

WORKBOOK

1 Write the names of the foods.

Fruit

- 1. Lemons
- 2. Oranges
- 3. Apple's
- 4. Bananas

Vegetables

- 5. Lettuce
- 6. Broccoli
- 7. Potatoes
- 8. Carrots

Grains

- 9. Rice
- 10. Cereal
- 11. Bread
- 12. Integral Cookie

Fats and oils

- 13. Butter
- 14. Oil

Dairy

- 15. Milk
- 16. Cheese

Meat and other proteins

- 17. Chicken
- 18. Beans
- 19. Nut
- 20. Fish



2

Complete the sentences with the articles a or an. If you don't need an article, write Ø.



1. This is a banana.



2. This is a pasta.



3. This is a egg.



4. This is an apple.



5. This is Ø ice cream.



6. This is a kiwi.

3

What foods do you like? What foods don't you like? Write sentences.



1. drinks

I like coffee, green tea, and juice. I don't like milk.

2. fruit

I like apple, I like kiwi and I dislike watermelon

3. vegetables

I like Lettuce, I like Broccoli and I dislike potatoes.

4. meat and other proteins

I like Chicken, I like Beans and I dislike fish.

5. dairy

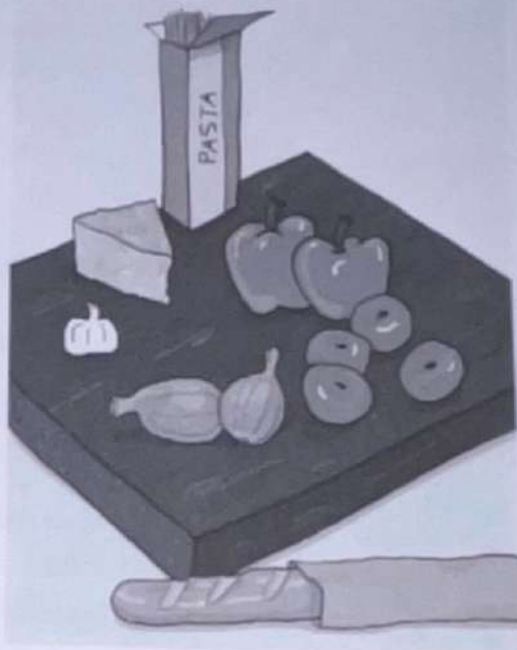
I like Milk, I like cheese and I dislike yogurth

6. grains

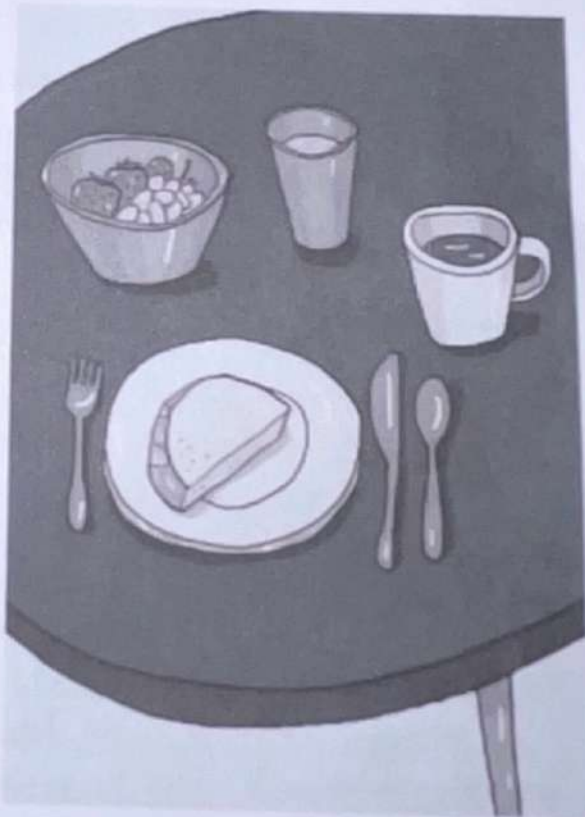
I like Rice, I like Cereal and I dislike Bread

4 Complete the conversations with some or any.

1. A: What do you want for dinner?
 B: Let's make some pasta with tomato sauce.
 A: Good idea. Do we have any meat?
 B: Well, we have some beef, but I don't want any meat in the sauce. Let's get some tomatoes and onions.
 A: OK. Do we need any green peppers for the sauce?
 B: Yes, let's get some peppers. Oh, and some garlic, too.
 A: Great. We have some spaghetti, so we don't need any pasta.
 B: Yeah, but let's get some bread. And some cheese, too.

