

## WORKBOOK



Write the names of the foods.

### Fruit

1. lemons
2. orange
3. apple
4. banana

### Vegetables

5. lettuce
6. broccoli
7. Potatoes
8. carrot

### Grains

9. rice
10. Cereal
11. bread
12. integral cookies

### Fats and oils

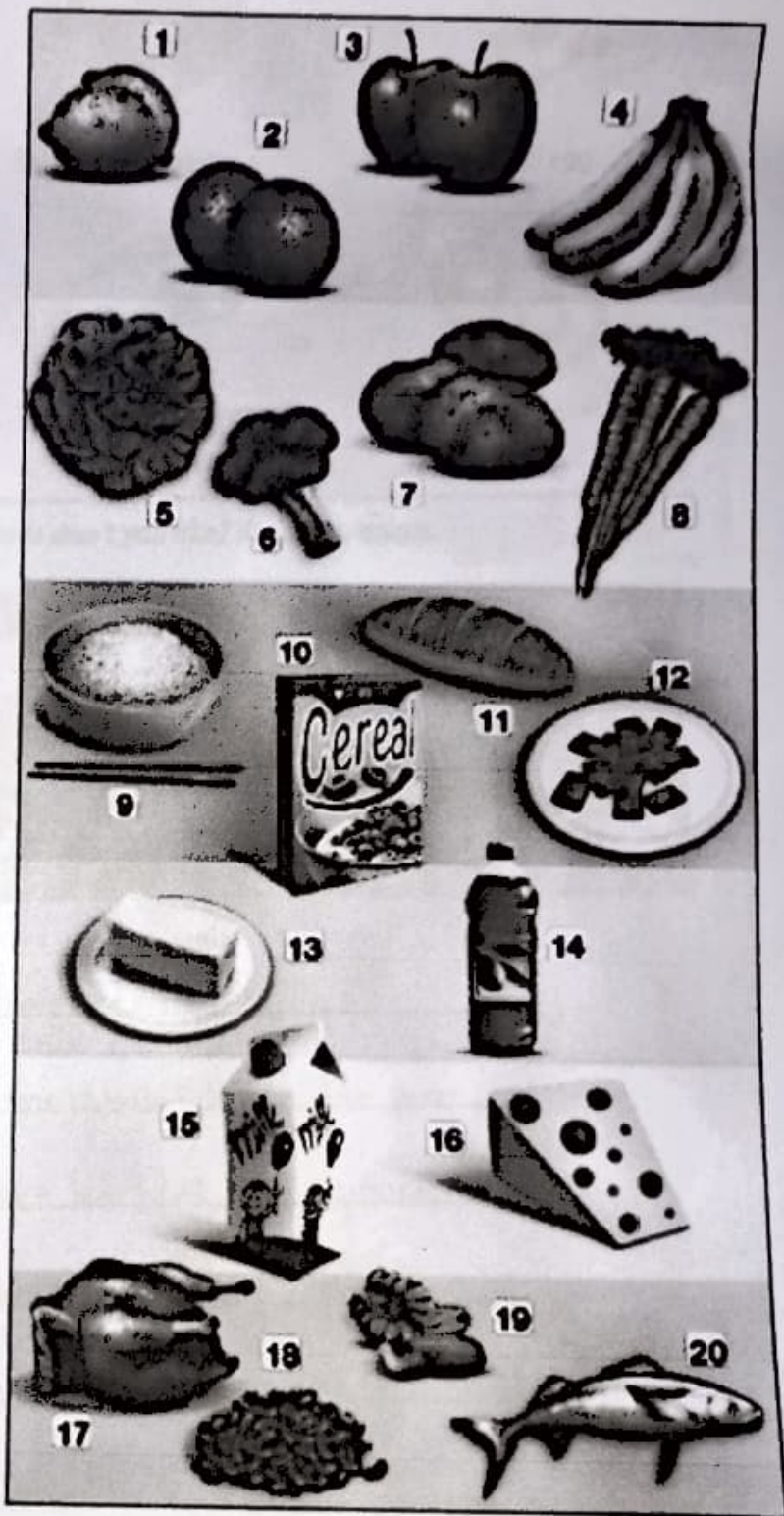
13. butter
14. oil

### Dairy

15. Milk
16. cheese

### Meat and other proteins

17. baked chicken
18. beans
19. Nuts (nueces)
20. fish



2

Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is a pasta.



3. This is an egg.



4. This is an apple.



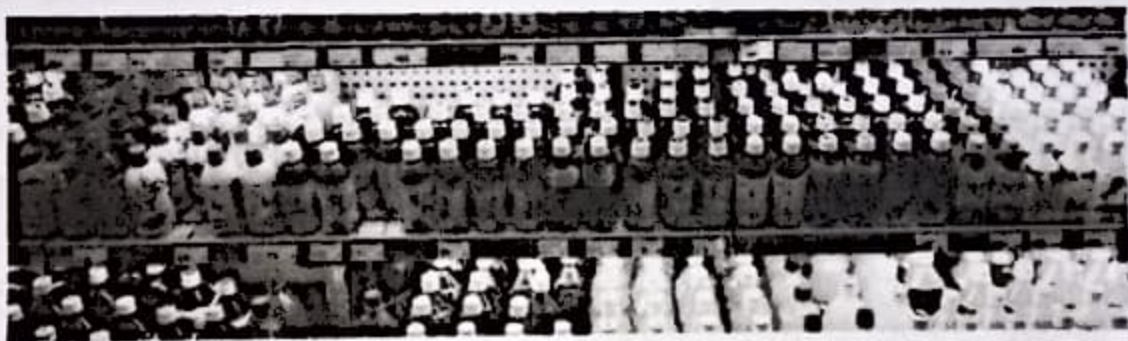
5. This is Ø ice cream.



