

WORKBOOK

1

Write the names of the foods.

Fruit

- 1. lemons
- 2. Orange
- 3. apple
- 4. Banana

Vegetables

- 5. lettuce
- 6. Broccoli
- 7. Potatoes
- 8. Carrot

Grains

- 9. Rice
- 10. Cereal
- 11. Bread
- 12. Integral cookies

Fats and oils

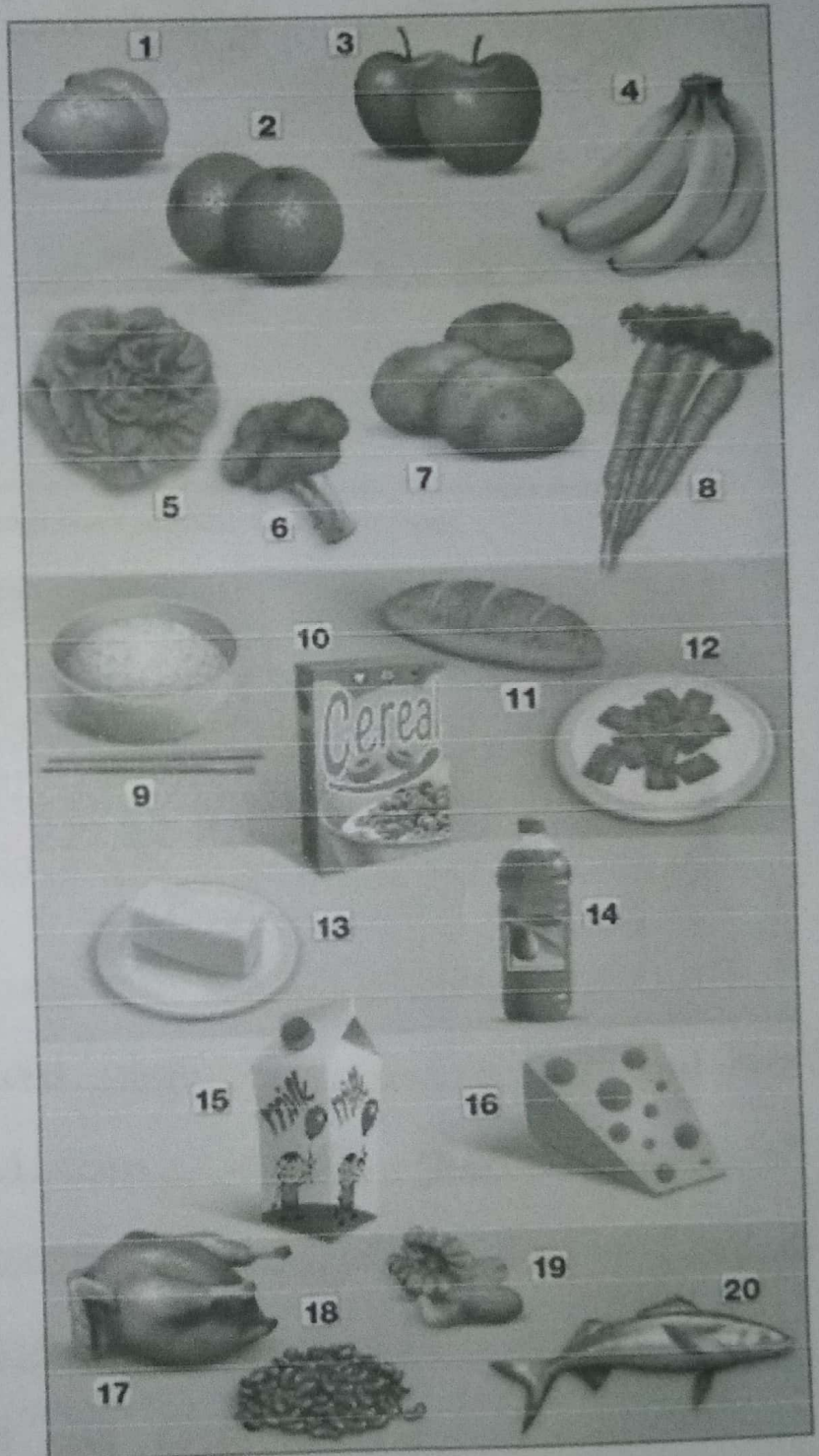
- 13. Butter
- 14. oil

Dairy

- 15. Milk
- 16. cheese

Meat and other proteins

- 17. Chicken
- 18. Beans
- 19. Nuts
- 20. Fish



2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is a pasta.



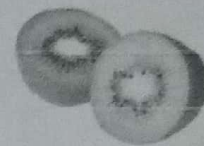
3. This is an egg.



