

Name: Evelin  
Aguilar Garcia

Roll number:  
2

Subjet:  
English



Teachers name: Miss  
Georgina Olivia Vidal  
Alfonzo.

Date : Sunday June  
16th 2024

Grade: Nursing  
3rd



*If had menstrual  
pain ,what should I  
do?*



*I suggest to :*

- Chamomile tea



- Ginge tea



- Fennel speed tea



- Hot compresses



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*If had flu ,what  
should I do?*



*I suggest to :*

- Orange juice



- Eating hot soups



- Drink water



- Lemon juice



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*If had Stomachahe  
,what should I do?*



*I suggest to :*

- Drink plenty of water



- Licorice tea



- Basil tea



- Aloe vera juice



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*If had  
headache ,what  
should I do?  
I suggest to :*



- Potato slices on the forehead



- Chamomile tea



- Bee honey and apple ader vinegar tea



- Compress of mint Essence



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*If had  
cough ,what  
should I do?  
I suggest to :*



- Drink ginger tea



- Drink honey and lemon.



- juice of pineapple



- Drink onion and honey





# Mi Universidad

*Nombre del alumno: Evelin Aguilar García*

*Nombre del tema: Unidad 2*

*Parcial: 2*

*Nombre de la Materia: Ingles 3*

*Nombre del profesor: Miss Georgina Olivia Vidal Alfonzo*

*Nombre de la Licenciatura: Enfermería*

*Cuatrimestre: 3er Cuatrimestre*