

A young man with dark hair, wearing a white lab coat over a black shirt, is leaning against a light-colored wall. He is looking towards the camera with a slight smile. The background shows a tiled wall and a pinkish-purple architectural element.

CEDES **Mi Universidad**

Name: Victor Manuel Escandon Aquino.

Roll Number: six

Subject: Inglish III

Teacher Name: Georgina Olivia Vidal Alfonso.

Grade: Nursing 3rd

Date: Monday june 10th 2024

If I had **fever**
What should I a ?

I suggest to:

Drink a charmomille tea.



Take a bath with burnt
avocado leaves.



Apply wáter compresses on
the forehead.



Put vaporub on chest, neck and
back.



Drink a lot of liquids.



If I had **Head**
What should I a ?

I suggest to:

Turn off the lights.



To sleep.



An inojo tea.



Drinking wáter.



Slow massages.



If I had **diarrhea**
What should I do ?

I suggest to:

Eating broths.



Drink a lot of water.



Drinking peppermint tea.



Lemon water.



Cinnamon tea.



If I had **stress**
What should I a ?

I suggest to:

Warm baths.



To exercise.



Breathe slowly.



To meditate.



To sleep.



If I had **eye pain**
What should I do ?

I suggest to:

Being in a dark place.



Brops of breast time.



Zero screens.



To rest.

