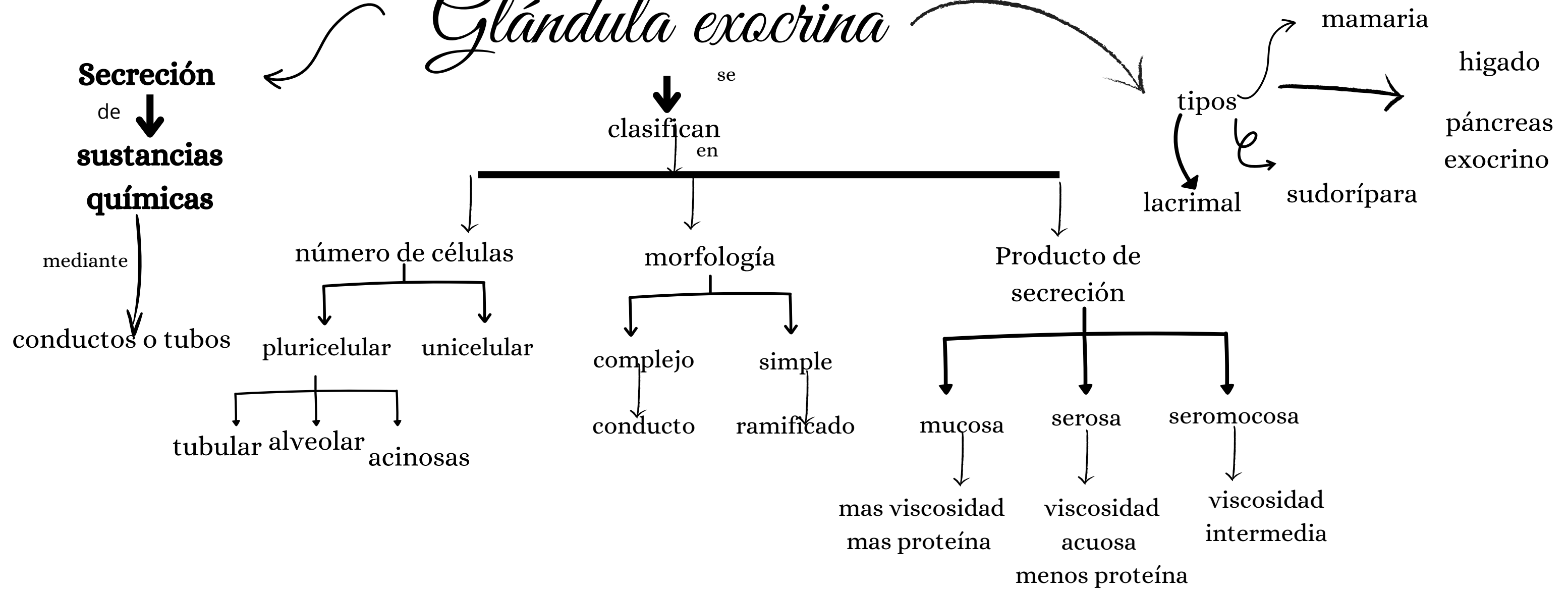


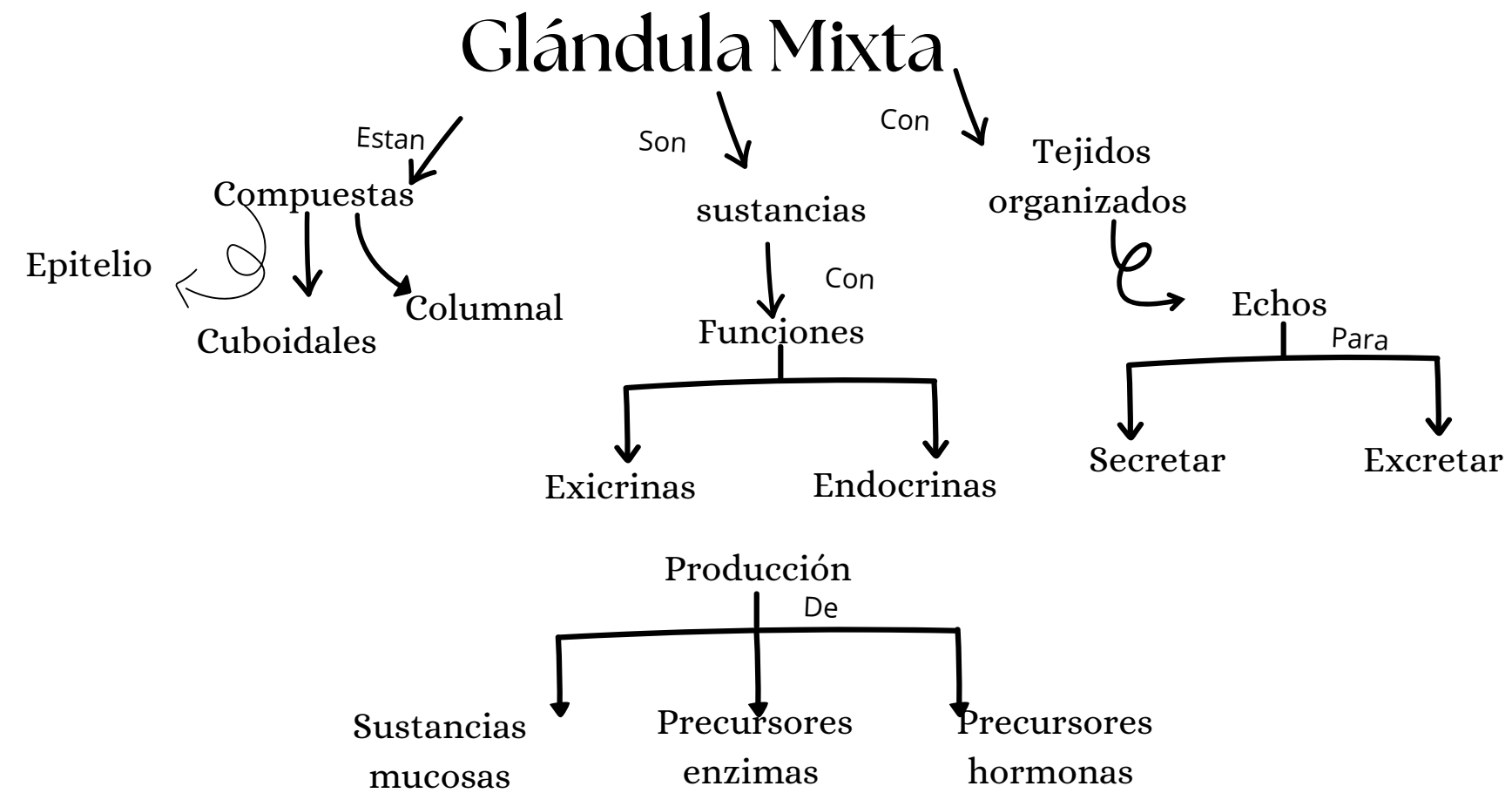
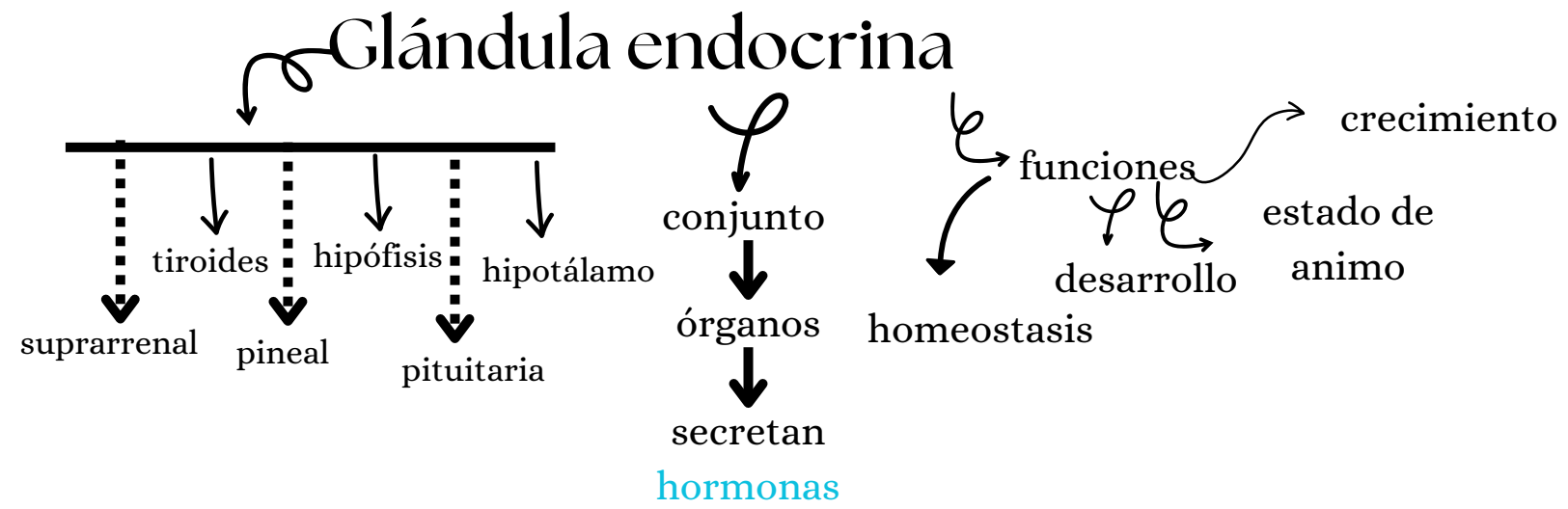
daniela Monserrat Guillén

