

## Planner semanal



monday

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I ALWAYS GET UP AT 6:00 am

I ALWAYS TAKE MY SISTER TO SCHOOL

I NEVER HAVE BREAKFAST BEFORE GOING TO SCHOOL

I NEVER HAVE CLASSES IN THE AFTERNOON ON MONDAYS

I SELDOM HAVE DINNER

Melany Rosmary Noriega Morales

**fuesday** 

I ALWAYS GO TO SLEEP AT 8:00 pm

I ALWAYS GO TO SCHOOL

I ALWAYS ACCOMPANY MY MOM

I NEVER TAKE MY CAR TO SCHOOL

I SELDOM GO OUT TO EAT AT A

RESTAURANT

vednesday

I ALWAYS TAKE A NAP

I ALWAYS WATCH A MOVIE AT NIGHT

I NEVER GO TO PLAY PADEL

I SELDOM GO TO MY PARENTS' BUSINESS

I SELDOM EAT MEAT AT LUNCH

thursday

I ALWAYS GO HORSEBACK RIDING
I SELDOM DRIVE A CAR
I ALWAYS TAKE A SHOWER AT NIGHT
I NEVER USE MY PHONE AFTER 11
I SELDOM DRINK COFFEE AT NIGHT

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I NEVER GO TO SCHOOL

I ALWAYS TRY TO REST ON THIS DAY

I SELDOM MAKE MY BREAKFAST

I ALWAYS SLEEP WITH MY MOM

I NEVER SLEEP WHEN IT'S HOT