



# ITINERARY

## DAYS OF THE WEEK

FROM MONDAY TO SUNDAY

### MONDAY:

I always get up I get up at 6:00am, I always have breakfast at 7:30am, I go to school at 8:10am, I always eat at 2:00pm at my grandmother's house, I take classes kitchen at 4:00pm, I go to the gym at 6:30pm, I have dinner at 9:30pm and I go to sleep at 10:00pm

### TUESDAY:

I always get up I get up at 6:00am, I always have breakfast at 7:30am, I go to school at 8:10am, I always eat at 2:00pm at my grandmother's house, I take classes kitchen at 4:00pm, I go to the gym at 6:30pm, I have dinner at 9:30pm and I go to sleep at 10:00pm

### WEDNESDAY:

I always get up I get up at 6:00am, I always have breakfast at 7:30am, I go to school at 8:10am, I always eat at 2:00pm at my grandmother's house, I take classes kitchen at 4:00pm, I go to the gym at 6:30pm, I have dinner at 9:30pm and I go to sleep at 10:00pm

### THURSDAY:

I always get up I get up at 6:00am, I always have breakfast at 7:30am, I go to school at 8:10am, I always eat at 2:00pm at my grandmother's house, I take classes kitchen at 4:00pm, I go to the gym at 6:30pm, I have dinner at 9:30pm and I go to sleep at 10:00pm

### FRIDAY:

I always get up at 7:00 am and go to my grandmother's house, at 11:00 am I have breakfast, at 2:00 pm I eat, at 5:00 pm I go to the gym, at 9:00 I sleep

### SATURDAY:

I get up at 8:00 am, have breakfast at 8:30 am, at 9:00 am I go to an eyelash course, at 2:00 pm I eat, and at 3:00 pm I go to the gym, and the Rest of the day I do an activity. .

## SUNDAY IS A DAY OF REST

camila p rez garc a

