



**ESSAY "THE HOSPITAL TEAM"**

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DEGREE IN NURSING

ENGLISH III

TAPACHULA, CHIAPAS

JUNE 15, 2024

## THE HOSPITAL TEAM

In hospitals it is common to see various health professionals; both nurses and doctors, nutritionists, psychologists, anesthesiologists, radiologists, surgeons, therapists, pharmacists, etc. Each and every one of them has responsibilities and an objective to meet. The entire team within the hospital must work together, in harmony, with good communication, collaboration and coordination so that tasks, actions or procedures are carried out in the best way to achieve optimal well-being and health of patients. It is often difficult to maintain a good relationship with the entire team, but without a doubt, before any personal problem or friction between the team, it should not exceed the objective and purpose of each one of them, which is to improve care and patient well-being. Interdisciplinary collaboration plays a very important role within a hospital; since with the help of a group of professionals working together, even better and effective results can be obtained that will improve the patient's health and experience. Our objective is to know how the hospital environment requires professionals to work together, comply with fundamental elements to be able to carry it out successfully and for what purpose they do so.

The hospital is a place that is busy daily with people who need medical attention, sometimes for check-ups and many times for emergencies, and which often involves the participation of several health professionals and is where the concept of a team that plays a crucial role in patient care. This hospital team will work together to provide comprehensive, effective and coordinated care to improve the patient's health status and experience or make the process a little easier. Collaborative work for patient care is extremely important to improve the patient's health status quickly and effectively. The article "the hospital team" mentions that effective collaboration and clear communication are essential for the successful functioning of the team. Each health professional has different skills and knowledge that, when part of the team, combine to provide care to the patient. Without a doubt, clear and open communication is very important so that all members are informed of the procedures or treatments that will be given to the patient, as well as the changes that may arise in them. Each professional has responsibilities and roles to fulfill within the hospital, but within the hospital it is important to carry out collaborative work. Everyone needs everyone. For example, while doctors diagnose or seek appropriate treatment, nurses care for the patient. Collaborative work must be carried out in harmony, with good communication and cooperation so that the work becomes less burdensome and more effective. By working together, team members can leverage each other's experience and skills to make informed decisions and provide high-quality, personalized

care. Collaboration can also help prevent medical errors and reduce the risk of complications by quickly identifying and addressing any problems that arise during the course of treatment. All this would not be obtained if health professionals did not work together. Doing so will make the work or care efficient and fast and will make the patient feel secure, confident and calm.

According to the article “the hospital team”, the hospital nursing team constitutes the backbone of medical care in any health institution. This is undoubtedly very true. Why? Well, because nurses perform endless tasks, they are the ones who are in the most contact with patients, they are the ones who provide them with care and comfort, they are the ones who come to have a true nurse-patient relationship. Their tasks involve administering medications, often medical procedures, checking vital signs, and one very important thing; They provide emotional support to the patient and family. And they are also the ones who guarantee effective and fluid communication to achieve coordination and compliance with the care plan. Although nurses perform all of these tasks, nurses need other healthcare professionals and other healthcare professionals need them. The article mentions that nurses must be able to perform leadership skills, make quick and accurate decisions, and lead multidisciplinary teams to ensure the best possible care for each patient. Healthcare professionals are exposed to a lot of physical and emotional stress; That is why they must receive support to be well with themselves so that they can provide the best care to their patients. Another important part is effective collaboration between these team members, as it is essential to optimize patient outcomes. The ability to combine a variety of perspectives and skills allows for a more complete assessment of patient needs and the identification of innovative solutions. Collaboration includes all the knowledge and skills of different team members, resulting in greater efficiency in medical care and reduced waiting time. Clear and effective communication is essential for the successful functioning of the hospital team. This is another important element within the team since it allows professionals to know the necessary information and reduce the risk of making errors. Each member of the hospital team must promote leadership and responsibility as they are fundamental to hospital success. A hospital environment in harmony, in communication, collaboration, leadership and responsibility contributes and promotes safety, quality and efficiency to provide good care and improve the health status of patients.

The hospital team plays a fundamental role in the provision of health services. The provision of these services is done with the help of several professionals who work together to carry them out. Each member of the team must work harmoniously, they must have good communication, they must collaborate with each other to achieve the expected results; To do this, they need to

have well-established and specific leadership competencies and responsibilities. Healthcare professionals can work together to improve health outcomes and patient experience. Nursing plays a fundamental role in the hospital. Nurses can ensure that patients receive care that is safe, effective and focused on their needs. Without a doubt, the hospital team plays a crucial role in the delivery of quality medical care. This is achieved through interdisciplinary collaboration, effective, clear and correct communication, and shared leadership. Thanks to all this, health professionals can optimize patient outcomes and improve the overall care experience.

## BIBLIOGRAPHY

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