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WORKBOOK

1 Write the names of the foods.

Fruit

1. Lemons
2. Oranges
3. Apples
4. Bananas

Vegetables

5. Lettuce
6. Broccoli
7. Potatoes
8. Carrots

Grains

9. rice
10. Cereal
11. bread
12. Integral cookies

Fats and oils

13. Butter
14. oil

Dairy

15. Milk
16. Cheese

Meat and other proteins

17. chicken
18. Beans
19. nuts
20. fish



2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



3. This is an egg.



4. This is an apple.

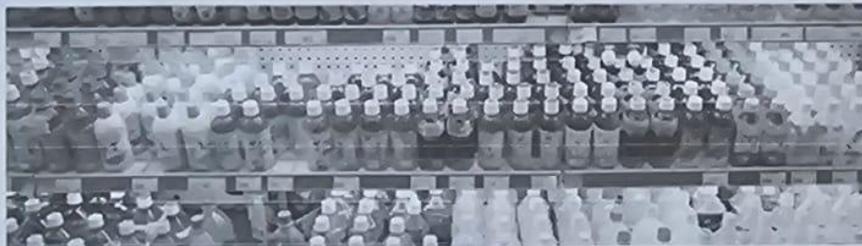


5. This is Ø ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apple, I like Banana, I dislike papaya

3. vegetables

I like lettuce, I like potatoes, I dislike tomatoes

4. meat and other proteins

I like chicken, I like cow meat, I dislike fish

5. dairy

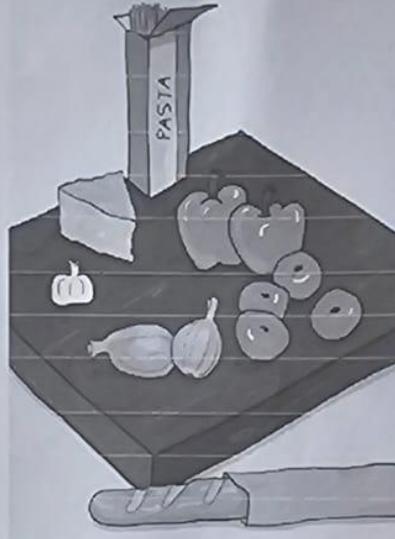
I like cow milk, I like cheese, I dislike cream

6. grains

I like bean, I like cereal, I dislike lentil

4 Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and any garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have some eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5 What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs, and cheese. You don't need any lemons.



2. a chicken sandwich

You need bread, mayonnaise, lettuce, chicken. you do not need water.



3. chicken soup

you need pasta, onion, chicken, hot water, carrot. you do not need bread



4. a vegetable salad

you need, tomato, lettuce, potatoes, chili, broccoli, you do not need chicken



5. a fruit salad

you need, apples, bananas, oranges you do not need tomato



6. your favorite food

Chicken soup.

6 Food habits

A Put the adverbs in the correct places.

- Brazilians make drinks with fruit. (often)
Brazilians often make drinks with fruit.
- Some people in Mexico eat pasta. (never)
Some people never eat pasta in Mexico.
- In China, people put sugar in their tea. (hardly ever)
In China hardly ever put sugar in their tea.
- In England, people put milk in their tea. (usually)
In England, people usually milk in their tea.
- In Japan, people have fish for breakfast. (sometimes)
In Japan people sometime have fish for breakfast.
- Americans put cream in their coffee. (often)
Americans often put cream in the coffee.
- In Canada, people have salad for breakfast. (hardly ever)
In Canada people hardly ever have salad for breakfast.
- Some people in South Korea eat pickled vegetables for breakfast. (always)
Some people in south Korea always eat pickled vegetables for breakfast.



B Rewrite the sentences in part A. Use your own information.

- Brazilians often make drinks with fruit.
I hardly ever make drinks with fruit. /
I sometimes make drinks with chocolate.
- I hardly ever have salad for breakfast.
- I never have fish for breakfast.
- I always put sugar on my tea.
- I sometimes put milk in my tea.
- I often eat pasta.
- I never eat pickled vegetables for breakfast.
- I hardly ever put cream in my coffee.



7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

- 1. cheese I hardly ever have cheese for dinner
- 2. milk I often have cereals with milk in the morning
- 3. coffee I usually have coffee for dinner
- 4. eggs I usually have eggs for breakfast
- 5. beef I sometimes have beef for dinner
- 6. rice I often have beans at night
- 7. beans I never eat beans at night
- 8. cereal I often eat cereal for breakfast

8 Answer the questions with your own information.

- 1. What's your favorite kind of food?
My favorite food is Italian food
- 2. What's your favorite restaurant?
My favorite restaurant is Chinese food
- 3. What do you usually have at your favorite restaurant?
I usually have pizza
- 4. Do you ever cook?
yes i do
- 5. What's your favorite snack?
My favorite snack is ice cream



Chinese food



Mexican food



Italian food