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ENGLISH I

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30/11/2024

nursing and its relationship with other sciences

Nursing is a discipline characterized by its holistic approach to health and well-being. To achieve its goals, it maintains an interdisciplinary relationship with various sciences, enriching its practice and contributing to the development of more effective knowledge and techniques.

Medicine

Nursing and medicine work complementarily. While medicine focuses on diagnosing and treating diseases, nursing emphasizes comprehensive patient care, supporting recovery processes, and promoting health.



Physiology and Anatomy

These sciences provide nursing with a fundamental understanding of the human body, its structures, and functions. This knowledge allows nurses to assess signs and symptoms, administer treatments, and educate patients.

Pharmacology

Pharmacology is essential in nursing, as it helps professionals administer medications safely and effectively, monitor their effects, and educate patients about proper drug use.



Psychology

Nursing incorporates psychological concepts to understand and address patients' emotional, behavioral, and mental health needs. This is crucial in holistic care, especially in mental health and palliative care settings.

Sociology

Sociology helps nurses understand the impact of social, cultural, and economic factors on individuals' health. This knowledge is vital for designing culturally competent and personalized care plans.



Nutrition

Nursing applies principles of nutrition to educate patients on healthy eating habits, support recovery, and prevent diet-related diseases.

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