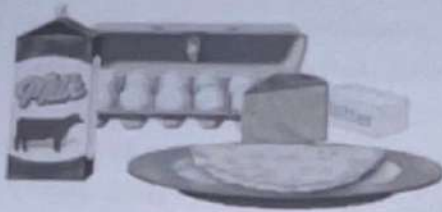


2. A: What do you eat for breakfast?
 B: Well, first, I have fruit - some grapes or strawberries.
 A: That sounds good. Do you have any eggs or meat?
 B: No, I don't eat any eggs or meat in the morning.
 A: Really? Do you have anything else?
 B: Well, I usually have some bread, but I don't put any butter on it.
 A: Do you drink anything in the morning?
 B: I always have some juice and coffee. I don't put any sugar in my coffee, but I like some milk in it.



5

What do you need to make these foods? What don't you need? Write sentences.



1. an omelet

You need some butter, milk, eggs,
and cheese. You don't need
any lemons.



2. a chicken sandwich

You need some mayonnaise, bread,
lettuce, chicken and tomato. You
don't need any sausages.



3. chicken soup

You need some chicken, pasta,
carrot, onion and water. You
don't need any egg.



4. a vegetable salad

You need some lettuce, tomato,
broccoli, carrot and Chilly pepper.
You don't need any chicken.



5. a fruit salad

You need some banana, apple,
orange and strawberry. You
don't need any tomato.



6. your favorite food

You need some rice cookie,
peanut butter and banana or
strawberry. You don't need any
lemons.

6 Food habits

A Put the adverbs in the correct places.

- Brazilians make drinks with fruit. (often)
Brazilians often make drinks with fruit.
- Some people in Mexico eat pasta. (never)
Some people in Mexico never eat pasta.
- In China, people put sugar in their tea. (hardly ever)
In China, people put hardly ever sugar in their tea.
- In England, people put milk in their tea. (usually)
In England usually people put milk in their tea.
- In Japan, people have fish for breakfast. (sometimes)
In Japan sometimes people have fish for breakfast.
- Americans put cream in their coffee. (often)
Americans often put cream in their coffee.
- In Canada, people have salad for breakfast. (hardly ever)
In Canada hardly ever people have salad for breakfast.
- Some people in South Korea eat pickled vegetables for breakfast. (always)
Some people in south Korea always eat pickled vegetables for breakfast.



B Rewrite the sentences in part A. Use your own information.

- Brazilians often make drinks with fruit.
I hardly ever make drinks with fruit. / I sometimes make drinks with chocolate.
- I always make food with pasta.
- I never make tea with sugar.
- I never put milk in my tea.
- I rarely eat fish.
- I always put cream on my coffee.
- I sometimes eat salad at breakfast.
- I always eat steamed vegetables.



7 Do you often have these things for dinner? Write sentences. Use the adverbs in the box.

~~never~~ hardly ever sometimes often usually always

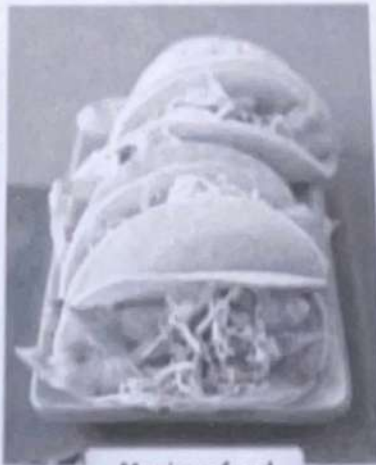
1. cheese I hardly ever have cheese for dinner.
2. milk I sometimes drink milk for dinner.
3. coffee I usually have coffee with bread for dinner.
4. eggs I often make eggs for dinner.
5. beef I never make beef for dinner.
6. rice I rarely eat rice for dinner.
7. beans I hardly ever eat beans for dinner.
8. cereal I always have cereal for dinner.

8 Answer the questions with your own information.

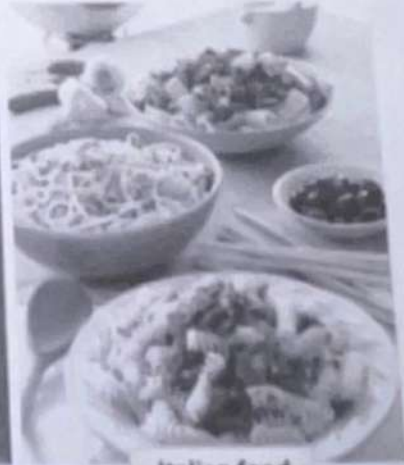
1. What's your favorite kind of food?
My favorite food is chilaquiles.
2. What's your favorite restaurant?
My favorite restaurant is Mercado San José.
3. What do you usually have at your favorite restaurant?
I usually eat chilaquiles.
4. Do you ever cook?
Yes, I do.
5. What's your favorite snack?
My favorite snack is donuts.



Chinese food



Mexican food



Italian food