

WORKBOOK

1 Write the names of the foods.

Fruit

- 1. lemons
- 2. oranges
- 3. apples
- 4. bananas

Vegetables

- 5. lettuce
- 6. broccoli
- 7. potatoes
- 8. carrots

Grains

- 9. rice
- 10. cereal
- 11. bread
- 12. cookies

Fats and oils

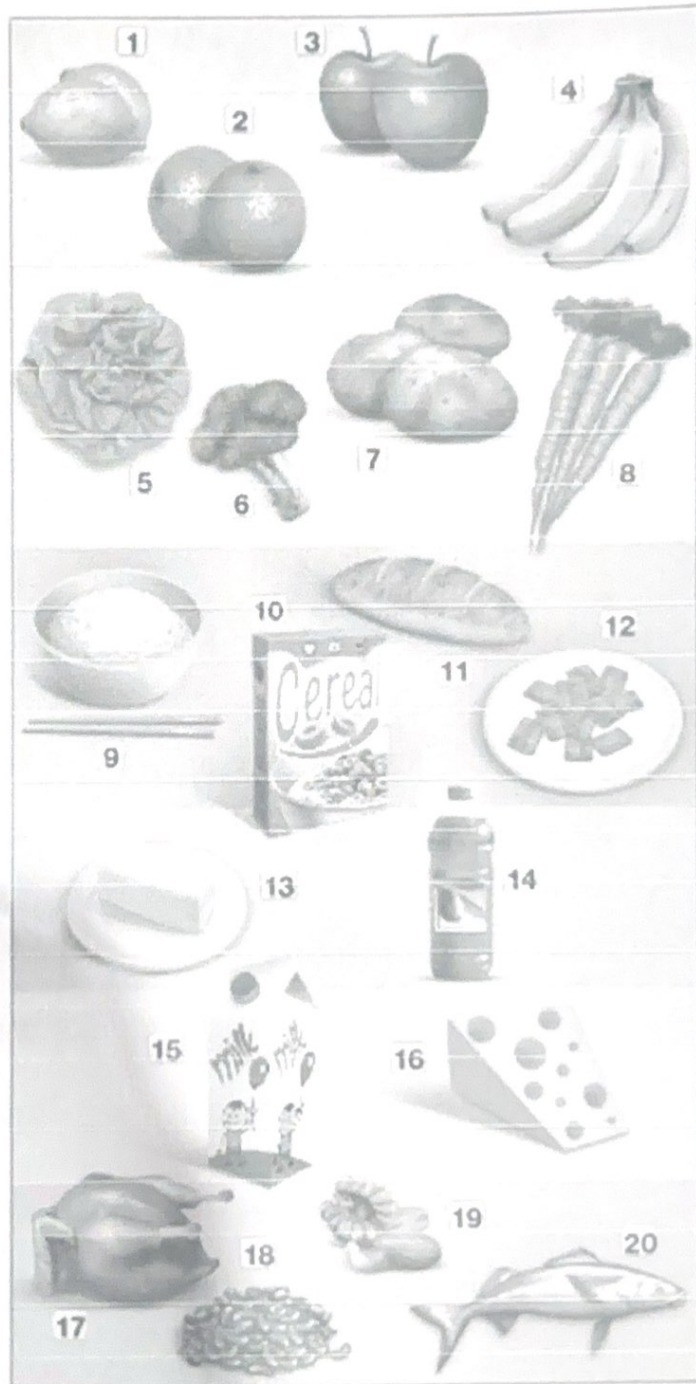
- 13. butter
- 14. oil

Dairy

- 15. milk
- 16. cheese

Meat and other proteins

- 17. chicken
- 18. beans
- 19. nuts
- 20. fish



2 Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



3. This is Ø egg.



4. This is an apple.



5. This is Ø ice cream.



6. This is a kiwi.

3 What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like mango, apple, water melon, orange I don't like banana and kiwi

3. vegetables

I like tomato, potato, carrot and I don't like onion.

4. meat and other proteins

I like fish, chicken, cow meat and I don't like pig meat.

