

## MY ROUTINE

MONDAY.

I always wake up at 6:00 a.m.

I usually take a shower

I generally eat my breakfast

I always go to the school at 7:00 a.m.

I seldom go to the gym

I always go to the work

THURSDAY.

I seldom wake up at 5:00 a.m.

I usually take a shower

I generally eat my breakfast

I always go to the school at 7:45 a.m.

I seldom go to the gym

WEDNESDAY.

I never wake up at 7:00 a.m.

I usually take a shower

I never eat my breakfast

I always go to the school at 7:00 a.m.

I always go to the gym

I always go to the sleep at 10:30

TUESDAY.

I always wake up at 6:00 a.m.

I usually take a shower

I generally eat my breakfast

I always go to the school at 7:00 a.m.

I seldom go to the gym

I always go to the work

FRIDAY.

I never go to the school

I always take a shower

I seldom eat my breakfast

I seldom go to the gym

I go to the sleep at the 12:00 a.m.

SATURDAY.

I always go to the work

I seldom take a shower

I never go to the gym

I go to the sleep at 1:00 a.m.

SUNDAY.

I always go to the work at 9:00 and 12 a.m.

I never go to the school

I always take a shower at 9:00 p.m.

I go to the sleep at 8.00 p.m.