6. This is a kiwi.

3

What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like banana, apple, and mango, but I dislike the pear.

3. vegetables

I like a carrot and lettuce, but I dislike spinach.

4. meat and other proteins

I like baked chicken, beef, but I dislike fish.

5. dairy

I like the milk, cheese, chocolate, but I dislike almond milk.

6. grains

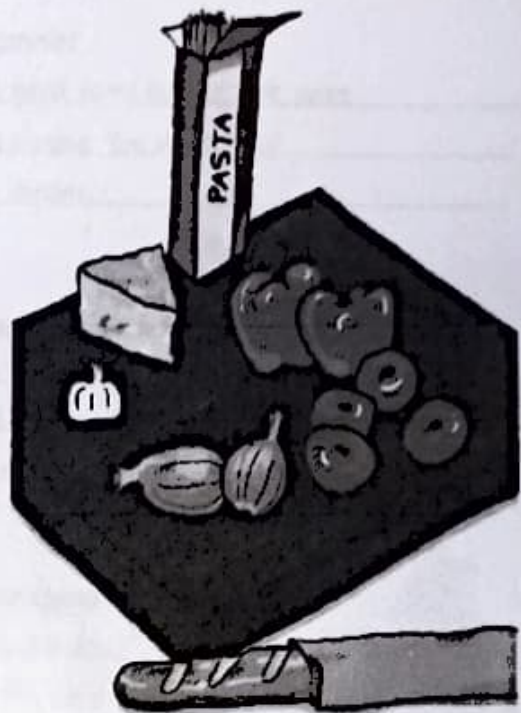
I like chia, but I dislike rice.



4

Complete the conversations with some or any.

1. A: What do you want for dinner?  
 B: Let's make some pasta with tomato sauce.  
 A: Good idea. Do we have any meat?  
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.  
 A: OK. Do we need any green peppers for the sauce?  
 B: Yes, let's get some peppers. Oh, and some garlic, too.  
 A: Great. We have some spaghetti, so we don't need any pasta.  
 B: Yeah, but let's get some bread. And some cheese, too.

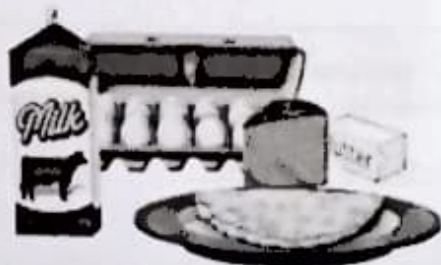


2. A: What do you eat for breakfast?  
 B: Well, first, I have fruit - some grapes or strawberries.  
 A: That sounds good. Do you have any eggs or meat?  
 B: No, I don't eat any eggs or meat in the morning.  
 A: Really? Do you have anything else?  
 B: Well, I usually have some bread, but I don't put any butter on it.  
 A: Do you drink anything in the morning?  
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,  
and cheese. You don't need  
any lemons.



2. a chicken sandwich

You need toaster, lettuce, chicken  
and mayonnaise. You don't need any  
carrot.



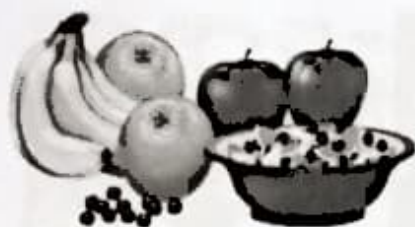
3. chicken soup

You need chicken, pasta, carrot,  
salt and onion. You don't need any  
sugar.



4. a vegetable salad

You need tomatoes, broccoli,  
cucumber, onion and salt. You don't  
need any green chili.



5. a fruit salad

You need all kinds of fruits that  
you like. You don't need any  
vegetables.



6. your favorite food

You need chicken, tomatoes,  
onion and salt. You don't need  
carrot.



**7** Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never    hardly ever    sometimes    often    usually    always

- |           |                                       |
|-----------|---------------------------------------|
| 1. cheese | I hardly ever have cheese for dinner. |
| 2. milk   | I often have milk for dinner.         |
| 3. coffee | I always have coffee for dinner.      |
| 4. eggs   | I usually have eggs for dinner.       |
| 5. beef   | I never have beef for dinner.         |
| 6. rice   | I hardly ever have rice for dinner.   |
| 7. beans  | I always have beans for dinner.       |
| 8. cereal | I often have cereal for dinner.       |

**8** Answer the questions with your own information.

- What's your favorite kind of food?  
My favorite food is Mexican food.
- What's your favorite restaurant?  
My favorite restaurant is Casa Blanca.
- What do you usually have at your favorite restaurant?  
I usually have tacos in my favorite restaurant.
- Do you ever cook?  
Yes, I do.
- What's your favorite snack?  
My favorite snack is alitas.



Chinese food



Mexican food



Italian food

6

## Food habits

9 A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people never eat pasta in Mexico.

3. In China, people put sugar in their tea. (hardly ever)

In China, people hardly ever put sugar in their tea.

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in their tea.

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish for breakfast.

6. Americans put cream in their coffee. (often)

Americans often put cream in their coffee.

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada people hardly ever have salad for breakfast.

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some people in South Korea always eat pickled vegetables for breakfast.

B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /I sometimes make drinks with chocolate.

- 2.
- I sometimes make food with pepper.

- 3.
- I always drink drinks with ice.

- 4.
- I hardly ever make soup with carrot.

- 5.
- I never make marjoram.

- 6.
- I usually make coffee with milk.

- 7.
- I frequently make salad with onion.

- 8.
- I often make pickled with vegetables.