5. dairy

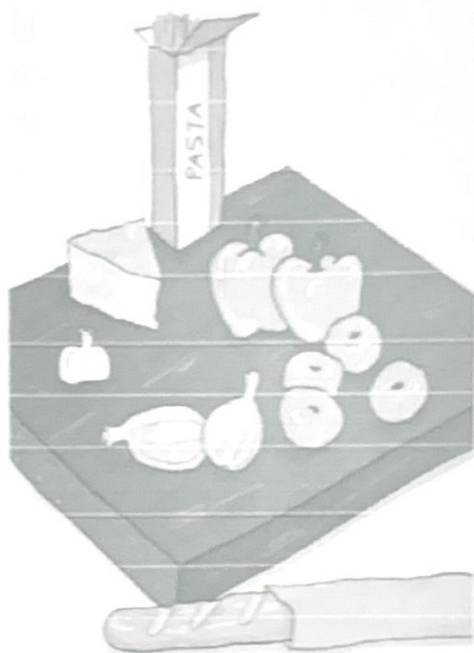
I like cheese, milk, I dislike yoghurt etc

6. grains

I like bread, cereal I dislike yoghurt etc

4 Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.

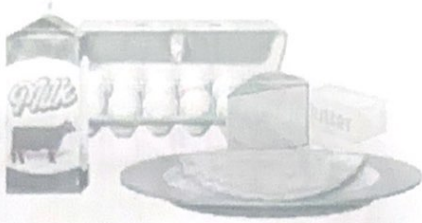


2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich

You need some bread, lettuce,
mayonnaise. You don't need
any apple



3. chicken soup

You need some chicken, pasta,
~~or~~ need carrots, need garlic.
You don't need mayonnaise



4. a vegetable salad

You need some peppers, need
tomatoes, need lettuce, need carrots.
need broccoli. you don't need milk



5. a fruit salad

You need some banana, need apples
need oranges, need blue berries.
You don't need any meat,



6. your favorite food

You need tortilla and
cheese. You don't need
any pasta

6 Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)
Brazilians often make drinks with fruit.
2. Some people in Mexico eat pasta. (never)
Some people never eat pasta in Mexico
3. In China, people put sugar in their tea. (hardly ever)
In China people hardly ever put sugar in their tea
4. In England, people put milk in their tea. (usually)
In England, people usually put milk in their tea
5. In Japan, people have fish for breakfast. (sometimes)
In Japan people sometimes have fish for breakfast
6. Americans put cream in their coffee. (often)
Americans often put cream in their coffee
7. In Canada, people have salad for breakfast. (hardly ever)
In Canada, people hardly ever have salad for breakfast
8. Some people in South Korea eat pickled vegetables for breakfast. (always)
Some people in South Korea always eat pickled vegetables for breakfast



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.
I hardly ever make drinks with fruit. /
I sometimes make drinks with chocolate.
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____



7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

- 1. cheese I hardly ever have cheese for dinner
- 2. milk I often have coffee with milk in the morning
- 3. coffee I usually have coffee for dinner
- 4. eggs I usually have eggs for breakfast
- 5. beef I sometimes have beef for dinner
- 6. rice I often have rice for lunch
- 7. beans I never eat beans at night
- 8. cereal I often eat cereal for breakfast

8 Answer the questions with your own information.

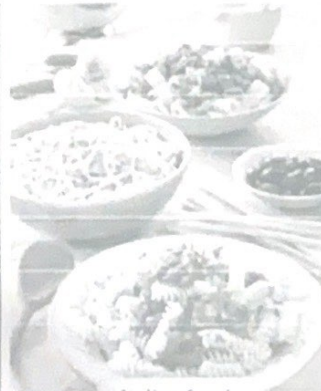
- 1. What's your favorite kind of food?
My favorite food is the Mexican food
- 2. What's your favorite restaurant?
My favorite restaurant is Taboo
- 3. What do you usually have at your favorite restaurant?
I hardly ever go to Taboo
- 4. Do you ever cook?
Yes I do
- 5. What's your favorite snack?
My favorite snack is the sushi



Chinese food



Mexican food



Italian food