



**Un mapa conceptual" Asthma a global problem"**

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# ASTHMA A GLOBAL PROBLEM

## SINTOMAS

are a 'tight', chest, coughing, wheezing and difficulty in breathing.

## ETIOLOGÍA

when a person with Asthma comes into contact with something that irritates their airways, the lining of the bronchial tubes starts to swell.

This makes the airways narrower and It is more difficult for air to get in and out of the lungs

Asthma is a chronic respiratory disease.

## ALGUNOS EJEMPLOS DEL ASTHMA

the causes of Asthma are not completely understood. It is hereditary ( it runs in family and is passed from parent to child).

## CAUSAS SOBRE LAS RELACIONES ALÉRGICAS

- indoor allergens (e.g.dust, pet hair)
- outdoor allergens (a.g.pollens)
  - tobacco smoke
- chemicals in the workplace
  - air pollution

## MÉTODO DE PREVENCIÓN

although there is no cure for Asthma, it is possible to control the symptoms and enjoy a good quality of life.

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