

## **Mi Universidad**

*Nombre del Alumno: Alejandra Monserrath Aguilar Diaz*

**Prescription**

*Nombre del tema: Prescription*

*Parcial: 2*

*Nombre de la Materia: Ingles I I I*

*Nombre del profesor: Georgina Olivia Vidal Alfonzo*

*Nombre de la Licenciatura: Enfermería*

*Cuatrimestre: 3*

*Lugar y Fecha de elaboración: Comitán de Domínguez Chiapas, al 6 de junio del 2024*



**Name:** Alejandra Monserrath Aguilar Diaz  
**Roll number:** 1  
**Subject:** English III  
**Teacher's name:** Georgina Olivia Vidal Alfonzo  
**Grade:** Nursing 3rd  
**Date:** Wednesday June 12th 2024



**Enf. Alejandra Monserrath Aguilar Diaz**

**Family Medicine**

PROFESSIONAL LICENSE: 0123 4567 8901

Patient: Rodolfo Darinel Sosa Age: 21

Diagnosis: Cough Date: Friday June 7th 2024

If i had: **Cough**

What should i do: **Marshmallow, milk and bougainvillea tea**

I suggest to:

- **Drink anti-inflammatory**
- **Drink hot drinks**
- **Wear face mask**
- **Eat chicken soup**



(55) 1234-5678  
(55) 1234-5678



Calle Cualquiera 123,  
Cualquier Lugar



@sitioincreible  
hola@sitioincreible.com



**Enf. Alejandra Monserrath Aguilar Diaz**  
**Family Medicine**

PROFESSIONAL LICENSE: 0123 4567 8901

Patient: Mia Belen Aguilar

Age: 18

Diagnosis: Colic

Date: Friday June 7th 2024

If i had: **Colic**

What should i do: **Chamoile tea or rosemary tea**

I suggest to:

- **Do exercise**
- **Drink lots of water**
- **Eat a lot of fruits and vegetables**
- **Apply heat to the abdomen**
- **Take some rest**



(55) 1234-5678  
(55) 1234-5678



Calle Cualquiera 123,  
Cualquier Lugar



@sitioincreible  
hola@sitioincreible.com



**Enf. Alejandra Monserrath Aguilar Diaz**  
**Family Medicine**

PROFESSIONAL LICENSE: 0123 4567 8901

Patient: Paulo Velasco Sosa Age: 22

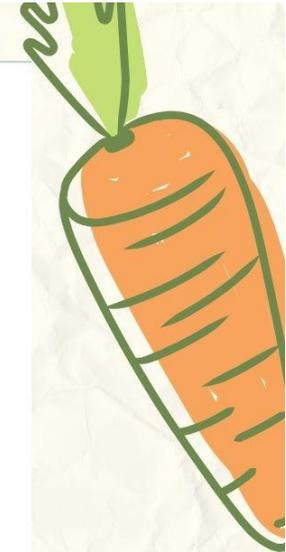
Diagnosis: Measles Date: Friday June 7th 2024

If i had: **Measles**

What should i do: **Mint tea**

I suggest to:

- **Bathe with cold water**
- **Do not use perfume**
- **Wear light clothing**
- **Bathe with leaves pichicheg**



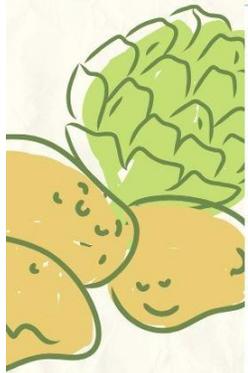
(55) 1234-5678  
(55) 1234-5678



Calle Cualquiera 123,  
Cualquier Lugar



@sitioincreible  
hola@sitioincreible.com



 **Enf. Alejandra Monserrath Aguilar Diaz**  
**Family Medicine** PROFESSIONAL LICENSE: 0123 4567 8901

---

Patient: Alejandra Velasco Dominguez      Age: 19  
Diagnosis: Hypertencion      Date: Friday June 7th 2024

If i had: **Hypertencion**

What should i do: **Chest lime tea**

I suggest to:

- **Reduce salt consumption**
- **Maintaining a controlled weight**
- **Do exercises**
- **Eat a lot of fruits and vegetables**
- **Control stress**

 (55) 1234-5678  
(55) 1234-5678

 Calle Cualquiera 123,  
Cualquier Lugar

 @sitioincreible  
hola@sitioincreible.com



**Enf. Alejandra Monserrath Aguilar Diaz**  
**Family Medicine**

PROFESSIONAL LICENSE: 0123 4567 8901

Patient: Alejandra Velasco Dominguez Age: 19  
Diagnosis: Stress Date: Friday June 7th 2024

If i had: **Stres**

What should i do: **Tila tea**

I suggest to:

- **Do exercise**
- **Adequate sleep**
- **Practice something you like**
- **Take active breaks**
- **Eat healthy**



(55) 1234-5678  
(55) 1234-5678



Calle Cualquiera 123,  
Cualquier Lugar



@sitioincreible  
hola@sitioincreible.com