4. This is an apple.



5. This is an ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apple, banana, and strawberry. I dislike kiwi and tuna

3. vegetables

I like Potatoes and corn. I dislike Broccoli

4. meat and other proteins

I like Pork meat, Beef meat and chicken meat. I dislike lamb meat

5. dairy

I like milk, cheese and quesillo. I dislike soja milk

6. grains

I like soja, lentil and Oar. I dislike Beans

4

Complete the conversations with some or any.

1. A: What do you want for dinner?

B: Let's make some pasta with tomato sauce.

A: Good idea. Do we have Any meat?

B: Well, we have Some beef, but

I don't want Any meat in the sauce.

Let's get Some tomatoes and onions.

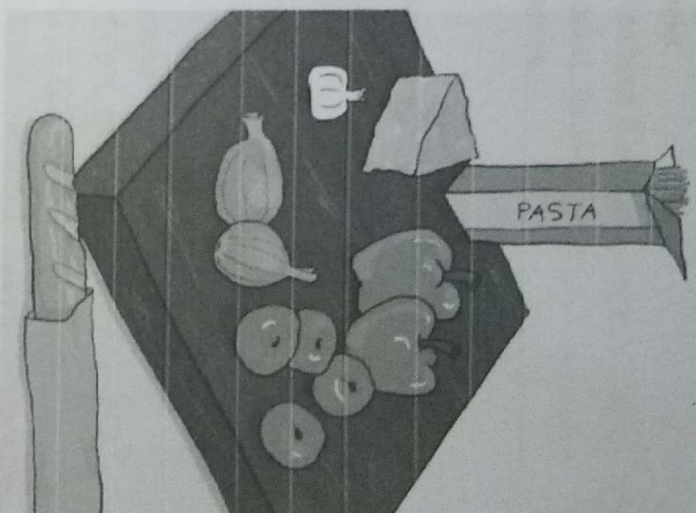
A: OK. Do we need Any green peppers for the sauce?

B: Yes, let's get Some peppers.

Oh, and Some garlic, too.

A: Great. We have Some spaghetti, so we don't need Any pasta.

B: Yeah, but let's get Some bread. And Some cheese, too.



2. A: What do you eat for breakfast?

B: Well, first, I have fruit - Some grapes or strawberries.

A: That sounds good. Do you have Any eggs or meat?

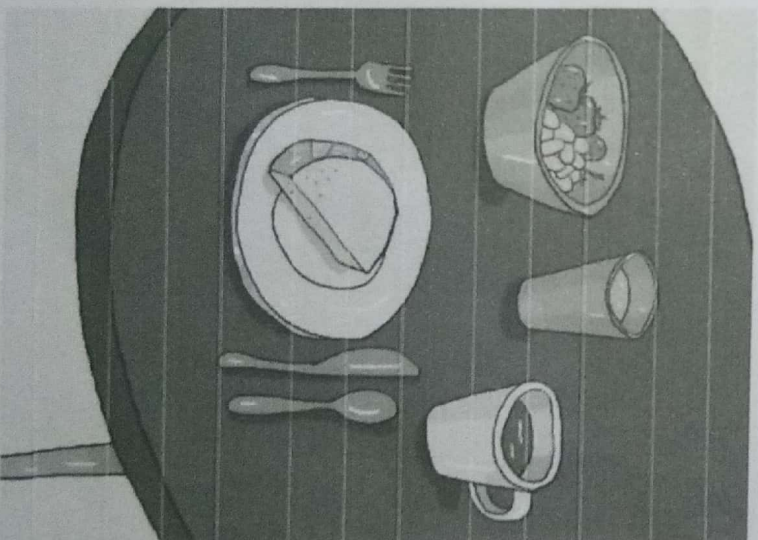
B: No, I don't eat Any eggs or meat in the morning.

A: Really? Do you have anything else?

B: Well, I usually have Some bread, but I don't put Any butter on it.

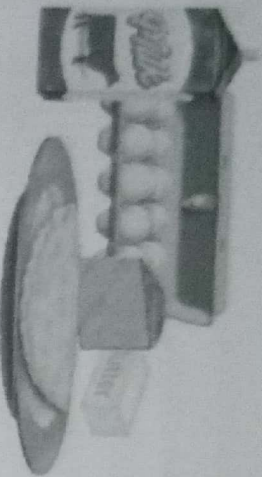
A: Do you drink anything in the morning?

B: I always have Some juice and coffee. I don't put Any sugar in my coffee, but I like Some milk in it.



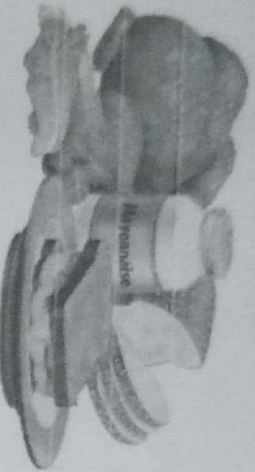
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What do you need to make these foods? What don't you need? Write sentences.



