

## Ensayo:

The Hospital Team

## MINA GUTIERREZ MARIA FERNANDA

Maestro:

Enrique Eduardo Arreola Jiménez

UNIVERSIDAD DEL SURESTE

Licenciatura en enfermería

Ingles III

Tapachula, Chiapas

15 de Junio del 2024

## The Hospital Team

It is very important to know that the hospital plays a very important role, both for the patients and for the hospital staff, both contribute for a hospital to function properly, the hospital staff fulfills the function not only of caring for the patient, but also of ensuring that the hospital is a place Safe for the entire population, the hospital is a dynamic environment, where medical care is complex and multidimensional. Health personnel work together to provide comprehensive and coordinated care, with the ultimate goal of improving health outcomes and patient experience. A hospital medical team includes doctors, nurses, therapists, pharmacists, laboratory technicians, social workers and other health professionals. Each member of the team brings unique skills and knowledge that combine to provide a holistic approach to patient care. All of them are very important because each one does a job and contributes to the improvement of the patient, and they are all focused on that same objective., that the patient improves and can go home well. Good communication is very important, both for health professionals and for the patient, it must be open and transparent between members of the hospital team as it is essential to ensure everyone is informed about the patient's treatment plan and changes in his state of health. Also, all professionals must be collaborative, as well as medical staff and nurses. For example, While physicians are responsible for diagnosing and developing treatment plans, nurses play a critical role in implementing and monitoring these. Plans, as well as in the provision of direct care to the patient. By working together the entire work environment will go very well and the team members can leverage each other's experience and skills to make informed decisions and provide personalized, high-quality care. The patient seeing that their environment is pleasant generates confidence and security and thus they can trust the health professionals who will be caring for them. So we will be talking about the important role that nurses play in the hospital setting, since the hospital nursing team constitutes the backbone of medical care in any health institution. Composed of nurses with a diversity of skills and experience, nursing plays a crucial role in the care, comfort and recovery of patients.

Leadership in nursing is very important, because there must always be someone who guides and advises the staff, guides them and supports them, just as the leader must look out for his staff if they have any problems, support them, nurses must be in constant communication, not only to see for the patient, but also to see for ourselves, since if someone goes through a difficult situation, we must support them, because that will make

both the nurses and the patients feel calm and harmony in the environment. Just as distributed leadership and shared responsibility are fundamental to the success of the hospital team. Fostering an environment where all team members feel valued and empowered to contribute to the decision-making process can improve team morale and promote a culture of safety and quality. Clear and effective communication is essential for the successful functioning of the hospital team. Implementing structured communication practices, such as interdisciplinary rounds and electronic medical record systems, can improve team coordination and reduce communication errors that can negatively impact patient safety. By prioritizing teamwork and collaboration, hospitals can position themselves to meet future challenges and provide quality care in an ever-evolving healthcare environment.

As health professionals we must focus on the equipment in the hospital environment, which offers benefits for both patients as well as health professionals. By working together, team members can leverage each other's experience and skills to make informed decisions and provide personalized, high-quality care. Cooperation between everyone is very important and helps prevent medical errors and reduce the risk of complications by guickly identifying and addressing any problems that arise during the course of treatment. Nurses carry out a variety of tasks and responsibilities ranging from administering medications to performing procedures doctors, monitoring vital signs, and emotional support to patients and their families. They have the main contact with the patients, they are caring and their job is to make the patient feel comfortable and stable during their stay in the hospital. Additionally, nurses often act as crucial liaisons between physicians, therapists and other health professionals, ensuring fluid communication and effective coordination of the care plan. Teamwork is very important for nursing since they have to be in communication all the time and it requires not only technical skills, but also interpersonal and leadership skills. Nurses must be able to communicate clearly and effectively, make quick and accurate decisions, and lead teams multidisciplinary to guarantee the best possible care for each patient. Working in a hospital is sometimes stressful and can be challenging both physically and mentally, since nurses are constantly on the move most of the time, caring for various patients and they have the obligation to always give them the best quality. Is It is crucial that members of the nursing team receive the support necessary to care for themselves while caring for others.

After having seen how a hospital team is made up of a variety of health professionals, including doctors, nurses, therapists, pharmacists and technicians, how they all work together and how they must support each other in order to form the excellence of a hospital and to be able to provide the best quality to the patient, which is the most important thing, so that he feels comfortable and safe with the care they are giving him, as all health professionals collaborate. The ability to combine a variety of perspectives and skills allows for a more complete assessment of patient needs and the identification of innovative solutions. Additionally, collaboration promotes greater efficiency in healthcare delivery, reducing wait times and improving coordination of services. Health personnel prioritize work in equipment and staff well-being, hospital institutions can improve significantly improve health outcomes and patient experience. Nursing is the support of the patient, the nurses will always be in constant contact with the patient and just as there must be discretion if the patient tells him something about his personal life, the nurse should only listen to him, because he is gaining trust, as well How to support him and maintain discretion, you cannot go around telling what the patient discreetly told the nurse. Through collaboration, effective communication and recognition of the various roles and responsibilities within the team, the professionals of healthcare can work together to improve health outcomes and the patient experience. By prioritizing teamwork and fostering an environment of support and mutual respect, hospitals can ensure they are providing the best possible care to those who need it most.

## **Bibliographic**

- https://translate.google.com/?hl=es-419
- Mitchell, P., Wynia, M., Golden, R., McNellis, B., Okun, S., Webb, C. E., ... & Von Kohorn, I. (2012). Core principles & values of effective team-based health care. Washington, DC: Institute of Medicine.
- Reeves, S., Lewin, S., Espin, S., & Zwarenstein, M. (2010). Interprofessional Teamwork for Health and Social Care. John Wiley & Sons.
- Salas, E., Fiore, S. M., & Sims, D. E. (Eds.). (2012). Theories of Team Cognition:
  Cross- Disciplinary Perspectives (Applied Psychology Series). Routledge.
- World Health Organization. (2010). Framework for Action on Interprofessional Education & Collaborative Practice. WHO Press.