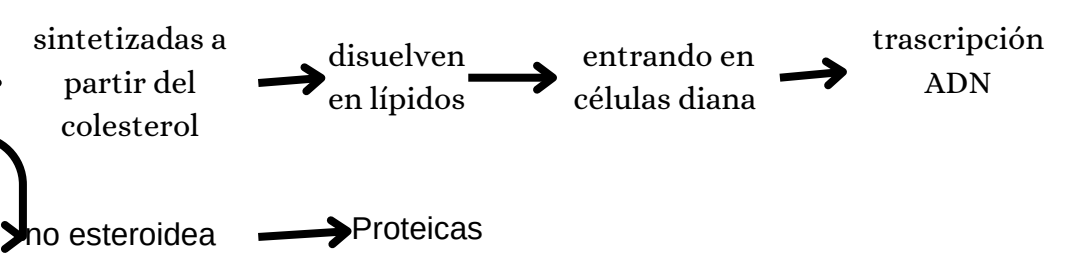
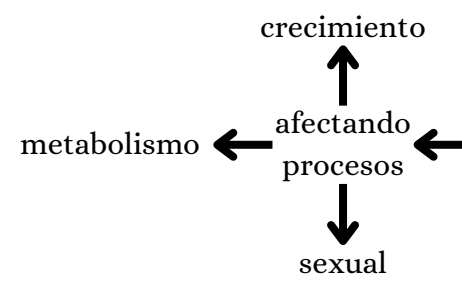
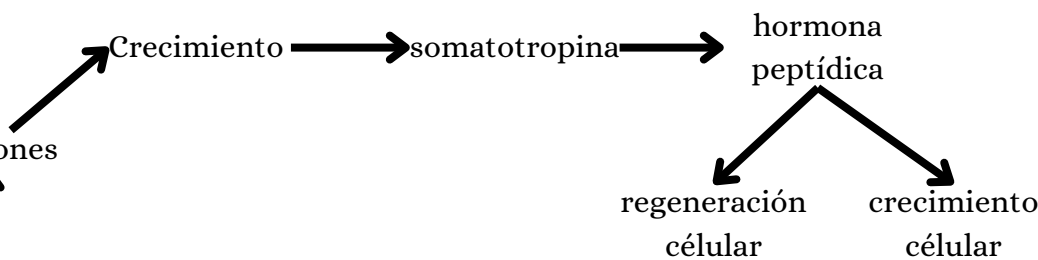
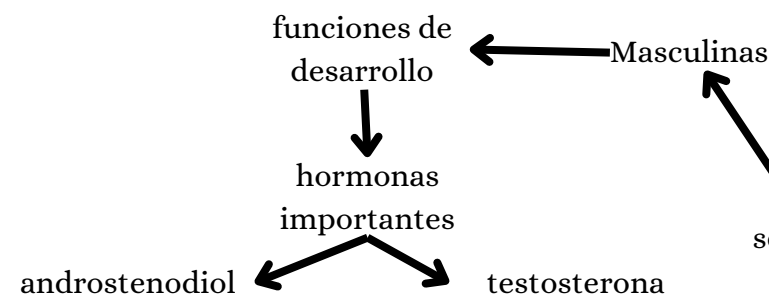