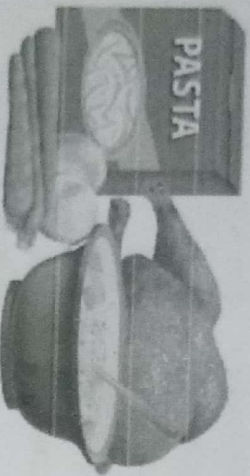
1. an omelet

You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich

You need some mayonnaise,
whole wheat bread, ham.
You don't need any lemons.



3. chicken soup

You need some vegetables,
water, salt and chicken.
You don't need mayonnaise.



4. a vegetable salad

You need some vegetables,
lettuce, spinach, nuts.
You don't need spices.



5. a fruit salad

You need a little fruit,
yogurt and red berries.
You don't need cut up.



6. your favorite food

You need a little beef
to taste, lemon, salt and garlic.
You don't need mustard.

6

Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)
Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)
Some people never eat pasta in Mexico.

3. In China, people put sugar in their tea. (hardly ever)
People hardly ever put sugar in their tea.

4. In England, people put milk in their tea. (usually)
In England, people usually put milk in their tea.

5. In Japan, people have fish for breakfast. (sometimes)
In Japan, people sometimes have fish for breakfast.

6. Americans put cream in their coffee. (often)
Americans often put cream in their coffee.

7. In Canada, people have salad for breakfast. (hardly ever)
In Canada, people hardly ever have salad for breakfast.

8. Some people in South Korea eat pickled vegetables for breakfast. (always)
Some people in South Korea always eat pickled vegetables for breakfast.

Some people in South Korea always eat pickled vegetables for breakfast.

B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit. /

I sometimes make drinks with chocolate.

2. I never make alcoholic beverages

3. I occasionally make teas

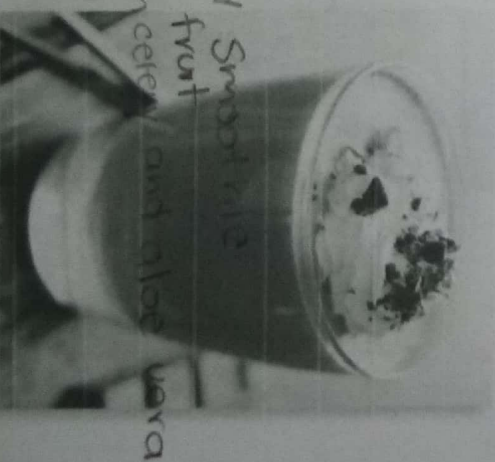
4. I always make coffee

5. I often make drinks with strawberry

6. I usually make drinks with fruit

7. I hardly ever make drinks with cereal and blueberry

8. I sometimes make drinks with milk,



7

Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

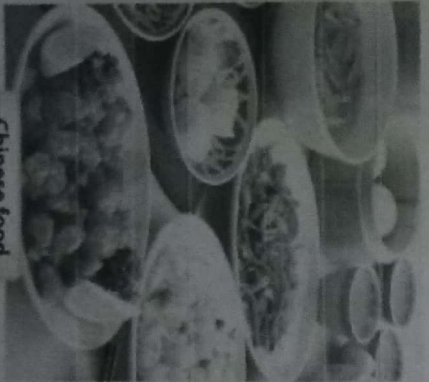
- never
- hardly ever
- sometimes
- often
- usually
- always

- 1. cheese hardly ever have cheese for dinner
- 2. milk I always drink milk at night
- 3. coffee I always drink coffee the morning and at night
- 4. eggs I sometimes eating eggs
- 5. beef I occasionally eating beef
- 6. rice I hardly ever eat rice
- 7. beans I never eat beans
- 8. cereal I usually eat cereal.

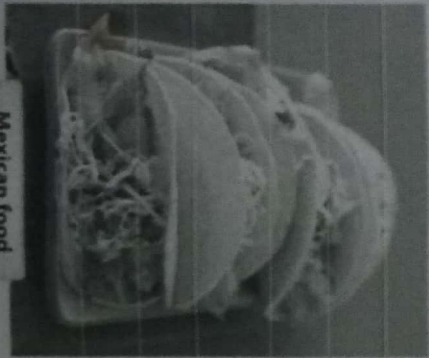
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Answer the questions with your own information.

- 1. What's your favorite kind of food?
I sometimes the Mexican food (beef)
- 2. What's your favorite restaurant?
I sometimes beef
- 3. What do you usually have at your favorite restaurant?
I usually have lossgona
- 4. Do you ever cook?
yes I do
- 5. What's your favorite snack?
MY favorite tacos



Chinese food



Mexican food



Italian food