



**Investigacion:
Different types of pain**

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Tapachula, Chiapas

20 de Septiembre del 2024

INDICE GENERAL

Introduction	3
TYPES OF PAIN.....	4
Acute pain.....	4
Chronic pain	4
Neuropathic pain	4
Somatic pain	5
Visceral pain	5
Referred pain	6
Psychogenic pain.....	6
Oncological pain	7
Conclusion	8
Bibliografia	9

Introduction

In this investigation we will learn the different types of pain, we will see each of them, what the diseases are and what can affect the diseases in our body, for example one of them is acute pain, which this pain is a sign of which The body is injured, so we will also talk about various pains and what the signs that these pains give will be, so we will also add images and examples, to better explain these diseases and without further ado, we will start explaining this research.

TYPES OF PAIN

Acute pain

It is a short-term pain that can be sharp or dull, mild or intense, but it disappears quickly. Within the normal healing period, it may fade within a few hours or a few weeks.

Example: sprains, torticollis



Chronic pain

It is a pain that lasts or recurs for months or years. It sometimes occurs when the nerves become more sensitive to pain.

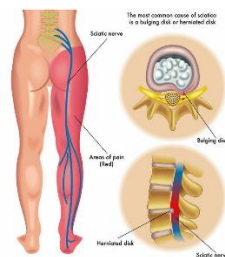
Example: Infections, back problems, migraine or headache



Neuropathic pain

It results from damage or disease that affects the somatosensory system and may be associated with abnormal sensations called dysesthesias and pain produced by normally non-painful stimuli.

Example: Pain, when a member of the body is amputated



Somatic pain

Caused by the activation of pain receptors in the skin, subcutaneous tissue, muscle and bone. It is a well-localized pain and is described as sharp. It can be described as dull or stabbing and is most common in the shoulders, hips, hands, and lower back.

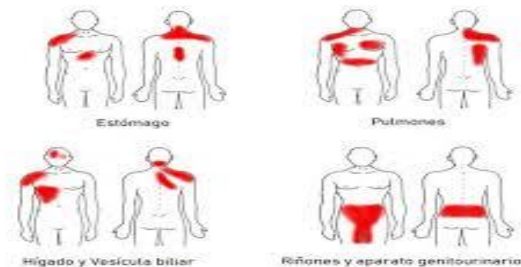
Example: Arthritis pain, back pain, sports injuries



Visceral pain

It is a type of pain that is caused by injuries or diseases that affect the internal organs, or viscera, produced by the activation of the nociceptors of the viscera, which are the thoracic, pelvic or abdominal organs. The viscera are very sensitive to distension, inflammation and ischemia.

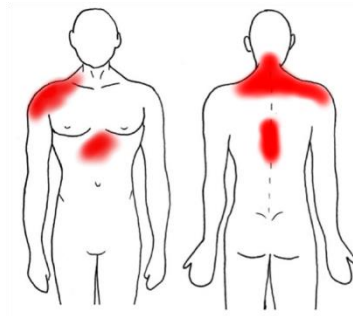
Example: Abdominal pain, cramping pain



Referred pain

Sensation of discomfort that is perceived in a part of the body different from that of the injury that causes it.

Example: Jaw pain that may be felt during a heart attack.



Psychogenic pain

A disorder characterized by severe and prolonged pain for which a psychological component rather than a physical basis is evident

Example: Depression or hypochondria.



Oncological pain

Chronic pain that can be caused by the primary tumor, its metastases, or by treatments and pathologies associated with cancer.

Example: Can be caused by cancer



Conclusion

In this research we learned about the different types of acute, chronic, neurological, somatic, visceral, referred, psychogenic, oncological and we saw what each one is and their diseases, each one has different meanings, for example, chronic pain can be caused by inflammation or dysfunctional nerves, these types of pain always send signals to the body and have a cause and consequence, we also learned What symptoms does each one give and what can cause them and this way we can also avoid these pains and ensure that these pains do not become complicated later on, because there may be complications and thus we can avoid them.

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