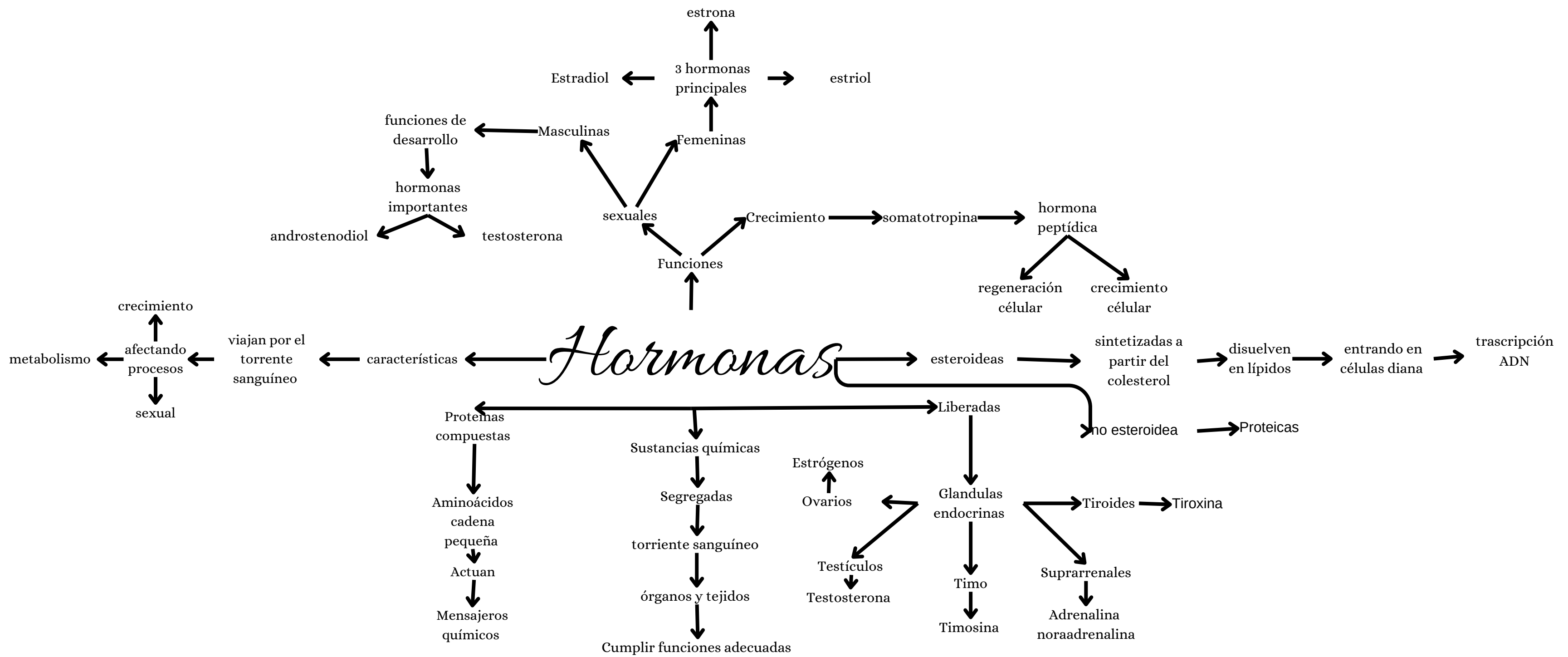
SISTEMA ENDOCRINO

FISIOPATOLOGÍA

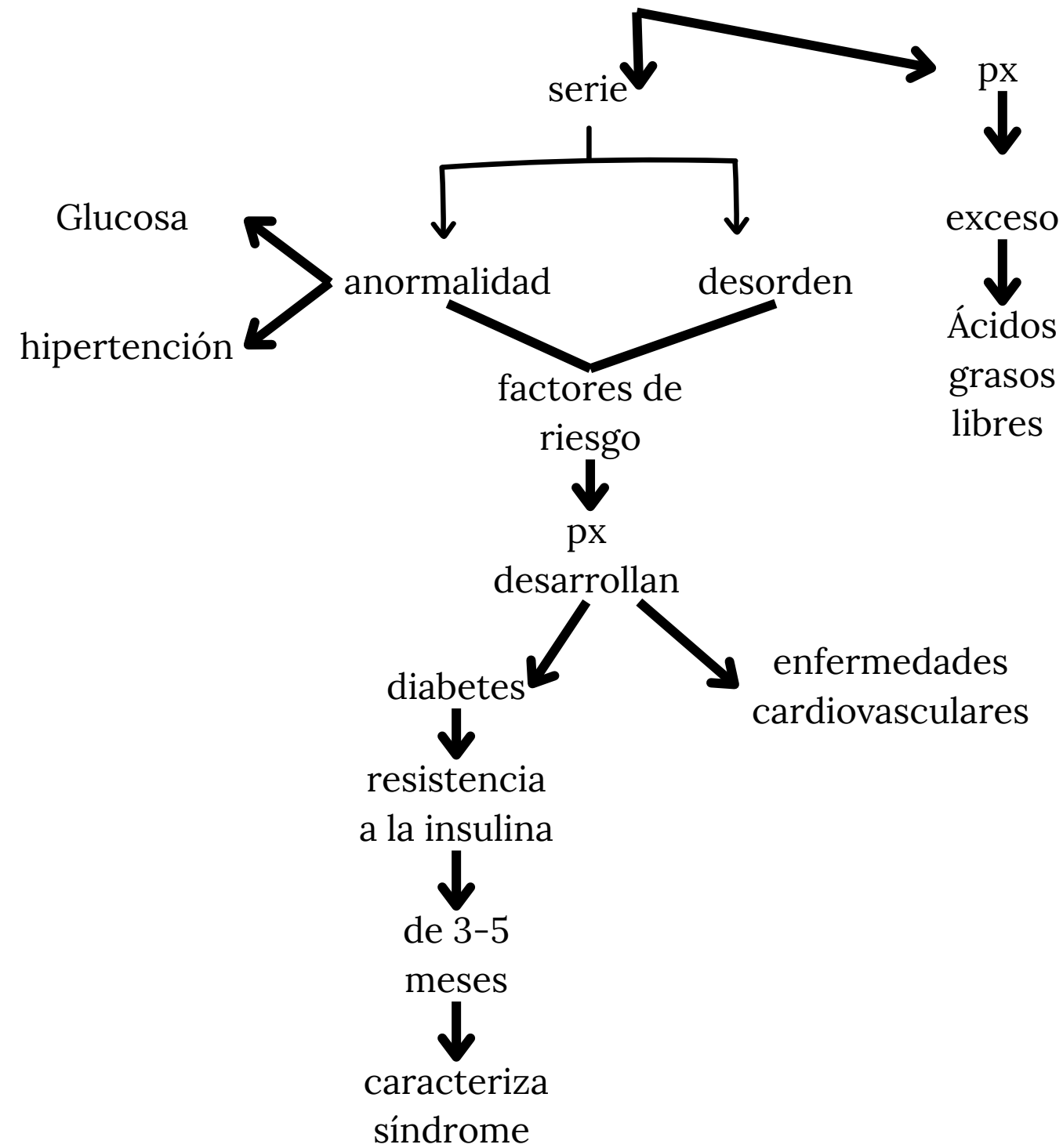
Glándula exocrina



