

A : Thank you for joining me today! Can you start by sharing a bit about your dietary choices?

B : Of course! I became a vegetarian a few years ago, and it has really shaped my food passions.

A : That's wonderful! What did you used to eat before you made the switch?

B : I used to eat a lot of meat—especially chicken, beef, and fish. They were a big part of my meals.

A : Interesting! What made you decide to transition to a vegetarian lifestyle?

B : I started learning about the environmental impact of meat and animal welfare issues. It really made me reconsider my choices.

A : I can understand that. Now that you're vegetarian, what are some of your favorite foods?

B : I'm passionate about a variety of vegetarian dishes! I love veggie stir-fries, quinoa salads, and homemade veggie burgers. They really excite my palate!

A : That sounds delicious! Is there anything you used to love that you don't miss at all now?

B : I used to really enjoy steak, but I honestly don't miss it at all. I've found so many satisfying vegetarian alternatives that I love.

A : That's a positive perspective! Are there any vegetarian foods that you didn't use to enjoy but now you absolutely love?

B : Definitely! I didn't use to like tofu, but now I'm all about it. I've discovered ways to prepare it that make it really flavorful.

A : It's amazing how our tastes can evolve! What advice would you give someone considering becoming vegetarian?

B : I'd say start slowly and explore. Find recipes that excite you. It's important to enjoy the food you eat.

A : That's great advice! Thank you so much for sharing your experiences and food passions with us today.

B : Thank you for having me! I hope more people discover the joys of vegetarian cuisine.

Francisco Emiliano Cristiani Reyes

ENGLISH

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TECNICO EN ENFERMERIA

BACHILLERATO

ENTREVISTA



