



Mi Universidad

Súper nota

Nombre del Alumno: Ana Karen Tolentino Martínez

Nombre del tema: Suggestions

Parcial: 2

Nombre de la Materia: Ingles

Nombre del profesor: Georgina Olivia Vidal Alfonso

Nombre de la Licenciatura: Enfermería

Cuatrimestre: 3

Suggestions

Name: Ana Karen Tolentino Martínez

Roll number: 4641146258

Subject: English III

Teacher's name: Georgina Olivia Vidal Alfonso

Grade: Nursing 3rd

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Suggestions by Nurse

If i had **Cough** what should i do

I suggest to

- Drink Green tea or ment tea
- Take a shower
- Sleep well
- Eat fruts and vegetables
- Don't wach tv or cell phone



Suggestions by Nurse

If i had **Measles** what should i do

I suggest to

- Don't go to school, work or places with people
- Take some rest
- Drink cherry tea
- Eat vegetables
- Don't touch your body



Suggestions by Nurse

If i had **Fever** what should i do

I suggest to

- Drink water
- Drink lavabda tea
- Don't go outside
- Eat apple and strawberrys
- Put vaporud in your body



Suggestions by Nurse

If i had **Stomachache** what should i do

I suggest to

- Don't eat hot dog, pizza or cake
- Drink ginger tea
- Drink so much water
- Eat fruits and vegetables
- Don't move too much



Suggestions by Nurse

If i had **Rash** what should i do

I suggest to

- Clean the zone wiht water and soap
- Stay calm
- Don´ t snatch your body
- Drink turmeric
- Spreadt the zone

