

universidad del sureste

Angela yahaira Garcia Reyes

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Inge.en alimentos :Eduardo E.Arreola jiménez

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assessing common childhood diseases

rubella

Definition

Rubella, also known as German measles, is an infection in which a rash occurs on the skin. Congenital rubella occurs when a pregnant woman with rubella transmits it to her baby who is still in the womb.

Characteristics

The most outstanding characteristic is having swollen lymph nodes, mainly in the neck, cold-like symptoms (cough, runny nose and red eyes) and pain in the joints, especially in young patients of reproductive age.

Examples

Children usually have few symptoms, while adults may have fever, headache, general malaise (malaise), and runny nose before the rash appears.

measles

Definition

Measles is a highly contagious viral disease that primarily affects children and is transmitted by droplets from the nose, mouth and pharynx of infected people. Initial symptoms, which usually appear 8 to 12 days after infection

Characteristics

Symptoms are usually high fever, runny nose, cough, watery and red eyes, small white spots on the inside of the cheeks, and a generalized rash all over the body.

Examples

rhinorrhea, cough, watery and red eyes, and small white spots on the inside of the cheeks.

mumps

Definition

Mumps affects the parotid glands, the salivary glands located under and in front of the ears. The disease is spread through infected saliva.

Characteristics

Mumps includes fever, swelling, and pain in one or more salivary glands, usually the parotid gland.

Examples

Headache. Sore throat. Loss of appetite. Inflammation of the parotid glands

