

WORKBOOK

Christian

Write the names of the foods.

Fruit

1. Lemons
2. Oranges
3. Apples
4. Bananas

Vegetables

5. Lettuce
6. broccoli
7. Potatoes
8. carrots

Grains

9. rice
10. cereal
11. bread
12. Integral cookies

Fats and oils

13. butter
14. Oil

Dairy

15. Milk
16. Cheese

Meat and other proteins

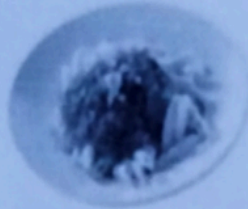
17. Chicken
18. Beans
19. Nuts
20. Fish



Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is Ø pasta.



3. This is an egg.



4. This is an apple.



5. This is Ø ice cream.



6. This is a kiwi.

3

What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like an apple. I dislike bananas.

3. vegetables

I like potatoes. I dislike squash.

4. meat and other proteins

I like chicken. I dislike fish.

5. dairy

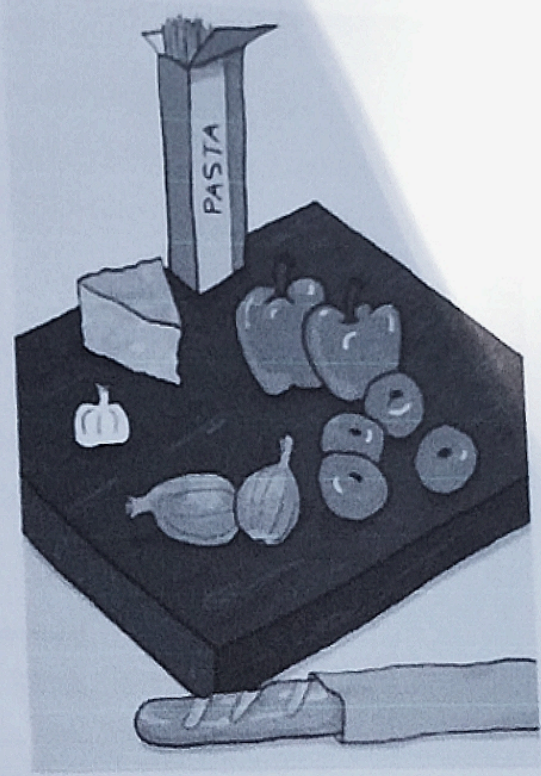
I like milk. I dislike cheese.

6. grains

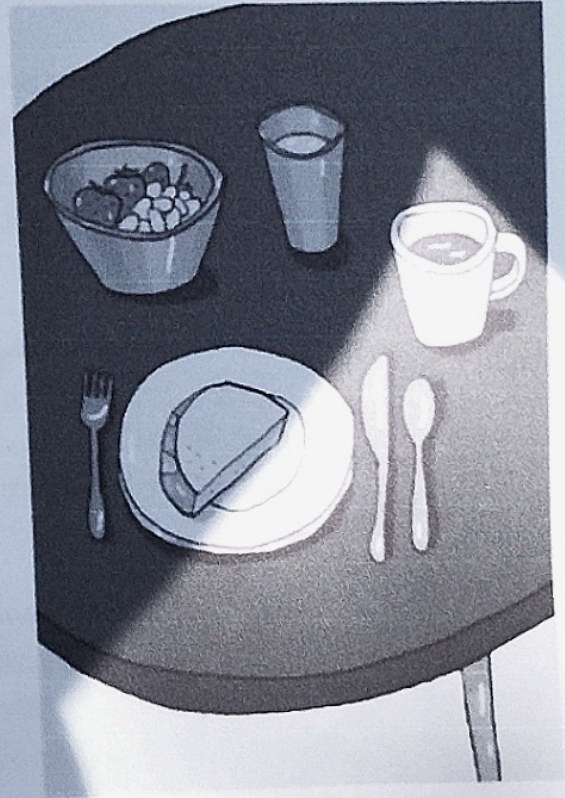
I like cereal. I dislike integral cookies.

Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have any spaghetti, so we don't need some pasta.
 B: Yeah, but let's get some bread. And some cheese, too.



2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.

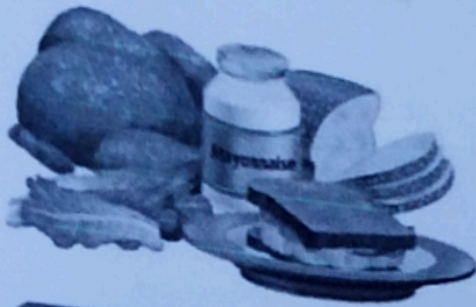


What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich

You need some chicken. You need some
integral bread. You need some mayonnaise.
You don't need potatoes.



3. chicken soup

You need some chicken. You need some
water. You need some pasta. You need
some carrots. You don't need apple.



4. a vegetable salad

You need broccoli. You need some tomatoe
You need some lettuce. You don't need
cereal.



5. a fruit salad

You need some apple. You need some
bananas. You need some yogurt.
You don't need carrots.



6. your favorite food

You need eggs. You need some
You need beans. You need some
tortilla. You don't need fish.

Food habits

A Put the adverbs in the correct places.

1. Brazilians make drinks with fruit. (often)

Brazilians often make drinks with fruit.

2. Some people in Mexico eat pasta. (never)

Some people never eat pasta in Mexico

3. In China, people put sugar in their tea. (hardly ever)

In China, people hardly ever put sugar in their tea.

4. In England, people put milk in their tea. (usually)

In England, people usually put milk in their tea.

5. In Japan, people have fish for breakfast. (sometimes)

In Japan, people sometimes have fish for breakfast.

6. Americans put cream in their coffee. (often)

Americans often put cream in their coffee.

7. In Canada, people have salad for breakfast. (hardly ever)

In Canada, people hardly ever have salad for breakfast.

8. Some people in South Korea eat pickled vegetables for breakfast. (always)

Some people in South Korea always eat pickled vegetables for breakfast.



B Rewrite the sentences in part A. Use your own information.

1. Brazilians often make drinks with fruit.

I hardly ever make drinks with fruit.

I sometimes make drinks with chocolate.

2. I never eat pasta

3. I hardly ever put sugar in the

4. I usually put milk in their tea

5. I sometimes have fish for breakfast

6. I often put cream in the coffee

7. I hardly ever have salad for breakfast

8. I always eat pickled vegetables for breakfast.



Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

never hardly ever sometimes often usually always

1. cheese
2. milk
3. coffee
4. eggs
5. beef
6. rice
7. beans
8. cereal

I hardly ever have cheese for dinner.

I never have milk for breakfast

I always have coffee for dinner

I sometimes have eggs for breakfast

I often have beef for dinner

I never have rice for dinner

I usually have ice cream for dinner

I often have integral cookies for breakfast.

8 Answer the questions with your own information.

1. What's your favorite kind of food?

My favorite food is Mexican food

2. What's your favorite restaurant?

My favorite restaurant is Tacomiedo

3. What do you usually have at your favorite restaurant?

I usually have tacos a la carta

4. Do you ever cook?

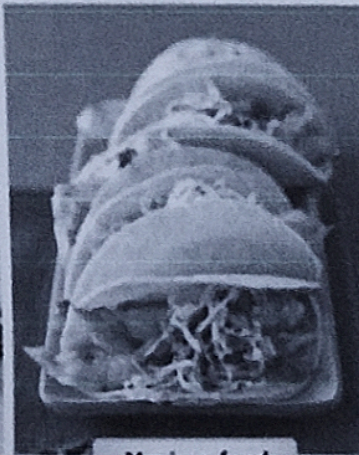
NO I don't

5. What's your favorite snack?

My favorite is snack chips.



Chinese food



Mexican food



Italian food