Caso clinico

$IMC = \frac{65\ kg}{(1.80)^2} = \frac{65}{3.24} = 20.0619\ kg$

Dx: Normopeso //

Peso ideal:

$Pi = (3.24)(23\ kg/m^2)$

$Pi = 74.52\ kg$

Peso max

$Pmax: (24.9\ kg/m^2)(3.24)$

$Pmax: 80.67\ kg$ //

Peso minimo

$Peso\ minimo = (18.5\ kg/m^2)(3.24)$

$Peso\ minimo = 59.94\ kg$ //

GEB: $66.47 + [13.75 \times 65\ kg] + [5 \times 180] - [6.75 \times 58$

$GEB = 66.47 + 893.75 + 900 - 391.5$

$GEB: 1468.72\ kcal$ //

$GET = GEB + ETA + ef$

$1.5 \times 1468.72 = 2203.08$

$ETA = .10 \times 1468.92 = 146.872$

$GET = 2203.08 + 149.872 = 2352.952\ kcal$ //