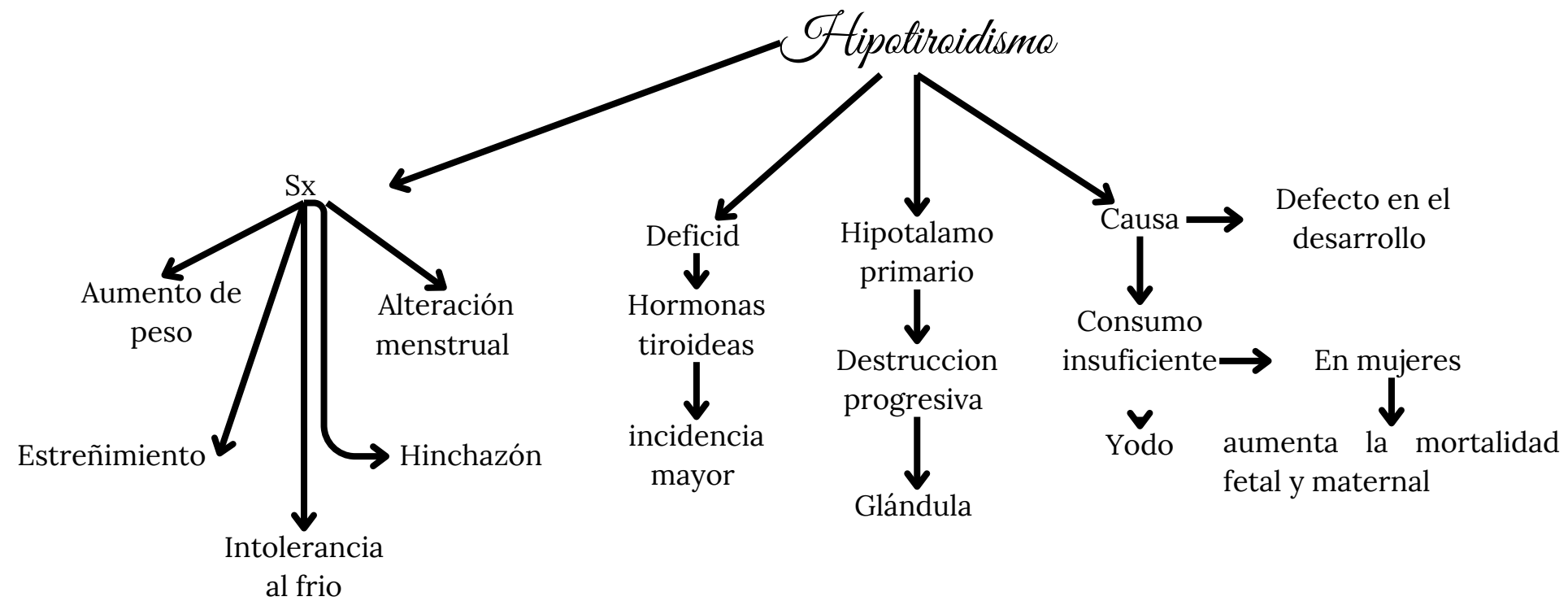




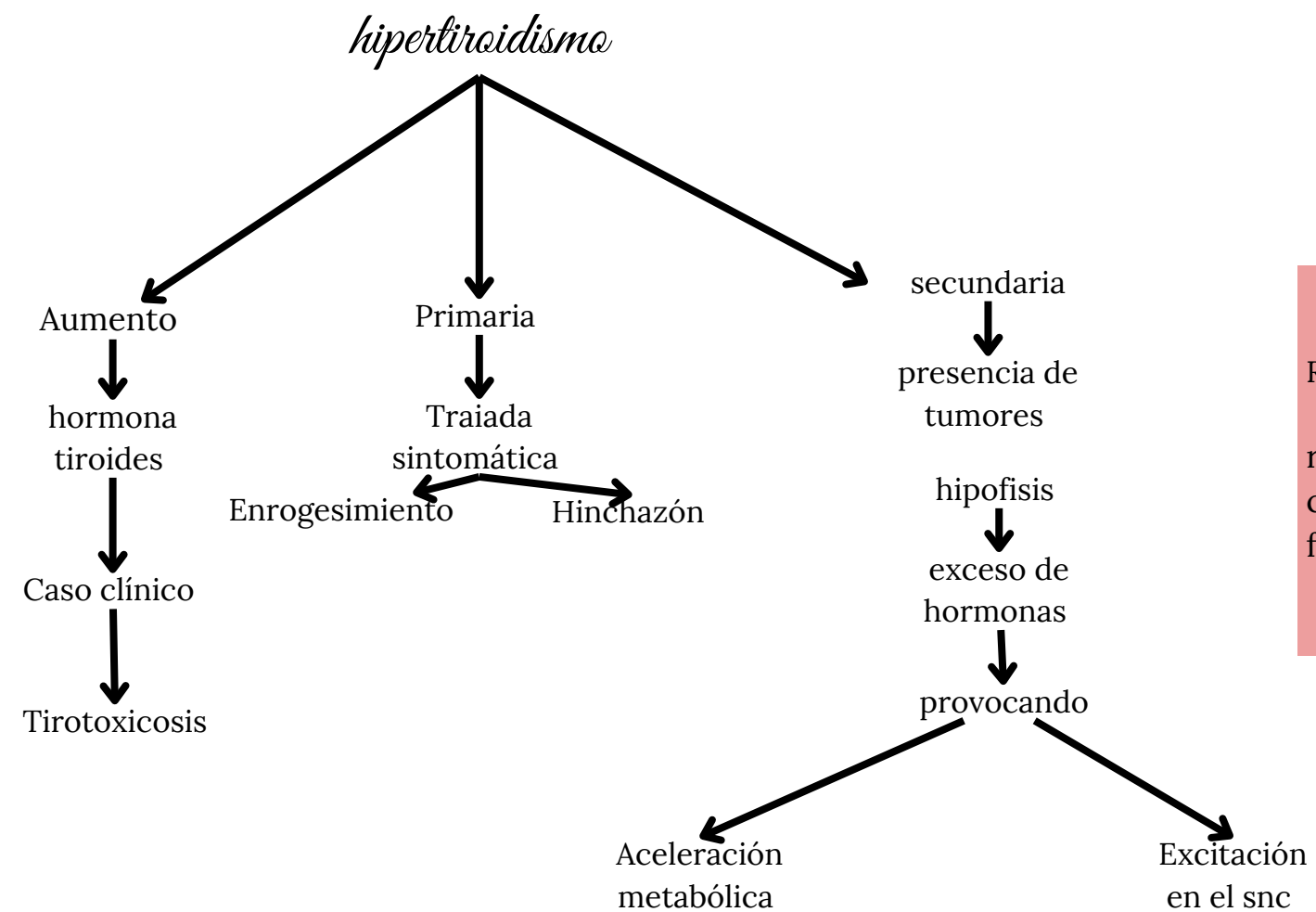
síndrome metabólico



recomendaciones nutricionales
Disminución peso, elevar a.i.
ingesta reductiva
dieta baja en grasas trans saturadas, y colesterol, reducción de azúcares, aumento de frutas verduras cereales, legumbres, aceite de oliva



Recomendación nutricional
 eliminar consumo de hortalizas coliflor, repollo, brócoli, grasas, babas, mostaza zanahorias, evitar frutos secos, rojos, nueces



Recomendación nutricional
 repollo coliflor, rábano, coles, carne de ternera, pollo, huevos frutas

MUCHAS

GRACiAS

