at 7:00 p.m.
- I never work on Sunday.
- I seldom cook on Sunday.