# Routines

## MONDAY

- I always wake up at 6:10 a.m.
- I always go to the school at 7:50 a.m.
- I always have lunch at 2:30 p.m.
- I always go to the gym at 4:00 p.m.
- · I never play video games on Mondays.
- · I seldom go to the cinema on Mondays.

## TUESDAY

- · I always wake up at 6:10 a.m.
- · I always go to school at 7:50 a.m.
- I always study for 6 hours at 8:10 a.m.
- · I always read books at 5:00 p.m.
- I never go to the gym on Tuesdays.
- · I seldom walk my dog on Tuesdays.

### WEDNESDAY

- I always wake up at 6:10 a.m.
- I always go to the school at 7:50 a.m.
- I always have breakfast at 10:10 a.m.
- · I always go to the gym at 4:00 p.m.
- · I never watch TV on Wednesdays.
- · I seldom attend events on Wednesdays.

# THURSDAY

- I always wake up at 6:10 a.m.
- I always go to the school at 7:50 a.m.
- · I always read books at 5:00 p.m.
- · I always go to sleep at 9:00 p.m.
- · I never play chess on Thursdays.
- I seldom go to the theatre on Thursdays.

### **FRIDAY**

- · I always wake up at 6:00 a.m.
- I always have breakfast at 7:00 a.m.
- I always clean my room at 10:00 a.m.
- I always go to the gym at 4:00 p.m.
- $\boldsymbol{\cdot}$  I never go to the movies on Fridays.
- · I seldom go out on my bike on Fridays.

## **SATURDAY**

- I always wake up at 7:00 a.m.
- · I always do outdoor activities at 11:20 a.m.
- I always read books at 5:00 p.m.
- I always have dinner at 7:00 p.m.
- I never study on Saturdays.
- · I seldom do sports on Saturdays.

# **SUNDAY**

- I always wake up at 8:00 a.m.
- I always go to the gym at 9:00 a.m.
- · I always have family activities at 11:10 a.m.
- I always watch TV with my family at 5:00 p.m.
- I never eat meat on Sundays.
- I seldom go to the museum on Sundays.

