



Natural Remedies

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Nombre del tema: Natural Remedies Resell
Parcial: 2do Parcial
Nombre de la Materia: English 3
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Nombre de la Licenciatura: Licenciatura En Enfermería
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natural remedies



reseller



NAME: *Valeria Montserrat Ramirez Ocampo*

ROLL NUMBER: *14*

14SUBJECT: *English 3*

TEACHER'S NAME: *Miss. Gina Vidal*

GRADE: *3rd*

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if i had cough what should
i do?

i suggest to

1. drink green tea or ment
2. take a shower
3. sleep well
4. eat fruts and vegetables
5. don't wach tv or cell phone



if had flu what should i do?

i suggest to

1. drink chamomile tea
or aniseed tea
2. getting some sleep
3. do not drink cold
4. wrap up warm



if had sore throat what should i do?

i suggest to



1. drink tea purple bougainvillea
2. gargle whit warm salt water
3. drinking cold liquids
4. keeping the mouth moist with hard candy

if had kidney infection what should i do?

i suggest to



- 1. drink parsley tea**
- 2. careful cleaning**
- 3. you empty your bladder
after sexual intercourse**
- 4. urinating as needed**

if had earache what should i do?

i suggest to



1. apply chamomile drops
2. apply warm compresses
3. use oil drops
4. use drops of hydrogen peroxide



thank you