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Russia-Russian.

The history of Russia begins with the Eastern Slavic peoples. The Slavs emerged as a recognizable group in Europe between the third and eighth centuries AD. The first State of the East Slavs, the Kievan Rus, emerged in the ninth century and in 988 adopted Orthodox Christianity, a product of the Christianization of the Kievan Rus carried out by Cyril and Methodius, sent from the Byzantine Empire. Then began a synthesis of the Byzantine and Slavic cultures that would define the Russian during the next millennium.



What is the traditional dress of Russia ?.

The traditional clothing of Russian men consisted of a loose linen shirt, canvas pants, and a belt. Men embroidered amulets on their clothes to protect themselves from evil spirits and give them courage and clarity.

What si the most representative in Russia?

Russia has a rich cultural heritage included in the cities of Moscow with its Tretyakov Gallery, the Bolshoi Theater or the collections of the Moscow Kremlin and St. Petersburg on the Neva River, near the Baltic Sea, with its famous "white nights", the artistic repertoire of the Hermitage Museum and the Russian Museum.



Tradicional food in Russia.

Among the most typical Russian specialties are: The most typical soup is shchi (L), made of potato, cabbage (which can be replaced by sauerkraut or sorrel) and meat. The typical Ukrainian soup, called borsch (Борщ) is similar to Schi with the main difference of carrying beetroot, and is very popular in Russia.



Customs in Russia.

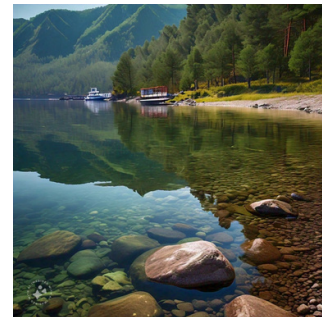
Superstitions: Many Russians believe in the evil eye, and to avoid it they spit or touch wood.



Maslenitsa: A traditional Russian festival that marks the farewell to winter.

Natural wonders.

- Lake Baikal, the largest lake and source of fresh water in the world, located in the Irkutsk region.



- Ural Mountains, one of the oldest mountain ranges on the planet, with 350 million years