



Mi Universidad

Ingles

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Nombre del maestro: Andres Lopez Arellano

Nombre del tema: Daily routines

Nombre de la materia: Ingles

*Nombre de la licenciatura: ENFERMERÍA
GENERAL*

Cuatrimestre: I

From Tuesday to Friday, including Sunday, my routine is:

- I wake up at 8:00 a.m.
 - I wash my face, brush my teeth, and do my routine from 9:00 to 10:00 a.m.
 - I take a shower at 10:20 a.m.
 - I have breakfast at 11:00 a.m.
 - I rarely have breakfast.
 - At 11:30 a.m., I go pick up my little siblings from kindergarten with my mom.
 - We come back at 12:30 p.m.
 - I study from 12:30 to 2:00 p.m.
 - I get ready at 2:30 p.m.
 - I play on my phone from 2:30 to 3:00 p.m.
 - I go to work between 3:00 and 3:30 p.m.
 - I arrive at work at 4:00 p.m.
 - I have lunch at 10:00 p.m.
 - I usually don't have dinner.
 - I get home at 1:30 a.m.
 - I go to bed at 2:00 or 3:00 a.m.
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On Mondays, my routine is:

- I wake up at 8:00 a.m.
- I brush my teeth and wash my face at 8:30 a.m.
- I clean my house at 9:00 a.m.
- I study from 10:00 a.m. to 12:00 p.m.
- I go grocery shopping from 12:00 p.m. to 2:00 p.m.
- I have breakfast at 2:30 p.m.
- I take a shower at 3:30 p.m.
- On Mondays, I don't go to work.
- I do homework from 4:00 to 9:00 p.m.
- I watch a movie at 10:00 p.m., but not always, only if I have time.
- I have dinner at 11:00 p.m.
- I brush my teeth and wash my face at 12:00 a.m.
- I go to bed at 1:00 a.m.

On Saturdays, my routine is:

- I wake up at 4:40 a.m.
- I take a shower at 5:00 a.m.
- I brush my teeth at 5:40 a.m.
- I put on my makeup at 6:00 a.m.
- I do my hair at 6:40 a.m.
- I get my things ready for school at 7:20 a.m.
- I head to school at 7:30 a.m.
- I arrive at school at 7:50 a.m.
- I attend classes from 8:00 to 9:40 a.m.
- I have breakfast at 9:50 a.m.
- I continue with my classes from 10:00 a.m. to 1:30 p.m.
- I leave school at 1:50 p.m.
- I go out with friends from 2:00 to 4:00 p.m.
- I get home at 4:30 p.m.
- I change out of my uniform at 4:50 p.m.
- I go to work at 5:00 p.m.
- I have lunch at 11:20 p.m.
- I get home at 1:30 a.m.
- I remove my makeup, brush my teeth at 1:40 a.m.
- I go to bed at 2:00 a.m.

My brother's routine, from Monday to Sunday, is:

- He wakes up at 10:00 a.m. (except on Saturdays).
- He brushes his teeth and washes his face at 10:15 a.m.
- He has breakfast at 11:00 a.m.
- He studies from 11:30 a.m. to 1:30 p.m.
- He has lunch at 1:30 p.m.
- He rests or relaxes after eating.
- He prepares to go to work at 3:00 p.m.
- He leaves for work at 4:00 p.m.
- He works from 4:00 p.m. to 1:00 a.m.
- He gets home at 1:30 a.m.
- He has dinner at 1:45 a.m. (if he's hungry, but sometimes he doesn't eat dinner).
- He brushes his teeth and prepares for bed at 2:00 a.m.
- He falls asleep around 2:30 a.m.

On Saturdays only:

- He wakes up at 7:00 a.m.
- He brushes his teeth and washes his face at 7:15 a.m.
- He has breakfast at 7:30 a.m.
- He goes to school from 8:00 a.m. to 1:30 p.m.
- He gets home at 2:00 p.m. and has lunch.
- He rests and relaxes until 3:00 p.m.
- He prepares to go to work at 3:00 p.m.
- Then he continues his normal routine, working from 4:00 p.m. to 1:00 a.m.